

# DeAnza Santa Cruz Arroyo Bulletin

2023



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Happy heart month!

It's the month of celebrating love, groundhogs and Black History. It is also my way of saying so long, farewell, Auf Wiedersehen, good-bye. I will be no longer be writing the newsletter after 4 long years, beginning in April.

It has been a fun challenge and learning experience. Doing something out of my comfort zone has been a great self challenge. I had previous experience with doing a small newsletter when I was first starting out in physical therapy and then when I had a business. Doing the Bulletin has offered new challenges and has been a great way to spend my retirement and keep my brain active.

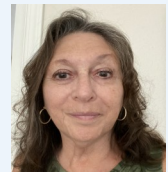
Well now it's time for some new blood to take over the press and move us in a new direction with a fresh outlook.

I will miss working with the people who have helped me along the way. They have volunteered their time and effort to make the newsletter successful every month. For this I am sincerely thankful.

So NOW, who would like to take over this task? Please contact me and we can go over any questions you might have.

*Sincerely, Lorraine*

**deanzanews@gmail.com**



## **Arroyo Bulletin Editor: Lorraine Smith**

Copy Editor: Pat Chance

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**Webmasters: Lorraine Smith: deanzanews@gmail.com**

**John Kettles: jkettlesdeanzaweb@gmail.com**

# PARK INFORMATION

## Facility Hours: 7 days/week

Clubhouse	8 am - 10 pm
Pool	8 am - 10 pm
Fitness Center	8 am - 10 pm
Game Room/Laundry Room	8 am - 10 pm
Jacuzzi	8 am - 10 pm
Sauna	8 am - 10 pm

## Rent Collection

Rents are due on the 1<sup>st</sup> of the month with a grace period until the 6<sup>th</sup>. Rents received on the 7<sup>th</sup> are considered LATE and will incur a \$25.00 late fee.

**Payments can be made by check, money order, EFT or ELS portal at [www.communityresport.com/els](http://www.communityresport.com/els).**

**DO NOT PUT IN MAIL BOX. RENT CAN BE DROPPED OFF AT OFFICE M-F 8 am - 12 pm**

## Garbage Collections

Garbage: Pick-up for the park is on Mondays & Thursdays.

Recycling: Pick-up is on Fridays. **Broken down cardboard belongs in these dumpsters, not in the waste can.**

Yard Waste: Large and loose yard waste must be taken to the large dumpster located in the maintenance area.

Residents may bag up 2 bags of yard waste and place at their driveways for pick up on Mondays only. Loose yard waste will not be picked up.

**Food waste container is located at the large area between spaces 8 and 9.**

*Please dispose of items appropriately.*

**No dumping allowed.**

## Clubhouse Reservations

The Clubhouse is available for residents' private events. Check with the office for date availability and to sign reservations forms. **PLEASE FOLLOW THE RULES!**

## Welcome Committee

**If you are new to our community and would like information regarding DeAnza please contact:**

Karen Scott: [karendawson@comcast.net](mailto:karendawson@comcast.net)

Lynn Slade: [lynn.slade@outlook.com](mailto:lynn.slade@outlook.com)

## Vehicle Abatement

**Abandoned Vehicles/Parking Violation  
Call: 831-420-5863**



Photo Credit: Heidi Calvin

## DeAnza HOA Officers

President: Eugene Markowitz

Secretary: not chaired

Treasurer: Jerry Zanzinger

## Board of Directors

Emergency Response: Gary Whitten

Policy & Procedures: Don Payne

Communications: Lorraine Smith

Park Concerns: Margaret Gannon

GSMOL: Candi Walker

**Email: [deanzasantacruzhoa@gmail.com](mailto:deanzasantacruzhoa@gmail.com)**

The HOA meets every other month to discuss issues of concern to residents. Membership is open to ALL residents. Dues are \$10/space/year.

**Meeting dates will be announced via email, Bulletin calendar, website, notice boards or telephone.**

## Arroyo Association:

President: Sandy Brunett

Vice President: Winnie Mule'

Secretary: Debbie Cameron

Treasurer: Sandi Dutra

Advisory Board: Linda Raffel, Melisa Mulcahy,

Jean-Marie Mott, Barbara Cordes, Liz McDannold,

Lorraine Smith, Julie DuClos, Lynette Adelson,

Heidi Armstrong, Debbie Loveland, Marguerite Collins,

Beth Goldfadden, Ginger Lumbard

**Email: [deanzaarroyo@gmail.com](mailto:deanzaarroyo@gmail.com)**

Arroyo Association plans and organizes park social events. Membership is open to all residents and is \$10/person/year. Meeting schedule is posted in the Bulletin calendar. Residents are welcome!



