

DeAnza Santa Cruz Arroyo Bulletin

2022



Administrative Staff

Property Manager: Jennifer McClellan
Assistant Manager: Iris Floodman
Maintenance: Enrique Rios
Office Information:
Phone: **831-423-8660**
Email: Jennifer_mcclellan@equitylifestyle.com
Office Hours: M - F 8 am - 12 pm
Phone Hours: M - F 8 am - 4 pm
Non emergency Fire Dept: 831-420-5280
Non emergency Police Dept: 831-471-1131
Narcotics Task Force: 831-454-2320
Allied/First Alarm Security Systems
408-364-1110 or 800-400-1110
Emergency: 911
Marine Mammal Center: 415-289-7350

What's New This Month:

Park Information	2
Community News	3
Calendar of Events	4
Hey Come and Join Us	5
Christie's Corner	6, 7
Arts&Crafts in the Park	8
Howl-o-ween Pics	9
Holiday Dinner	10
What is the HOA	11
HOA Meeting Minutes	12,13
You Quack Me Up	14

And here we are, another year almost finished!

What will you get for the holidays? What will you give? Is it something you don't need or is it something you really would like? Are you giving something needed or another gift that will become a re-gift?

Being a grandparent is tough as your grandkids get older. What used to be something they couldn't live without, becomes, "uh, thanks, but I really wanted cash!" How do we give the right gift?

Remember when we were kids and wanted something so bad and then you got the generic brand of what you wanted?! It was so disappointing, but we would smile and say thank you.

Now gift giving is so different. We have to beg our grandkids to give us a list or suffer the consequences of getting something they don't want. Giving cash seems so impersonal but now I understand why I got cash in that Christmas card instead of a gift!

Have things changed because the generational traditions changed or has the progression of society made the changes for us? I remember my parents saying they were happy getting an orange and pair of socks in their stocking. Any kid today would be completely insulted to get that in their stocking.

Teaching children to appreciate giving their time or donating toys to other children less fortunate, is a great way to break that thinking of "it's all about me."

Here in our community we have someone who donates new or gently used stuffed animals to children in migrant camps. We also have a food drive for needy families so, contact the Arroyo Association. Help the kids in your life to learn about being charitable and set the example!



Holiday Greetings and love, Lorraine

Arroyo Bulletin Editor: Lorraine Smith

Copy Editor: Pat Chance

Contributors: Christie Cochrell, Sandy Brunett, Debbie Cameron, Dave Allenbaugh

Delivery Volunteers: Carol Smith, Kathy Caruso/Joann Martin, Pat Chance, Margaret Gannon

Email: deanzanews@gmail.com

Resident Website: www.deanza-park.org

Webmasters: John Kettles: jkettlesdeanzaweb@gmail.com

Lorraine Smith: deanzanews@gmail.com

PARK INFORMATION

Facility Hours: 7 days/week

(ask management about mask rules)

Clubhouse	8 am - 10 pm
Pool	8 am - 10 pm
Fitness Center	8 am - 10 pm
Game Room/Laundry Room	8 am - 10 pm
Jacuzzi	8 am - 10 pm
Sauna	8 am - 10 pm

Rent Collection

Rents are due on the 1st of the month with a grace period until the 6th. Rents received on the 7th are considered LATE and will incur a \$25.00 late fee.

Payments can be made by check, money order, EFT or ELS portal at www.communityresport.com/els.

DO NOT PUT IN MAIL BOX. RENT CAN BE DROPPED OFF AT OFFICE M-F 8 am - 12 pm

Garbage Collections

Garbage: Pick-up for the park is on Mondays & Thursdays.
Recycling: Pick-up is on Fridays. **Broken down cardboard belongs in these dumpsters, not in the waste can.**

Yard Waste: Large and loose yard waste must be taken to the large dumpster located in the maintenance area. Residents may bag up 2 bags of yard waste and place at their driveways for pick up on Mondays only. Loose yard waste will not be picked up.

