

# DeAnza Santa Cruz Arroyo Bulletin

## November



### **Administrative Staff**

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Office Hours: M - F 8 am - 12 pm

Phone Hours: M - F 8 am - 5 pm

When visiting the office please wear a mask.

Limit is 4 people with social distancing.

### **What's New This Month:**

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Greetings All,

It's that time of the year again...no, not Black Friday...holiday time! In the past the holidays indicate a time of family, festivities and joyful moments. This year is different; not worse, not better, just different. We can still enjoy the festivities, just not with as many people and less going out. Many places are offering outdoor activities to enjoy so we can still have that feeling of holiday madness.

There is always something to be thankful for in our lives. We appreciate our families/friends and the times we have spent with them. We are thankful for being part of this great community. Christmas parties will not be on the agenda this year of social distancing, however, this is not a permanent status. There is always something to look forward to all the time.

My late mother-in-law always looked ahead to the next family get together. That thinking got her to 5 days short of her 101st birthday this year.

By looking ahead we can always find that silver lining!

*Best in Health and Thanksgiving Spirit,*

*Lorraine Smith*



**Arroyo Bulletin Editor and Webmaster:** Lorraine Smith

**Contributors:** Christie Cochrell, Pat Chance

**Delivery Volunteers:** Carol Smith, Kathy Caruso, Pat Chance, Gary/Lorraine Smith

**Email:** [deanzanews@gmail.com](mailto:deanzanews@gmail.com)

**Website:** [www.deanza-park.org](http://www.deanza-park.org)

# PARK INFORMATION

**Facility Hours: 7 days/week** Hours change per COVID status (see below)

Clubhouse	8 am - 5pm
Pool	8 am - 5 pm
Fitness Center	8 am- 5 pm
Game Room/Laundry Room	8 am - 5pm Game rm closed

## Rent Collection

Rents are due on the 1<sup>st</sup> of the month with a grace period until the 6<sup>th</sup>. Rents received on the 7<sup>th</sup> are considered LATE and will incur a \$25.00 late fee. Payments may be made in the office during business hours, in the mail slot if the office is closed, or mailed in. EFT is also available.

## Garbage Collections

Garbage: Pick-up for the park is on Mondays & Thursdays.  
Recycling: Pick-up is on Fridays.  
Yard Waste: Large and loose yard waste must be taken to the large dumpster located in the maintenance area. Residents may bag up 2 bags of yard waste and place at their driveways for pick up on Mondays only. Loose yard waste will not be picked up.

**Please dispose of items appropriately.  
No dumping allowed.**

## Clubhouse Reservations

The Clubhouse is available for residents' private events. Check with the office for date availability and to sign reservations forms. **Clubhouse events not allowed**  
Only one event scheduled per weekend.

## Welcome Committee

If you are new to our community and would like information regarding DeAnza please contact:  
Margo/Jerry Zanzinger: 831-423-1936  
Joyce/Joe Guinta: 831-427-9751

**AMENITIES AVAILABILITY ARE SUBJECT TO CHANGE DUE TO COVID RESTRICTIONS PER STATE MANDATE AND MANAGEMENT DECISION**

**CONTACT THE OFFICE FOR CURRENT STATUS OR SIGN UP AT THE OFFICE FOR WEEKLY EMAILS**



Photo Credit: L. Smith

## DeAnza HOA Officers

President: Eugene Markowitz  
Vice President: Tom Loudon  
Secretary: Amalie Sinclair  
Treasurer: Sandi Dutra

## Board of Directors

Emergency Response: Gary Whitten  
Policy & Procedures: Don Payne  
Communications: Lorraine Smith  
Park Concerns: Jim Cannon  
GSMOL: Dave Allenbaugh

**NO HOA DUES  
FOR 2020**

Email: [deanzasantacruzhoa@gmail.com](mailto:deanzasantacruzhoa@gmail.com)

The HOA meets every other month to discuss issues of concern to residents. Meetings are on the third Wednesday of the month at 7 pm. Membership is open to ALL residents. Dues are \$10/space/year

## Arroyo Association:

President: Sandy Brunett  
Past President: Susy Spano  
Secretary: Debbie Cameron  
Treasurer: Sandi Dutra

Advisory Board: Joy Caragliano, Linda Raffel, Melisa Mulcahy, Aggie Malberg, Jean-Marie Mott, Dawn McConnachie, Barbara Cordes, Liz McDannold, Carol Smith

Email: [deanzaarroyo@gmail.com](mailto:deanzaarroyo@gmail.com)

Arroyo Association plans and organizes park social events. Membership is open to all residents and is \$5/person/year. Meeting schedule is posted in the Bulletin calendar and on the website. Residents are welcome!