# What's up for 2023?

## Arroyo Event Calendar 2023

Your Arroyo Association has a full lineup of resident events for this year. Some old favorites and some new, soon-to-be favorites. Your Arroyo Team is looking forward to welcoming all residents for any or all 2023 events.

\* Signups are required for all events. If your plans change after you've signed up, it's important to let us know so we can plan to buy the right amount of food.

February 11, Saturday, 9:00-noon

### FREE VALENTINE FLOWER PICK-UP & MEMBERSHIP DRIVE

Once again, we will start our event year with a free flower bouquet for all who sign up. This is a great time to pay your annual Arroyo membership dues: only \$10/person/year.

March 17, Friday, 5:30-8:30

### FREE PIZZA TRIVIA NIGHT ON ST. PADDY'S DAY with KELLY BLOOM

A St. Pat's celebration with a twist. Grab a slice or two, wash it down with a celebratory beverage, and test your trivia knowledge.

May 6, Saturday, 5:30-8:30

### RESIDENT MUSIC SHOWCASE & APPETIZER POTLUCK

A musical Cinco de Mayo celebration with a resident appetizer potluck. Details to come.

July 8, Saturday, Noon to 3:00

### SUMMER PICNIC CELEBRATION WITH LIVE MUSIC

An outdoor country/bluegrass event which includes a free lunch and great tunes.

September 16, Saturday, 5:30-8:30

### PARTY ON THE PATIO WITH LIVE MUSIC

Free hot dogs and a great potluck spread of salads and desserts

November 11, Saturday, 5:30-8:30

### ANNUAL THANKSGIVING DINNER

The Arroyo Team covers the turkeys. Residents supply their favorite side dishes

December 1, Friday, 9:30-finished

### DECK THE CLUBHOUSE

Calling all resident elves. Join the team to make the clubhouse a Holiday Wonderland.

December 16, Saturday, 5:30-8:30

### ANNUAL HOLIDAY PARTY WITH LIVE MUSIC

***Reminder: Arroyo membership dues are only \$10/person for a whole year of fabulous events, featuring free food, low-cost beverages and live music***

**deanzaarroyo@gmail.com**



## Using the Clubhouse for an Event

As you all know, residents can use the clubhouse for an event for no charge. This is an excellent amenity for the community. Sign up at the office to reserve your event.

There are a few rules some of the residents may not be aware of when utilizing the area:

- Clean up after the event, must be done by cleaning the floors, putting furniture back in place, cleaning the kitchen area, putting chairs and tables back in the closet, emptying the trash
- If decorated, please Do NOT take down any decorations...inform management and they will contact the Arroyo Association
- Remove all trash to the garbage receptacle area outside by the clubhouse
- Events are confined to the clubhouse area, not the outside pool area/gym
- Residents have full access to the clubhouse during events
- Purchase single event liquor liability insurance if you are serving liquor. This is easily done on-line.
- Please remember quiet time begins at 10 pm, so use this as your end time
- Do you need a bartender? Hire Joe Merrill to bartend your event. You supply the liquor! Contact Joe Merrill at (831)-588-3724 for information