Food waste container is located at the large area between spaces 8 and 9.

Please dispose of items appropriately.

No dumping allowed.

Clubhouse Reservations

The Clubhouse is available for residents' private events. Check with the office for date availability and to sign reservations forms.

Welcome Committee

If you are new to our community and would like information regarding DeAnza please contact:

Karen Scott: karendawson@comcast.net

Lynn Slade: lynn.slade@outlook.com

Vehicle Abatement

**Abandoned Vehicles/Parking Violation
Call: 831-420-5863**



Photo Credit:
Julie DuClos

We found one of our rock painters! Joyce Ulrich has been painting rocks with Ukraine colors and setting them around the park.

DeAnza HOA Officers

President: Eugene Markowitz

Secretary: not chaired

Treasurer: Jerry Zanzinger

Board of Directors

Emergency Response: Gary Whitten

Policy & Procedures: Don Payne

Communications: Lorraine Smith

Park Concerns: Margaret Gannon

GSMOL: Candi Walker

Email: deanzasantacruzhoa@gmail.com

The HOA meets every other month to discuss issues of concern to residents. Membership is open to ALL residents. Dues are \$10/space/year.

Meeting dates will be announced via email, Bulletin calendar, website, notice boards or telephone.

Arroyo Association:

President: Sandy Brunett

Secretary: Debbie Cameron

Treasurer: Sandi Dutra

Advisory Board: Linda Raffel, Melisa Mulcahy, Jean-Marie Mott, Barbara Cordes, Liz McDannold, Lorraine Smith, Julie DuClos, Lynette Adelson, Heidi Armstrong, Debbie Loveland, Winnie Mule', Marguerite Collins, Beth Goldfadden,

Email: deanzaarroyo@gmail.com

Arroyo Association plans and organizes park social events. Membership is open to all residents and is \$10/person/year. Meeting schedule is posted in the Bulletin calendar and on the website.

COMMUNITY NEWS



Do you have any "gently used" or new stuffed animals you would like to donate to the children of migrant camps in Santa Cruz County this holiday season?

If so, please contact: Pat Chance #191
Email: chanceconsulting2007@yahoo.com Phone or Text: (209)484-4287

She will be happy to come by your place to pick them up and will be collecting until Tuesday, December 13, 2022.



Food scrap/compost is here!

We finally have our own composting receptacle, so no more trips to Trescony Park for us! There is a flyer/pictures on the lid of what is accepted and what is not. You can also find the flyer on the DeAnza website. Scroll down on the home page and you will see a link to the flyer.
www.deanza-park.org

Keeping YOU Informed

In the last few weeks the HOA has sent information regarding our park to residents keeping you informed of things happening in the community. If you would like to receive emails from the HOA, website updates or information about Arroyo Association events, please contact me at deanzanews@gmail.com. Your information WILL NOT BE SHARED with anyone outside the park. This is the best way for you to be informed of any changes, concerns, emergency situations or events. You can also request a copy of the resident list from me. Your well-being and peace of mind is important to all of us.

Contact Information for Residents Sharing Property Line with Natural Bridges SP

If you live along the perimeter of the park and are concerned the natural brush/trees are creating a possible fire threat to your home, contact the lead maintenance supervisor at the Wilder Ranch office.

Michael is the contact person and can be reached at **831-423-9709**.

Reporting Abandoned or Oversized RV's to City Council

Many residents are becoming concerned about the growing number of RV dwellers on Delaware Avenue. There are complaints of oil, sewage, chemicals and human waste being poured into the storm drains which go into the ocean. This is a major HEALTH HAZARD! Please contact the Santa Cruz City Council to voice your concerns. Adding pictures of these violations will help to identify how important it is to monitor and remove those who do not abide by the law. You can make a difference! A link is also on the website under HOA Updates tab. Scroll to bottom of page and click.