**NO ARROYO  
ASSOC. DUES  
FOR 2020**


# CALENDAR

## NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**\*\*PLEASE REMEMBER TO CONTACT THE EDITOR @ [deanzanews@gmail.com](mailto:deanzanews@gmail.com) WITH ANY CHANGES IN DATES, TIMES OR REMOVAL OF COMMUNITY ACTIVITIES**

AMENITIES SUBJECT TO CHANGE PER MANAGEMENT AND COVID RESTRICTIONS.  
CONTACT THE OFFICE WITH QUESTIONS ABOUT AVAILABILITY OF USE.

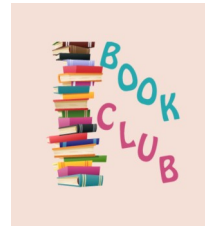
1	2 Water Aerobics 9-10 am Tai Chi 9-10 am Yoga 10 am-12 pm Bridge 1-3:30 pm	3	4	5	6 Donuts 8-10 am	7
8	9 Tai Chi 9-10 am Yoga 10 am-12 pm Bridge 1-3:30 pm	10	11	12	13	14
15	16 Water Aerobics 9-10 am Tai Chi 9-10 am Yoga 10 am-12 pm Bridge 1-3:30 pm	17 Card Club 1-4 pm	18 Yoga 10 am-12 pm Mahjong 1-4:30 pm	19 Donuts 8-10 am	20 Water Aerobics 9-10 am Bridge 1-5 pm	21
22	23 Water Aerobics 9-10 am Tai Chi 9-10 am Yoga 10 am-12 pm Bridge 1-3:30pm	24 Morning Mingle 10 - 11 am Card/Game Club 1-4 pm	25 Qigong 8-9 am Water Aerobics 9-10 am Yoga 10 am-12 pm Mahjong 1-4:30 pm	26 	27 Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	28
29	30 Water Aerobics 9-10 am Tai Chi 9-10 am Yoga 10 am-12 pm Bridge 1-3:30pm					



**Activities pending  
COVID 19  
Restriction status**



**BRIDGE** is played in the Clubhouse on Mondays 1 - 3:30 pm and 1 - 5 pm on Fridays. These are two different groups. To join the Friday group, contact Ellie by texting her at **408-779-2451**. Show up at the clubhouse for the Monday group.



**READING GROUP** meets in the Library at 1 pm on the 3<sup>rd</sup> Wednesday of each month. Both fiction and non-fiction are included. Contact Sandra Walker with any questions....**walkmor@comcast.net**



**COFFEE AND DONUTS** Visit with your neighbors in the Clubhouse on Fridays, from 8 - 10 am. Grey Bears grocery delivery arrives around 9 am, and the group tends to thin out afterwards, as people leave to take their groceries home



**GAME DAY** meets in the Clubhouse from 1pm-4pm on Tuesdays. The group usually plays Rummy for the first half of the period and Mexican Trains (a dominos game) for the second half.



**TAI CHI EXERCISES**

**TAI CHI** meets on Mondays at 9 am in the Clubhouse. Relax, stretch, and improve

your balance. Suitable for beginners and advanced. Teacher Marge Shaw leads the class through a series of Tai Chi relaxing, but energizing movements and routines. Contact Marge Shaw with any questions...**831-423-8374**



**MAHJONG** is played at the Clubhouse on Wednesday from 1 – 4:30 pm. All levels are welcome, including beginners interested in learning to play. Contact Marge Shaw with any questions....**(831)-423-8374**



**MEDITATION CLASS** on Thursday 10 am – 12 pm with Pitaka. Contact her at **pitaklovesoftruth.net@gmail.com**



**WATER AEROBICS** meets Monday-Wednesday-Friday from 9am-10am. This is a low impact activity and is suitable for both swimmers

and non-swimmers. Contact Alyce Amor **amorp139@aol.com** with any questions.