## Hard Plastic Clamshell Packaging.....PUT IN GARBAGE

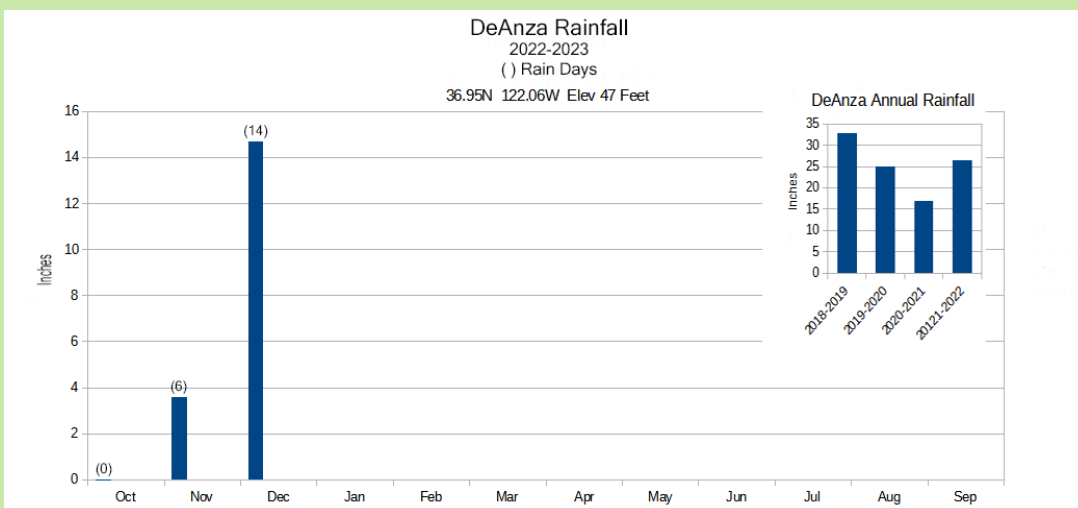
### Recycling Clamshell/Hinged Containers: Do Not Recycle

Even though hard plastic clamshells are typically made from plastic #1, they are difficult to recycle because they are made through a different process. When combined, they contaminate the recycling and reduce its quality. **Be sure to toss them in the garbage.**

**You can recycle the paper ones without food in them.**

**Packing peanuts are NOT recyclable! Take them to the UPS store or Safeway.**

**Go to [www.santacruzrecyclist.com](http://www.santacruzrecyclist.com) for more information on what you can and cannot recycle.**



Data compiled by:  
Tom McDannold



## THE STORMS OF 2023

Well this has been one heck of a time! Here are some of the pictures taken of our park after the first storm the beginning of January. Thank you to a few residents, the ELS crew and our manager, Jennifer, for clearing the walking path.



Photo Credits:  
Eugene Markowitz  
Jennifer Mattos  
L. Smith



## Thank You Residents for Your Donations!



Give yourselves a resounding round of applause for your donations to the Second Harvest Food Bank! This is the first year we had this organization as a donation receiver for the holidays. Second Harvest works to feed people who need food and to advocate for policies that tackle the root causes of hunger.

Thank you Winnie Mule' for setting this up and being our leader for this great cause. **Cash donations were \$595 and two huge barrels of food were collected for those in need.**

Another reason to live in this great community!

# CALENDAR

## FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**\*\*PLEASE REMEMBER TO CONTACT THE EDITOR @ [deanzanews@gmail.com](mailto:deanzanews@gmail.com) WITH ANY CHANGES IN DATES, TIMES OR REMOVAL OF COMMUNITY ACTIVITIES.**

**ACTIVITIES SCHEDULE HAS BEEN UPDATED. PLEASE CONTACT ME IF YOU WANT AN ACTIVITY PUT ON THE CALENDAR.**

			1	2 	3 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	4
5	6 Water Aerobics 9-10 am Yoga 10:15 am-12 pm Mahjong 1 pm <b>Arroyo Assoc Meeting 4 pm</b>	7	8 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	9	10 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	11 <b>Valentine flower pick up 9 am-noon</b> <b>Private Event</b>
12	13 Water Aerobics 9-10 am Yoga 10:15 am-12 pm Mahjong 1 pm	14 	15 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	16	17 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	18
19	20 Water Aerobics 9-10 am Yoga 10:15 am-12 pm Mahjong 1 pm	21	22 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	23	24 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	25
26	27 Water Aerobics 9-10 am Yoga 10:15 am-12 pm Mahjong 1 pm	28				





### WANTED EXPERIENCED SCRABBLE PLAYERS

If you care more about the numbers than the letters, If you hold the two-letter word in high esteem, If you know two or more u-less q-words, Let's play! Contact [lynn.slade@outlook.com](mailto:lynn.slade@outlook.com) to set up a game.



COFFEE AND DONUTS Visit with your neighbors in the Clubhouse on Fridays, from 8 - 9 am. Grey Bears grocery delivery arrives around 9 am. Stick around after getting your groceries and connect with your neighbors.



MAHJONG is back! It is played in the Clubhouse on Mondays @ 1 pm. Show up at the clubhouse for the Monday group. If you are interested in playing but have no experience, they will teach you.