Email: citycouncil@cityofsantacruz.com

City Manager, Matt Huffaker: mhuffaker@cityofsantacruz.com

Phone: **831-420-5863**



CALENDAR

DECEMBER

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

****PLEASE REMEMBER TO CONTACT THE EDITOR @ deanzanews@gmail.com WITH ANY CHANGES IN DATES, TIMES OR REMOVAL OF COMMUNITY ACTIVITIES.**

ACTIVITIES SCHEDULE HAS BEEN UPDATED. PLEASE CONTACT ME IF YOU WANT AN ACTIVITY PUT ON THE CALENDAR.

				1	2 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	3
4	5 Water Aerobics 9-10 am Yoga 10:15 am-12 pm Mahjong 1 pm Arroyo Assoc meeting 4 pm	6	7 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	8 Private Event	9 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	10 Private Event
11	12 Water Aerobics 9-10 am Yoga 10:15 am-12 pm Mahjong 1 pm	13	14 Water Aerobics 9-10 am Yoga 10:15 am-12 pm Private Event	15	16 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	17 Arroyo Holiday Dinner 5:30 pm
18 	19 Water Aerobics 9-10 am Yoga 10:15 am-12 pm Mahjong 1 pm	20	21 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	22	23 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	24  Private Event
25  Private Event	26 Water Aerobics 9-10 am Yoga 10:15 am-12 pm Mahjong 1 pm 	27	28 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	29	30	31 



COFFEE AND DONUTS Visit with your neighbors in the Clubhouse on Fridays, from 8 - 9 am. Grey Bears grocery delivery arrives around 9 am. Stick around after getting your groceries and connect with your neighbors.



Mahjong is back! It is played in the Clubhouse on Mondays @ 1 pm. Show up at the clubhouse for the Monday group. If you are interested in playing but have no experience, they will teach you.



WATER AEROBICS meets Monday-Wednesday-Friday from 9 am-10 am. This is a low impact activity and is suitable for both swimmers and non-swimmers. Contact Alyce Amor amorp139@aol.com with any questions.

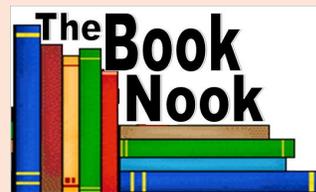


YOGA meets on Monday and Wednesdays at 10:15 am—12 pm in the Clubhouse. Teacher Mitra Treadwell leads a class of invigorating yoga. Mitra has been practicing yoga for 50 years and teaching yoga for 43 years. Contact Mitra...mitrayoga@yahoo.com with any questions.

If anyone would like to lead an activity in the clubhouse and are looking for participants, please contact me and I will advertise it on this page...deanzanews@gmail.com

Celebrations, Festivals for This Festive, Celebratory Season

Recommendations by Christie Cochrell

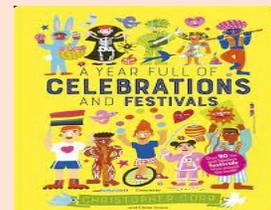


Christian Roy, *Traditional Festivals: A Multicultural Encyclopedia*

"This two volume encyclopedia travels around the world and across the centuries to uncover an often unexpected richness of meaning in some of the major sacred festivals of the world's religions, the hallowed calendars of ancient civilizations, and the seasonal celebrations of tribal cultures. Its 150+ entries look at the content and context of these festivals from a number of perspectives. Readers will get a vivid sense of what each festival means to the people celebrating it; how each captures its culture's beliefs, hopes and fears, founding myths, and redemptive visions."

Claire Grace, *A Year Full of Celebrations and Festivals: Over 90 fun and fabulous festivals from around the world* (especially for kids)

"With fact-filled text accompanied by beautifully bright illustrations from the wonderfully talented Chris Corr, prepare yourself for a journey as we travel around the world celebrating and uncovering a visual feast of culture. Give thanks and tuck into a delicious meal with friends and family at Thanksgiving, get caught up in a messy tomato fight in Spain at La Tomatina, add a splash of color to your day at the Holi festival of colors, and celebrate the life and achievements of Martin Luther King Jr. on his day."