**MORNING MINGLE** Meet and greet your neighbors on Tuesdays from 10 am to 11 am in the Clubhouse.



**QI GONG** meets in the Clubhouse on Wednesday mornings from 8am-9am. Suitable for beginners and advanced. Teacher Nick Loffree leads simple Qi gong warmups, stretches, flowing movements, and meditations to get

the day off to a relaxed but energized start. Contact Nick with any questions....**nickloffree@gmail.com**



**YOGA** meets on Mondays and Wednesdays at 10 am in the Clubhouse. Teacher Mitra Treadwell leads a 2-hour class of invigorating yoga. Mitra has been practicing yoga for 50

years and teaching yoga for 43 years. Contact Mitra Treadwell **mitrayoga@yahoo.com** with any questions.

# Family'n Friends



What happens when things do not happen the way of our expectation? Do we cry, shake our fist and complain? No! Come up with other ideas or in this case we have someone who proposes an idea.

There was a slight communication glitch for the resident article this month so I was speaking to our aunt who was visiting and she said in her positive forthright manner, “come up another idea”. Then she continued with “let’s do something from an outside visitor perspective”. Here’s some background on this wonderful person. She is a widowed 85 year old who walks two miles a day, swims 5 days a week and loves to travel. She and her daughter have been frequent visitors over the years and follow us to wherever life takes us. She was a *school marm* for many years and traveled extensively with her husband. They have three children and 5 grandchildren. Her husband, who was my husband’s uncle, passed 8 years ago due to ALS. The relationship between them was always a relaxed, fun, and interesting time. He retired from GM as a car design engineer. His claim to fame was the reclining seat! Yes, he designed it and of course was named third on the patent because upper management always needs their pat on the back. As for her, she is no slouch with her accomplishments. She has had several small businesses after retirement and recently gave that up because it interferes with her having time off and having fun. When I came into the family she had started a publishing company and was writing, editing and publishing “Yelp” type books for things to do in Tucson, where she resides. Her daughter, Julie, has taken over the company and is editing and publishing some great books.



While on a trip to Poland, where our uncle was doing more investigation into family history and helping small businesses with starting up, she discovered a man who was designing hand painted glass ornaments. Thus began another phase of her entrepreneurial spirit! She is currently helping her grandson, who creates mushroom and herbal extracts for health support, to grow his company, *Desert Alchemist*. So you can see, she is someone who does not let that grass grow under her feet!

As for her impression of where we live...because they live in Arizona, I suppose you could understand why they would like to visit here. When they left it was 103 degrees and no end in sight. Can you imagine coming to DeAnza and experiencing the cool breeze coming off the ocean? One of the highlights for her is walking around our community and admiring all the flora and fauna that grows on the coast. This trip she was introduced to some of our very friendly residents who dropped by for a nice chat and sometimes need a pat on the head and ear rubs.

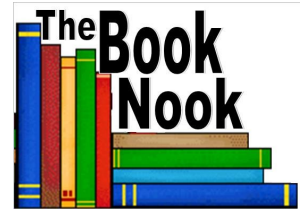
On her travels around the park, she was impressed by the individual landscaping, native plants and especially the various succulents. She had time to view the pond project and commented about how beautiful it looked when the morning sun reflected off the water in the pond.



Her visit highlighted how friendly our community is. While sitting on the deck, residents and furry friends came by to offer a friendly welcome and cold noses by the four legged residents. These little gestures show what a great community we live in.

Her next experience will be sitting on our deck and enjoying the melodious tunes of Sugar Moon, while sipping her shot of Don Julio Tequila.

If you see her next year for her annual visit, stop by and say hello. You can also bring your furry companion for a quick head pat and ear rub.