WATER AEROBICS meets Monday-Wednesday-Friday from 9 am-10 am. This is a low impact activity and is suitable for both swimmers and non-swimmers.

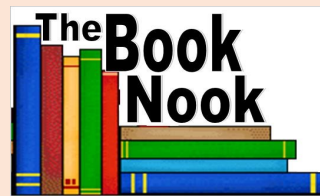


YOGA meets on Monday and Wednesdays at 10:15 am—12 pm in the Clubhouse. Teacher Mitra Treadwell leads a class of invigorating yoga. Mitra has been practicing yoga for 50 years and teaching yoga for 43 years. Contact Mitra...[mitrayoga@yahoo.com](mailto:mitrayoga@yahoo.com) with any questions.

**If anyone would like to lead an activity in the clubhouse and are looking for participants, please contact me and I will advertise it on this page...[deanzanews@gmail.com](mailto:deanzanews@gmail.com)**

## Celebrating Black History Month

Recommendations by Christie Cochrell



### **Colson Whitehead, *Harlem Shuffle* (fiction)**

"This ingenious story plays out in a beautifully recreated New York City of the early 1960s. It's a family saga masquerading as a crime novel, a hilarious morality play, a social novel about race and power, and ultimately a love letter to Harlem. But mostly, it's a joy to read, another dazzling novel from the Pulitzer Prize and National Book Award-winning Colson Whitehead."

### **Brit Bennett, *The Vanishing Half* (fiction)**

"A stunning novel about twin sisters, inseparable as children, who ultimately choose to live in two very different worlds, one black and one white. Weaving together multiple strands and generations of this family, from the Deep South to California, from the 1950s to the 1990s, Brit Bennett produces a story that is at once a riveting, emotional family story and a brilliant exploration of the American history of passing."

### **Robert Jones Jr., *The Prophets* (fiction)**

"A singular and stunning debut novel about the forbidden union between two enslaved young men on a Deep South plantation, the refuge they find in each other, and a betrayal that threatens their existence. This Finalist for the National Book Award is a towering monument to love and history—epic, confronting, lyrical, memorable, and thought-provoking."

### **James McBride, *Deacon King Kong* (fiction)**

"One of the top ten books of 2020, both funny and heartbreaking, *Deacon King Kong* blasts us into the Brooklyn projects of 1969, and shows us a community pulling together in an age when the old rules are being unwritten. As the book opens, an elderly church deacon shoots a local drug dealer in broad daylight for reasons unknown to himself or others. As the story deepens, it becomes clear that the lives of the characters overlap in unexpected ways. Bringing to these pages both his masterly storytelling skills and his abiding faith in humanity, James McBride demonstrates that love and faith live in all of us."

### **Ta-Nehisi Coates, *The Water Dancer* (fiction)**

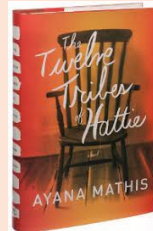
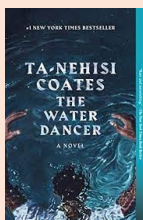
"Hiram Walker was born into bondage. When his mother was sold away, Hiram was robbed of all memory of her—but was gifted with a mysterious power. Years later, when Hiram almost drowns in a river, that same power saves his life. This brush with death births an urgency in Hiram and a daring scheme: to escape from the only home he's ever known. This heart-wrenching tale is a work of both staggering imagination and rich historical significance."

### **Yaa Gyasi, *Homegoing* (fiction)**

"This extraordinary novel follows the parallel paths of two sisters—one sold into slavery and the other leading a life of comfort as a slave trader's wife—and their descendants through eight generations: from the Gold Coast to the plantations of Mississippi, from the American Civil War to Jazz Age Harlem. Yaa Gyasi illuminates slavery's troubled legacy and shows how the memory of captivity has been inscribed on the soul of our nation."

### **Ayana Mathis, *The Twelve Tribes of Hattie* (fiction)**

"In 1923, 15-year-old Hattie Shepherd, swept up by the tides of the Great Migration, flees Georgia and heads north. Full of hope, she settles in Philadelphia to build a better life. Instead she marries a man who brings nothing but disappointment, and watches helplessly as her firstborn twins are lost to an illness that a few pennies could have prevented. Hattie gives birth to nine more children, and prepares them to meet an unkind world. Their lives, captured here in twelve luminous threads, tell the story of a mother's monumental courage—and a nation's tumultuous journey."