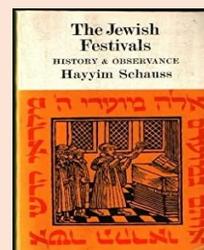


Ann DrUITT, Christine Fynes-Clinton, and Marije Rowling, *All Year Round: Christian Calendar of Celebrations (Festivals and the Seasons)* (especially for kids)

"Brimming with things to make; activities, stories, poems and songs to share with your family. It is full of well-illustrated ideas for fun and celebration: from Candlemas to Christmas and Midsummer's day to the Winter solstice. Observing the round of festivals is an enjoyable way to bring rhythm into children's lives and provide a series of meaningful landmarks to look forward to."

Hayyim Schauss, *The Jewish Festivals: A Guide to Their History and Observance*

"Long considered a classic, *The Jewish Festivals* provides a rich and charming account of the origins, development, and symbolism of the Jewish holidays, and of the diverse rituals, prayers, ceremonial objects, and special foods that have been used throughout history and around the world to celebrate them. Written with passion and warmth, this book will infuse your own experience of the holidays with extra meaning and delight."

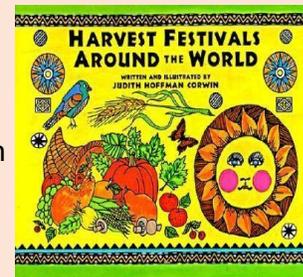


Elizabeth Carmichael and Chloë Sayer, *The Skeleton at the Feast: The Day of the Dead in Mexico*

"In this unique work, lavishly illustrated with color and black-and-white photographs, the authors explore both the historic origins of this holiday and its colorful present-day celebrations in Mexico and the United States. Interviews with Mexican artists and crafters who provide goods for the festival—from personalized sugar skulls to gigantic papier-mâché skeletons—offer a fascinating glimpse into traditional and contemporary attitudes toward death and the dead."

Judith Hoffman Corwin, *Harvest Festivals Around the World* (especially for kids)

"This book provides a brief look at ancient and contemporary celebrations and presents a relatively simple activity for each of them. Corwin includes 15 festivals of the Hopi, French Canadians, Incas, English, Egyptians, Israelis, Nigerians, Japanese, Chinese, and East Indians. She gives a bit of background information followed by a page or two detailing a craft (Hopi Corn Dance dolls, African harvest mask, a miniature succah) or baking project (apple cake, Swiss onion soup, Chinese mooncakes)."



Anne Bianchi, *Italian Festival Food: Recipes and Traditions from Italy's Regional Country Food Fairs*

"Italian food writer and cooking teacher Anne Bianchi has visited Italy's 18 regions and returned with over 200 festival recipes. These are not only uniquely good, but illuminate vital culinary traditions. Lovers of authentic Italian cooking and food culture will find *Italian Festival Food* a treasure." "Bianchi's words are as delicious and simple as the food they celebrate, and clearly describe the exquisite detail so much a part of traditional food in all Italian towns. This book is a treasure for both the novice and the professional cook!" —Mario Batali

Katherine Burton and Helmut Ripperger, Feast Day Cookbook: The Traditional Catholic Feast Day Dishes of Many Lands

"Few know that the origin of the veal cutlet is attributed to St. Ambrose, who thus prepared the meat he gave to the poor; that the favorite sweetmeat of St. Francis of Assisi was Frangipane; or that in Italy a cake called 'Sphinx' is traditionally served on St. Joseph's Day. We learn the forgotten origin of many well-known dishes, and the family is provided with numerous recipes to restore these wonderful traditional customs."