**Catherine O'Neill Grace, 1621: A New Look at Thanksgiving (National Geographic)**

"Countering the prevailing, traditional story of the first Thanksgiving, with its black-hatted, silver-buckled Pilgrims; blanket-clad, be-feathered Indians; cranberry sauce; pumpkin pie; and turkey, this lushly illustrated photo-essay presents a more measured, balanced, and historically accurate version of the three-day harvest celebration in 1621." 46 pages of text with glossy photographs on every other page, and some recipes.

**E. Barrie Kavasch, Native Harvests**

"The most intelligent and brilliantly researched book on the food of the American Indian." —Craig Claiborne, *The New York Times*

"This wonderful book is not just a recipe collection, but a passport to foraging and to surviving close to nature. It will tell you how to prepare familiar foods such as stuffed clams and corn chowder, but also how to fix clover soup, purslane salad, young milkweed spears, wild rice with hazelnuts and blueberries, fiddlehead stew, meadow mushroom pie, stewed wild rabbit with dumplings, spoon bread, acorn coffee, and witch hazel tea. Beautifully illustrated by the author (herself of American Indian descent), this book is also an invaluable manual on herbal medicines and ceremonial, sacred, and poisonous plants—all written with acute sensitivity to and appreciation of Native American ways."

**Chief Jake Swamp, Giving Thanks: A Native American Good Morning Message**

"A gorgeous adaptation of a Thanksgiving Address delivered at the start of ceremonial Iroquois gatherings. With a message of gratitude for the Earth, *Giving Thanks* is a book that can be read and re-read daily."

**Oliver Sacks, Gratitude**

"No writer has succeeded in capturing the medical and human drama of illness as honestly and as eloquently as Oliver Sacks. These four essays form an ode to the uniqueness of each human being and to gratitude for the gift of life."

"My predominant feeling is one of gratitude. I have loved and been loved. I have been given much and I have given something in return. Above all, I have been a sentient being, a thinking animal, on this beautiful planet, and that in itself has been an enormous privilege and adventure."—Oliver Sacks

**Janice Kaplan, The Gratitude Diaries: How a Year Looking on the Bright Side Can Transform Your Life**

"Relying on both amusing personal experiences and extensive research, Kaplan explores how gratitude can transform every aspect of life. . . . With warmth, humor, and appealing insight, Janice's journey will empower readers to think positively and start living their own best year ever."

**Ross Gay, Catalog of Unabashed Gratitude**

Winner, 2015 National Book Critics Circle Award, poetry category

"A sustained meditation on that which goes away—loved ones, the seasons, the earth as we know it—that tries to find solace in the processes of the garden and the orchard. That is, this is a book that studies the wisdom of the garden and orchard, those places where all—death, sorrow, loss—is converted into what might, with patience, nourish us."

**Eve Bunting, A Turkey for Thanksgiving; Diane de Groat, illustrator (our resident author)**

"Mr. and Mrs. Moose invite all their animal friends for Thanksgiving dinner and the only one missing is Turkey. When they set out to find him, Turkey is quaking with fear because he doesn't realize that his hosts want him at their table, not on it."

**Jennifer Vanderbes, Strangers at the Feast**

"On Thanksgiving Day 2007, as the country teeters on the brink of a recession, three generations of the Olson family gather. Eleanor and Gavin worry about their daughter, a single academic, and her newly adopted Indian child, and about their son, who has been caught in the imploding real-estate bubble. While the Olsons navigate the tensions and secrets that mark their relationships, 17-year-old Kijo Jackson and his best friend Spider set out from the nearby housing projects on a mysterious job. A series of tragic events bring these two worlds ever closer, exposing the dangerously thin line between suburban privilege and urban poverty, and culminating in a crime that will change everyone's life."

**Ben Fountain, *Billy Lynn's Long Halftime Walk***

"A satirical war drama debut from author Ben Fountain, *Billy Lynn's Long Halftime Walk* juxtaposes the realities of war abroad with those at home. Over the course Thanksgiving Day, Billy Lynn, one of the surviving soldiers from the Bravo Squad who's been invited to take a bow at the Dallas Cowboys halftime show, revels, mourns, and comes to grips with a nation's fumbled priorities."