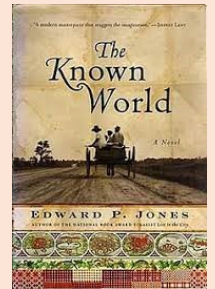


### **Candice Carty-Williams, Queenie (fiction)**

"A disarmingly honest, unapologetically black, and undeniably witty debut novel. Queenie Jenkins is a twenty-five-year-old Jamaican British woman living in London, straddling two cultures and slotting neatly into neither. She works at a national newspaper, where she's constantly forced to compare herself to her white middle class peers. After a messy break up from her long-term white boyfriend, Queenie seeks comfort in all the wrong places.... A remarkably relatable exploration of what it means to be a modern woman searching for meaning in today's world."

### **Edward P. Jones, The Known World (fiction)**

"From National Book Award-nominated author Edward P. Jones comes a debut novel of stunning emotional depth and unequalled literary power. Henry Townsend, a farmer, boot maker, and former slave, through the surprising twists and unforeseen turns of life in antebellum Virginia, becomes proprietor of his own plantation—as well as his own slaves. When he dies, his widow Caldonia succumbs to profound grief, and things begin to fall apart at their plantation: slaves take to escaping under the cover of night, and families who had once found love under the weight of slavery begin to betray one another. Beyond the Townsend household, the known world also unravels: low-paid white patrollers stand watch as slave 'speculators' sell free black people into slavery, and rumors of slave rebellions set white families against slaves who have served them for years. An ambitious, courageous, luminously written masterwork."



### **Ann Petry, The Street (fiction)**

"This beloved bestselling novel tells the poignant story of Lutie Johnson, a young black mother living in Harlem in the 1940s. Beset on all sides by oppression and objectification, she fights to raise her son, earn enough money to escape their toxic environment, live with integrity, and achieve the elusive American Dream. Published in 1946, The Street is the first book by a Black woman to sell more than a million copies. Over 70 years later, it feels timeless and contemporary, with many of the issues Lutie faces tragically still very much the black female experience."

### **Imani Perry, South to America: A Journey Below the Mason-Dixon to Understand the Soul of a Nation (nonfiction, Winner of the 2022 National Book Award)**

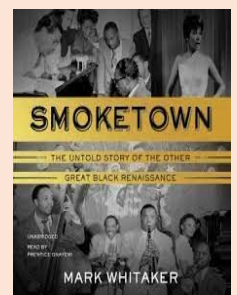
"An elegant meditation on the complexities of the American South—and thus of America—by an esteemed daughter of the South and one of the great intellectuals of our time. An inspiration." (Isabel Wilkerson) "This is the story of a Black woman and native Alabaman returning to the region she has always called home and considering it with fresh eyes. Weaving together stories of immigrant communities, contemporary artists, exploitative opportunists, enslaved peoples, unsung heroes, her own ancestors, and her lived experiences, Perry crafts a tapestry unlike any other."

### **Tracey M. Lewis-Giggetts, Black Joy: Stories of Resistance, Resilience, and Restoration**

"A collection of lyrical essays about the way joy has evolved, even in the midst of trauma, in the author's own life. Detailing these instances of joy in the context of Black culture allows us to recognize the power of Black joy as a resource to draw upon, and to challenge the one-note narratives of Black life as solely comprised of trauma and hardship." "A simultaneously gorgeous and heartbreaking read." (Kirkus Reviews, starred review)

### **Mark Whitaker, Smoketown: The Untold Story of the Other Great Black Renaissance (nonfiction)**

"A brilliant, lively account of the Black Renaissance that burst forth in Pittsburgh from the 1920s through the 1950s—Smoketown will appeal to anybody interested in black history and anybody who loves a good story...terrific, eminently readable...fascinating" (The Washington Post). This "rewarding trip to a forgotten special place and time" depicts how ambitious Southern migrants were drawn to a steel-making city on a strategic river junction; how they were shaped by its schools and a spirit of commerce with roots in the Gilded Age; and how their world was eventually destroyed by industrial decline and urban renewal."