The Garlic Lovers' Cookbook (Gilroy Garlic Festival)

"Since 1978, the Gilroy Garlic Festival has attracted both professional and amateur cooks, who test their culinary prowess in the Great Garlic Cook-Off Contest. The fruits (or rather, bulbs) of their labors pack the pages of this revised first volume of the cookbook, with a dizzying mélange of Mediterranean, Middle Eastern, Asian, and all-American flavors. This breathtaking collection of more than 200 recipes is as fresh and zesty as ever."

Oliver Keens, Festivals: A Music Lover's Guide to the Festivals You Need to Know

"Highlighting festival giants and jazz classics, pop powerhouses and indie favourites to dance scene darlings and punk rock adventures, we travel from Woodstock, Glastonbury, Coachella and Roskilde to Fuji Rock, Tomorrowland, Burning Man, and Afro Punk. Here, the unique experience of a music festival is evocatively captured and an overview of the rise of the wonderful world of festival culture as we know it today revealed."

Barbara Traub, Desert to Dream: A Dozen Years of Burning Man Photography

"This trailblazing photo collection features an introduction by award-winning filmmaker Les Blank, foreword and afterword by Burning Man founder Larry Harvey, epilogue by beat poet Lawrence Ferlinghetti, and a contribution by Star Trek's Mr. Spock, Leonard Nimoy. More than 150 sensational color and black and white photographs bring to life an incredible event that now attracts 80,000 people every year."

Ellis Peters, Black Is the Colour of My True Love's Heart (mystery)

"Singers and musicians are gathered for a course in folk music that will occupy a weekend in the fantastic country mansion called Follymead. Most come only to sing or to listen, but one or two have non-musical scores to settle. When brilliantly talented Liri Palmer sings 'Black, black, black is the color of my true-love's heart!' she clearly has a message for someone in the audience. Passions run high, and there is murder brewing at Follymead."

Penny Pike, A Food Festival mystery series (Death of a Bad Apple, Death of a Chocolate Cheater, Death of a Crabby Cook)

"This mystery series, set in California, features restaurant reviewer Darcy Burnett who gets served a pink slip from the San Francisco Chronicle. Now she needs to come up with an alternative recipe for success quickly. Her feisty aunt Abby owns a tricked-out school bus, which she's converted into a hip and happening food truck, and Darcy comes aboard as a part-timer while she develops a cookbook project based on recipes from food fests in the Bay Area."

Louise Penny, Bury Your Dead (mystery)

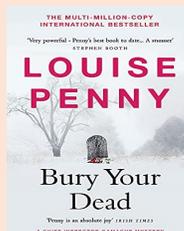
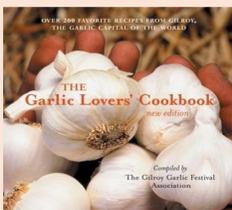
"Chief Inspector Armand Gamache is on break from duty in Three Pines to attend the famed Winter Carnival up north. He has arrived in this beautiful, freezing city not to join the revels but to recover from an investigation gone hauntingly wrong. Still, violent death is inescapable—even here, in the apparent sanctuary of the Literary and Historical Society, where one obsessive academic's quest for answers will lead Gamache down a dark path."

David Hewson, Carnival for the Dead (A Venetian Mystery)

"Teresa Lupo's Aunt Sophia vanishes abruptly on the eve of Carnival, and Teresa can only solve the puzzle of her disappearance by immersing herself in the art and history of Venice and the fantastic spectacle that is Carnival."

10 recommended crime fiction books in which a major part of the action takes place in New Orleans during Carnival, see:

<https://crimereads.com/new-orleans-the-crime-fiction-of-carnival/>



Arts & Crafts In the Park

This event was a huge success, showcasing the many talented artists in our community. Kudos to Jean-Marie Mott, who organized this event and made it a success!



HOWL-O-WEEN PARADE AND COSTUME CONTEST

A round of "apaws" for Sandy Sloan who organized this cute get together!