**Suzanne Berne, *The Ghost at the Table***

"The two adult sisters at the heart of Suzanne Berne's new novel represent opposite attitudes to Thanksgiving. Frances, the elder, is desperate for everything to be perfect as she takes one more shot at gluing together the broken shards of the Fiske clan. Cynthia, the younger, arrives sullen, already missing her solitary San Francisco flat and dreading the exhumation of the past. She has kept herself aloof from the family since the death of the eldest sister, Helen, but gives in to Frances's entreaties this year because she wants to visit the nearby historic home of Mark Twain—a research project that, it turns out, is much more than academic."

**Richard Bausch, *Thanksgiving Night***

"Will Butterfield can't believe it. His 75-year-old mother, Holly, is drunk and threatening to jump off the roof. Again. Holly and Fiona, another elderly relative, won't stop tormenting Will and his wife Elizabeth with their bizarre (though often amusing) antics. Between Will's worries about his bookstore, The Heart's Ease, and Elizabeth's troublesome high school students, dealing with "the crazies" has become just too much. But then something unexpected happens — Henry Ward, a neighborhood handyman, meets the two old women, and he, his daughter Alison, and grandchildren are drawn into the Butterfields' lives in surprising ways."

**Tommy Orange, *There There***

"Thanksgiving is a complicated holiday. While part of the American tradition, it perpetuates myths about Native Americans' relationship to white settlers. As novelist Tommy Orange has written, Thanksgiving isn't necessarily even a time for celebration. Read about contemporary Native Americans in this acclaimed novel, which switches perspectives between 12 characters."

**Anne Tyler, *The Accidental Tourist***

"Opposites attract in Anne Tyler's 1985 finalist for the Pulitzer Prize. When protagonist Macon Leary, a grief-stricken travel writer who hates travel, meets Muriel, a dog trainer who is too interesting to ignore, his life of solitude is turned upside down.

Complete with a slow-roasted turkey on T-Day, this is one kooky love story that will make smile through the tears."



**Michael Dibdin, *Thanksgiving***

"Anthony is a British journalist whose American wife, Lucy, has suddenly died. Grieving and haunted, he becomes obsessed with her youth and the years he missed before he met her. To find out more, he travels to a remote part of the Nevada desert to meet Lucy's first husband. Their encounter is the beginning of a journey that takes him across the world, to the edge of madness, and into the corners of the human heart."

**Leslie Meier, *Turkey Day Murder***

"Lucy Stone has a full plate, escorting a preschool field trip to a turkey farm, working part-time as a reporter for her small town's newspaper, and preparing Thanksgiving dinner for 12. A story falls right into Lucy's lap when a confrontational member of the Metinnicut Indian tribe is murdered with a war club right in the midst of Tinker's Cove's Thanksgiving festivities."

**Jane Haddam, *Feast of Murder***

"Ex-FBI investigator Gregor Demarkian has been invited on a very peculiar cruise—onboard a cramped precise replica of the *Mayflower*. But when the behavior of the passengers proves rather un-Puritan, Demarkian discovers something that would have shocked Columbus: a New World murder."

**Jeanne M. Dams, *Sins out of School***

"American Dorothy Martin has been living in the hamlet of Sherebury, England for years with her retired detective husband Alan. Since Dorothy is a retired teacher, she is asked to pinch-hit as a substitute teacher at the local elementary school. Soon one of the teachers is accused of murdering her repressive husband and Dorothy becomes involved when she meets the accused teacher's very intense nine-year old daughter. Did the teacher or her emotionally scarred daughter kill him? Even with all of this going on, Dorothy is still trying to plan and prepare a traditional Thanksgiving dinner in merry old England."

**Sarah R. Shaber, *Snipe Hunt***

"Pulitzer Prize winning forensic historian Simon Shaw is taking a Thanksgiving vacation on Pearlie Beach, a small island off of the North Carolina coast. While on the island, he is asked to take a look what appears to an old barnacle-encrusted diver's outfit, overgrown with seaweed. Upon further investigation Simon realizes that there is a body inside. WWII German U-boats, confederate gold, a host of colorful characters and local lore make this a very appealing cozy."