## What is HCD and Why Should We Care?

**HCD** stands for Housing and Community Development. It is a California state agency located in Sacramento. Similar to the way California’s DMV manages titling and registration for automobiles, HCD manages the **titling and registration** for mobilehomes! HCD also protects residents who live in mobile homes by **inspecting** mobile home alterations and mobile home parks to ensure they are properly maintained, and by enforcing regulations for those who build and sell manufactured homes. HCD implements **standards for housing construction** and maintenance and trains local government inspectors who inspect for health and safety code violations.

HCD **oversees complaints**. If you have a complaint about *health and safety violations* in your park, or the *landlord-tenant rules under the MRL* (Mobile home Residency Law), you can file your complaint in the Mobile home Assistance Center, commonly called ‘MAC’. Go to [hcd.ca.gov](http://hcd.ca.gov) and click on Manufactured & Mobile homes in the menu bar and drop down to Mobile home Assistance Center. Staff provides information, coordination, referrals, and other assistance to help resolve these complaints. *They do not arbitrate the dispute*. But since GSMOL fought for and passed AB 3066, HCD is the resource to whom you can submit complaints. HCD will then triage disputes of the MRL and can refer qualifying MRL violations to non-profit legal agencies for legal action at no cost to the MH resident.

HCD website is [hcd.ca.gov](http://hcd.ca.gov)

2023.1

### Mobile home Protections in San Juan Capistrano

The city of San Juan Capistrano has multiple protections for their mobile home/MH residents against potential park-owner abuses. There are 7 MH parks (MHPs) in SJC: 3 are senior parks and 4 are all-age, with a total of over 1266 residents. The SJC Housing Element clearly states the city considers their MH Parks a *major source* of “affordable housing” (which they are required to maintain per state regulations).

#### The Protections that MH residents in SJC have are:

**RENT CONTROL**, enacted in 1979 (Article 9). Our allowable rent increases cannot exceed 100% of the CPI-U or Consumer Price Index for the Urban cities of Los Angeles and Long Beach - *unless* the park owner can justify why he needs more to obtain a “fair and justifiable” return on his investment. 100% of CPI is a little high (it should be more like 75%), but it is better than no cap! This year the CPI increase was higher than previous years due to the current inflationary economy. We are very, very, very grateful that SJC has rent control (commonly called rent stabilization) that keeps our space rents from increasing so much that we can no longer afford to live in this wonderful community - and we lose our homes because we cannot move them if it gets to be too expensive!!

We have **VACANCY CONTROL** which means when you sell your Mobile home, the buyer pays the same space rent as you currently do. In other words, the space rent cannot be raised by management at point of sale. Many parks have a “hybrid” Vacancy Control, which allows the park owner to raise the rent at point of sale by a proscribed amount (ex: 10%) after which rent control kicks in. Most parks have no vacancy control and some park owners have been known to more than double the space rent at point of sale, making it much harder to sell your home! If space rent is so high that you are forced to reduce the selling price to attract a buyer, it means you lose some of the equity you have built up – which could be a loss of thousands of dollars. We are lucky that in SJC we have *full* Vacancy Control that allows NO increase.

**We are AFFORDABLE HOUSING:** It is noteworthy that the City’s Housing Element states: “The City will continue to implement the MHP Rent Control Ordinance to ensure that the City’s 1266 mobile homes continue to be the most affordable homeownership option within the city”. The city is required by law to have a certain percentage of its housing be affordable for low and lower-income residents such as Section 8 housing and mobile home parks etc.

We have a **CONVERSION ORDINANCE** which was enacted in 2000 to protect us if our park owner wants to sell or repurpose the park for a use other than mobile homes. It was further strengthened in 2020 when GSMOL sponsored AB 2782 which codified into California law protection criteria if your park is converted! The buyer of a park must pay us “in-place” value of our home (assessed by an independent, certified Assessor) when we are forced to leave because the park owner is converting the park to another use. Plus, the seller must first justify that the loss of the mobile home park does not impact “affordable housing” in the city.

We have **“MOBILE HOME” ZONING**, which zones the land we sit on for Mobile homes (only). No condominiums or Walmart allowed! A developer would have to gain the majority votes of our city council to change the existing local zoning law if he wanted to build something other than a mobile home park.

We have a **SENIOR PARK ZONING OVERLAY**, which protects the 3 senior parks in San Juan Capistrano and declares they shall remain senior parks.

The city also works with residents of MH parks to facilitate the **purchase** of their MH park to control the costs for the residents. It reviews pro forma and paperwork, conducts required hearings, and supports the issuance of tax-exempt bonds for the park purchase.