First Prize = Luca, Karola and Alain

Second Prize = Jocko and Linda

Third Prize = Hudson and Debbie

Fourth Prize = Jimmy, Jasmine and Perry



De Anza Holiday Party



Saturday, December 17, 5:30

Enjoy an avalanche of finger foods and share a potluck dessert

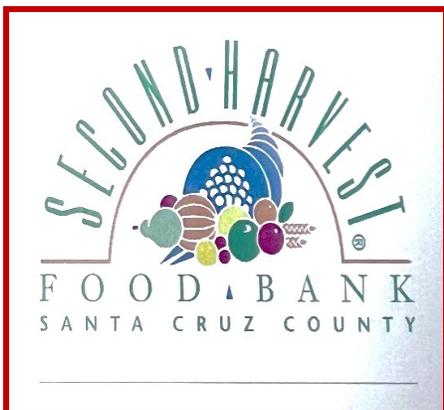
Don't miss this festive clubhouse evening!

Food, Live Music, Holiday Cheer

**PLEASE BRING YOURSELF, A DESSERT TO SHARE, AND
A DONATION FOR SECOND HARVEST.**

**Sign up in Clubhouse or
online at deanzaarroyo@gmail.com**

Entertainment by The Paperback Ryders



*It has been a difficult year for many. We are
collecting non-perishable food and cash
or check donations at our Holiday Party to
benefit*

**SANTA CRUZ COUNTY
SECOND HARVEST**

When you shop for your holiday meals, why not fill a second bag for a local family or senior in need.



De Anza Home Owners Association (HOA)

What is it?

The HOA is a group of volunteer residents who represent the community to park management. They address and help to resolve issues and concerns within the park.

What are the annual dues?

The current dues are \$10.00 per year, per household.

Dues are required to be paid to participate in important votes and be notified for special meetings.

How are your dues used?

- ◆ Website support
- ◆ Robo-calls
- ◆ GSMOL expenses to attend annual GSMOL conference
- ◆ Support a legal fund
- ◆ Supplies

When and who should I pay?

HOA fiscal year is January 1 through December 31 so you should pay at the January HOA meeting. Dues need to be paid before the annual election in order to be a voting member. You can contact the HOA Treasurer for further information.

HERE ARE SOME EXAMPLES OF HOW THE HOA HAS RECENTLY HELPED THE COMMUNITY

1. Coastal Commission did walk through and per Landscape Rehabilitation Plan, park is in compliance.
Recirculating pump broken = new pump has been ordered
2. Gym carpet has been replaced with anti fungal/mold flooring
3. Replaced broken irrigation line in pool area by spa. Repaired valve leak in pool area by spa.
4. An Operations Corner in the weekly management email that gives information regarding office hours and information regarding what to do in an emergency and the process on who to contact .

Outstanding Concerns:

1. Health and Safety Concerns Regarding Safe Access to all residents in the park to all amenities that residents pay to use.

Please be aware there are some circumstances which residents prefer to be private so these are examples of issues that can be shared. A big thanks to Margaret Gannon, Director of Park Concerns for doing an exceptional job!

Call to Order

Eugene Markowitz called the meeting to order at 10:02 a.m. and 11:05 a.m. There was some confusion as to correct time so meeting was stopped and continued at 11 a.m. The members recited the Pledge of Allegiance.

Roll Call

The President took roll call of the Board Members. Those HOA Officers and Directors present were: Eugene Markowitz, Don Payne, Margaret Gannon, Gary Whitten, Jerry Zanzinger & Lorraine Smith. Candi Walker was absent.

Vice President and Secretary Positions are not chaired. 16 members of the HOA were present at the meeting.

President's Report

Eugene informed the community of the Food Waste Program which is now available in the park. The receptacle is located in the main dumpster area between spaces 8 & 9. He stated there should be available buckets in the office for household use.

Rental assistance information can be obtained from the office. Don Payne stated some new residents may not know how things work and should contact them. Margaret Gannon stated it was sent with 90 day rent increase letter in September.