## MISCELLANEOUS INFORMATION

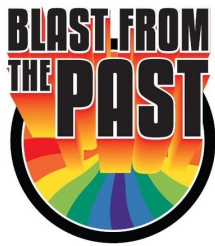
**RESIDENT CONTACT UPDATE:** Thank you to those who are helping update their information for the residents list. It was brought to my attention that some residents may prefer being contacted via email. Send an email if this is your preferred choice of communication. [deanzanews@gmail.com](mailto:deanzanews@gmail.com)

Did you know you can view the complete Bulletin with ads,  
word games and crossword puzzle on:

<http://www.mobilehomeparkmagazines.com/deanza-santa-cruz/>

Don't forget it is also on our website [www.deanza-park.org](http://www.deanza-park.org) without these items

I was informed the website link for Don Edison's art work was incorrect, so here is the correct link  
<http://www.rangescapes.net/santacruz/edisonsgarden.cgi>



**November 1, 1776** - Mission San Juan Capistrano was founded in California. Each year, the swallows of Capistrano leave their nests there around St. John's Day (October 23rd) and return the following year near St. Joseph's Day (March 19th).

**November 3, 1957** - Soviet Russia launched the world's first inhabited space capsule, Sputnik II, which carried a dog named Laika.

**November 6, 1429** - Henry VI was crowned King of England at age eight. He had acceded to the throne at the age of nine months following the death of Charles VI.

**November 8, 1656** - Astronomer and mathematician Edmund Halley was born in London. He sighted the Great Comet of 1682 (now named Halley's Comet) and foretold its reappearance in 1758. Halley's Comet appears once each generation with the average time between appearances being 76 years. It is expected to be visible again in 2061.

**November 10, 1775** - The U.S. Marine Corps was established as part of the U.S. Navy. It became a separate unit on July 11, 1789.

**November 13, 1927** - The Holland Tunnel was opened to traffic. The tunnel runs under the Hudson River between New York City and Jersey City and was the first underwater tunnel built in the U.S. It is comprised of two tubes, each large enough for two lanes of traffic.

**November 22, 1718** - Blackbeard the pirate (Edward Teach) was killed off the coast of North Carolina after a long and prosperous career. Lt. Govenor Alexander Spotswood of Virginia had sent two sloops to put an end to him. The sailors encountered Blackbeard and Lt. Robert Maynard killed him in the fight that followed.

**November 26, 1789** - The first American holiday occurred, proclaimed by President George Washington to be Thanksgiving Day, a day of prayer and public thanksgiving in gratitude for the successful establishment of the new American republic.





# Sugar Moon

The melodious tunes of Sugar Moon helped to make us feel normal again. They are a great everything band, who had the residents clapping hands, stomping feet and even some dancing...all with social distancing and masks on, of course! A BIG thanks to the *Arroyo Association* for making this happen in September and October. It was fun to enjoy outdoor music again!



Another thank you to the Arroyo Association for providing fresh flower bouquets to residents who signed up to receive them for the Thanksgiving Holiday!



Their project for December is a wonderful light display to bring holiday cheer during this restricted time!

# DeAnzans Walk to End Alzheimer's 2020

This year's National Walk to End Alzheimer's took a decidedly different path from those in the past. All fundraising teams kept their walks local. De Anza's team "It's A Zoo," is in its thirteenth year, headed out on a path around the Westside.

The team's captain, Candy Berlin, and husband Scott walked in Tennessee, a stop on their months-long RV travel.

Although the walk is in the books for 2020, the need for donations to fight the disease goes forward. If you wish to donate or join the team, contact any team member or visit the website <https://act.alz.org/> and search for "It's a Zoo" in the "team" box.



TEAMS		
1	<a href="#">Cure B Found</a>	\$37,126
2	<a href="#">Lifespan Cares Fun R...</a>	\$18,460
3	<a href="#">Devoted to Darlene</a>	\$9,655
4	<a href="#">It's A Zoo</a>	\$8,100
5	<a href="#">Team Grace Abbett</a>	\$5,575