**BUT – the protections above, and any city ordinance, can be undone by a subsequent City Council! So, we are only as safe as the majority vote (3 people) of our city council.** That makes it important to vote in our local elections and vote for people who are “rent stabilization” and “mobile home park” friendly! That is the number one question we need to ask our representative(s) if we want to preserve our affordable mobile home lifestyle.

**\*\*THIS ARTICLE IS FOR INFORMATION AS TO WHAT IS GOING ON IN OUR STATE \*\***

Due to the passing of the landmark Inflation Reduction Act (IRA) last year, there will be many positive changes in Medicare in 2023. Many vaccines will be FREE for those on Medicare according to CDC, Centers for Disease Control. You can get your shot at your doctor's office or at your local pharmacy. Just show your insurance card. I recommend you always ask the pharmacist before you get your shot if there will be a charge. And there should not be for most people who have Medicare. Here is a partial list of some of the most common shots seniors might need that you can get for \$0.

Covid-19 initial shot/s and boosters

DTap-IPV-Hib-HepB

Zoster for Shingles (2 shots)

Hepatitis A

Hepatitis B

Influenza (flu shot)

Measles, Mumps, Rubella

Meningococcal

Rabies

Pneumonia

Small pox

Shingrex (for Shingles – 2 shots)

Typhoid

### **What rights do residents with disabilities have?**

Residents with disabilities are entitled to be free from harassment and discrimination in all aspects of housing. They also have a right to reasonable accommodation in rules, policies, practices, or services related to housing. This normally takes the form of a change in an existing rule, policy, practice or service, such as allowing an assistive animal even though the current rental agreement has a "no pet" provision. Residents with disabilities are also permitted, at their own expense and with proper permits, to modify their dwellings, e.g., by building a ramp, to ensure full enjoyment of the premises. (Civil Code 798.29.6) Modifications require obtaining proper permits beforehand. For additional information, contact HCD at 800-952-8356

Recap:

- Disabled homeowners have the right to reasonable accommodations.
- Disabled homeowners are permitted to modify their own homes with proper permits.



# Singlehanded Farallones

—Written by Jerry Zanzinger

My wife, Margo, has always said "The reason men like challenges like sky diving, car racing, etc., is because they never had a baby." Well, she's probably right, but I refuse to get pregnant.

So, on March 26, 1994, I raced the singlehanded Farallones race. I never raced on the ocean before, let alone single handed. My only experience outside the Gate was two Spinnaker Yacht Club whale watch cruises where the wind reached a gnarly 10 knots with light seas. No problema.



I decided that, if on the day of the race the weather report was for more than 25 knots or heavy fog, I would sit it out. I sailed over to South Beach on Friday night and managed to get a full one hour of sleep.

I awoke to a favorable weather report, a bowl of Cheerios, and six vitamin C tablets to ward off an oncoming cold.

I secured the jack lines, put on my harness, and motored to the starting line off Golden Gate Yacht Club. There were 78 other boats ranging from a 22 foot Santana to a McGregor 65. One boat actually had two wheels, and, I am convinced, a ghost crew that helped the skipper raise his massive spinnaker.

When you start a 60 mile race singlehanded you think in terms of "don't." Don't be over the line and don't hit anybody. I was successful at both, especially the part about not being over because I was two minutes late. Nine of us started in the last division - non-spinnaker. (The old salts at the skippers meeting disgustingly referred to us as the "wimp division." Of course, I had an excuse, Amicus, a Catalina 38, doesn't have a spinnaker. It also does not have an auto helm which I found out later is about as essential as a forestay when sailing singlehanded.)

We started at 9:00 a.m. into a four knot flood. By the time our division reached the Gate, the torrent through it stopped the other 70 boats that started before us. So there we were, everybody trying to get through at the same time. Some of us actually went through two or three times.

Slowly inching forward in a six knot breeze, half of the fleet crawled up the Marin County shore and the other half split off towards the San Francisco shoreline and out of the current.

As the lead boats turned the corner at Point Bonita, I saw a most amazing sight. The lead boat, obviously a seasoned Farallone racer, cut the corner so close that his boat perched on top of what seemed like a 20 foot breaking wave inches from looking like a surfer in a tunnel. At that moment, I decided that wimp wasn't a bad word at all on your first time out so I scooted back across the flood tide, darn the good time, especially since I had just read a Latitude 38 article about sailboats rolling over in the potato patch from the remnants of Alaskan storms.