Eugene stated having the emails of residents is important to share this type of information. He encouraged neighbors to let others know of the importance of keeping the community informed about such things as garbage strike, front office being on vacation and other miscellaneous things.

Treasurer's Report

Jerry Zanzinger stated there is \$947.70 in general account. \$600 to IRS has decreased it from approximately \$1500. He gave updated report on how the paper copy was not accepted so he spent time to do it on-line. Status is currently pending and may take up to 6 months before he receives an answer. JAMS account is \$19,045.23. ELS contributes \$1000/year to account.

Policies and Procedures

No new information

Emergency Procedures

Gary suggested that GoBags be placed in walkers or backpacks.

Communications

Lorraine Smith commented that she and John Kettles will be co-webmasters of the community website. Resident lists will now be sent in numerical and alphabetical order.

Park Concerns

Margaret Gannon stated ADA compliance is still being addressed for residents who do not have safe access to amenities due to pool/gym area not being ADA compliant. There is no Handicap Parking by the gym. Also safe exiting of the clubhouse for residents with disabilities. Alfred Gonzales will be addressing the issue. She also discussed problems with overgrowth along the perimeter of Natural Bridges State Park. Contact information for this problem will be in the December Bulletin.

Park Concerns (continued)

Dave Allenbaugh stated the drain in the car wash area is not draining properly. Front office will be contacted.

Gary Whitten voiced concern about the growing number of coyotes in the area and how to deal with the growing population.

Jim Carraher gave information about how the increasing RV populace is trying to be dealt with by the city. Citations are given at midnight, but only with vehicles that have license plates or registration. They have to be parked over 3 days before reporting. He has information on who to send concerns to on the city council. It will be put on the website and Bulletin.

Coastal Commission information is available on the website. Pictures of the hazards have been submitted to the city council, but nothing has been done. Dave Allenbaugh suggested we think outside the box and try to get the press involved. He suggested a protest.

Dave Allenbaugh announced that he would like to have an AED present in the park. He stated Federal law protects people from liability. He asked ELS if we could have one that is under locked condition in the clubhouse area. Pricing was discussed and he asked for donations from HOA and Arroyo Association. Price is approximately \$800 - \$1600. Options are for re-furbished and new units. Also discussed were CPR class with AED instruction.

Jean Marie brought up utility bills and the discrepancies of some bills. Eugene commented that not all the meters are read at the same time, which puts the resident into a higher tier. A credit is supposed to be applied if this happens. Marguerite and Dan stated they were overcharged and would like a refund. They were advised to contact Shannon who is the interim manager.

The validity of the meter readers was discussed. Plus the days are based on a range.

Adjournment

The meeting was adjourned by Eugene Markowitz at 12:15 p.m.

Submitted,
Lorraine Smith, Director of Communications

The Gift of Laughter

—contributed by Dave Allenbaugh

Saw a store that has a sign that reads, "We treat you like family!"

Yup, NOT going in there.

I'm so glad I was young and stupid BEFORE there were camera phones.



The biggest lie I tell myself is "I don't need to write that down, I'll remember it."

I don't know how to use TikTok, but I can write in cursive, do long division and tell time on clocks with hands... so there's that.

I BURN ABOUT 2000 CALORIES EVERY TIME I PUT ON FITTED SHEETS BY MYSELF.

My super power is holding onto junk for years and throwing it away a week before I need it.

Anyone remember the good ol' days, before Facebook, Instagram, and Twitter? When you had to take a photo of your dinner, then get the film developed, then go around to all your friends' houses to show them the picture of your dinner? No? Me neither. Stop it.

GONNA ASK MY MOM IF THAT OFFER TO SLAP ME INTO NEXT YEAR IS STILL ON THE TABLE



I choked on a carrot this afternoon and all I could think was "I bet a donut wouldn't have done this to me."

I don't let my age define me, but the side effects are getting harder to ignore