The Farallones was the perfect weather mark in a beautiful 12 knot breeze with calm, rolling, high seas. I didn't arrive at the Farallones until 5:30 p.m. On my last tack, I thought I was laying it fairly well since two other boats were about 100 yards to my lee. As I got close, it looked as though I would get swallowed by one of the breakers so I tacked out for about five minutes to play it safe. The other two boats didn't and rounded the Farallones too dang close, at least from my perspective. Alaskan rollers cascaded up the rocks at least 40 feet. It was both magnificent to watch and frightening to think that if I lost my sails, my engine, or as a last resort, my anchor, the Farallone Rocks might have a distinct blue tinge from my blue hull and my boat might be renamed Amicus Disastrus.

It took me an hour to round the corner to head back home. On the way in, I had a flood tide, but the winds varied from minus five, or though it seemed, to 12 knots. I thought I would never, never reach the Gate. I didn't expect to be as exhausted as I was but after spending 15 hours on the wheel racing, even in relatively light winds, the stress can take a toll on a 53 year old body. I finished at 12:01 a.m.

I had absolutely no idea how I did at that time because it seemed like every boat on the ocean passed me on the downwind leg with their#\$@%&! spinnakers. The last boat across the line came in around 2:00 a.m. The race committee, and the wonderful MC "Shauna" whose British accent on Channel 68 was both calming and informative, committed to stay until 6:00 a.m. Great work!

Would I do it again? No! Not unless I had an auto-helm and discovered the secret to perpetual youth. Was it significant? Only in my life, but when I put it in the big picture, Dennis Conner and the big boys and girls in the around the world Whitbread dodging icebergs at 20 knots on a moonless night - that's significant.

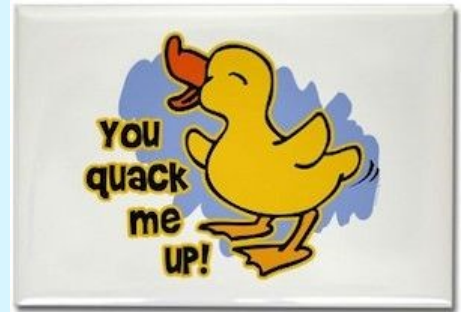
I found out the next Friday in Latitude that I actually got 3rd place in my division. It took one full week for my achy breaky body to mend just in time for the double handed Farallones which I sailed the following week on Amicus with my friend, Steve Mikinka, in high winds. A piece of cake, but that's another story.

Jerry Zanzinger - Amicus



## Heartfelt Laughter

Once again, thanks Dave Allenbaugh!



Too good to not share 😊

1. When one door closes and another door opens, you are probably in prison.
2. To me, "drink responsibly" means don't spill it.
3. Age 60 might be the new 40, but 9:00 pm is the new midnight.
4. It's the start of a brand new day, and I'm off like a herd of turtles.
5. The older I get, the earlier it gets late.
6. When I say, "The other day," I could be referring to any time between yesterday and 15 years ago.
7. I remember being able to get up without making sound effects.
8. I had my patience tested. I'm negative.
9. Remember, if you lose a sock in the dryer, it comes back as a Tupperware lid that doesn't fit any of your containers.
10. If you're sitting in public and a stranger takes the seat next to you, just stare straight ahead and say, "Did you bring the money?"
11. When you ask me what I am doing today, and I say "nothing," it does not mean I am free. It means I am doing nothing.
12. I finally got eight hours of sleep. It took me three days, but whatever.
13. I run like the winded.
14. I hate when a couple argues in public, and I missed the beginning and don't know whose side I'm on.
15. When someone asks what I did over the weekend, I squint and ask, "Why, what did you hear?"
16. When you do squats, are your knees supposed to sound like a goat chewing on an aluminum can stuffed with celery?
17. I don't mean to interrupt people. I just randomly remember things and get really excited.
18. When I ask for directions, please don't use words like "east."
19. Don't bother walking a mile in my shoes. That would be boring. Spend 30 seconds in my head. That'll freak you right out.
20. Sometimes, someone unexpected comes into your life out of nowhere, makes your heart race, and changes you forever. We call those people cops.
21. My luck is like a bald guy who just won a comb.  
Which one is YOUR favorite?