

De Anza Santa Cruz Arroyo Bulletin

Administrative Staff

Property Manager Jennifer McClellan
Assistant Manager Iris Floodman
Maintenance Enrique Rios

General Office Information

Hours M-F 8am-5pm
Phone (831) 423-8660
Email deanzasantacruz@equitylifestyle.com

Facility Hours: 7 days/week

Clubhouse 8am-10pm
Pool Area/Spa/Sauna 8am-10pm
Fitness Center 5am-11pm
Game Room/Laundry Room 8am-10pm

Rent Collection

Rents are due on the 1st of the month with a grace period until the 6th. Rents received on the 7th are considered LATE and will incur a \$25.00 late fee. Payments may be made in the office during business hours, in the mail slot if the office is closed, or mailed in.

Garbage Collections

Garbage: Pick-up for the park is on Mondays & Thursdays.

Recycling: Pick-up is on Fridays.

Yard Waste: Large and loose yard waste must be taken to the large dumpster located in the maintenance area. Residents may bag up 2 bags of yard waste and place at their driveways for pick up on Mondays only. Loose yard waste will not be picked up.

Please dispose of items appropriately. No dumping allowed.

Clubhouse Reservations

The Clubhouse is available for resident's private events. Check with the office for date availability and to sign reservations forms. Only one event scheduled per weekend. Events where alcohol is being consumed or served will require a \$100.00 alcohol liability insurance fee payable to the Arroyo Association.

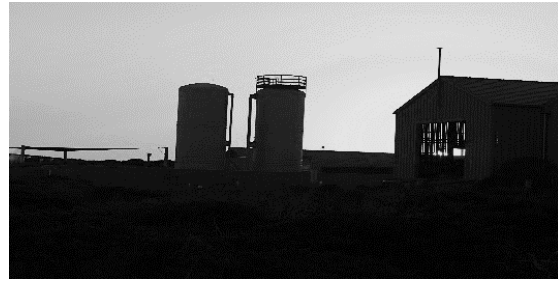


Photo Credit: L. Smith

Arroyo Bulletin Editor: *Lorraine Smith*

Contributor(s): *Debbie Cameron*

Resident's website: www.deanza-park.org

Webmaster: *Lorraine Smith*

De Anza Arroyo Association

De Anza Arroyo Association plans and organizes park social events. Membership is open to all park residents. Dues are \$5/person/year. Board meetings are open to ALL residents. Meeting schedule will be posted in the Bulletin calendar.

Arroyo Officers

Past President: Susy Spano
President: Sandy Brunett
Vice President: Barbara Cordes
Secretary: Debbie Cameron
Treasurer: Sandi Dutra

Advisory Board: Joy Caraliano, Betty Loveland, Linda Raffel, Melisa Mulcahy, Aggie Malbert, Jean-Marie Mott

De Anza Homeowner's Association

The HOA meets every other month to discuss issues of concern to residents. Meetings are held the second Thursday of the month at 7 pm. Membership is open to ALL park residents. Dues are \$10/unit/year.

HOA Officers

President: Merit Herman
Vice President: Tom Louden
Secretary: Amalie Sinclair
Treasurer: Eugene Markowitz

Board of Directors

Emergency Response: Gary Whitten
Policy and Procedures: Don Payne
Communications: Position Open
Park Concerns: Position Open
GSMOL: Dave Allenbaugh

August						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
**PLEASE NOTE THERE HAVE BEEN SOME CHANGES TO THE CALENDAR FOR ACTIVITIES REGARDING DATES AND TIMES						
				1	2	3
					<ul style="list-style-type: none"> Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1- 4:30 pm 	<ul style="list-style-type: none"> Italian Night 5 pm Dinner @ 6 pm
4	5	6	7	8	9	10
<ul style="list-style-type: none"> Arroyo cleanup 	<ul style="list-style-type: none"> Water Aerobics 9-10 am Tai Chi 9-10 am Yoga 10-12 pm Arroyo Assoc 4 pm Private Event 5-10pm 	<ul style="list-style-type: none"> Morning Mingle 10-11 am Mahjong 1-5 pm Card/Game Club 1-4 pm 	<ul style="list-style-type: none"> Qigong 8-9 am Water Aerobics 9-10 am Yoga 10-12 pm 		<ul style="list-style-type: none"> Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1- 4:30 pm 	<ul style="list-style-type: none"> Private Event
11	12	13	14	15	16	17
	<ul style="list-style-type: none"> Water Aerobics 9-10 am Tai Chi 9-10 am Yoga 10-12 pm 	<ul style="list-style-type: none"> Morning Mingle 10 - 11 am Mahjong 1-5 pm Card/Game Club 1-4 pm 	<ul style="list-style-type: none"> Qigong 8-9 am Water Aerobics 9-10 am Yoga 10-12 pm 		<ul style="list-style-type: none"> Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1- 4:30 pm 	<ul style="list-style-type: none"> Private Event
18	19	20	21	22	23	24
	<ul style="list-style-type: none"> Water Aerobics 9-10 am Tai Chi 9-10 am Yoga 10-12 pm 	<ul style="list-style-type: none"> Morning Mingle 10 -11 am Mahjong 1-5 pm Card/Game Club 1-4 pm 	<ul style="list-style-type: none"> Qigong 8-9 am Water Aerobics 9-10 am Yoga 10-12 pm Book Club 1-4 pm 		<ul style="list-style-type: none"> Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1- 4:30 pm 	<ul style="list-style-type: none"> Private Event
25	26	27	28	29	30	31
<ul style="list-style-type: none"> Private Event 	<ul style="list-style-type: none"> Water Aerobics 9-10 am Tai Chi 9-10 am Yoga 10-12 pm 	<ul style="list-style-type: none"> Morning Mingle 10 -11 am Mahjong 1-5 pm Card/Game Club 1-4 pm 	<ul style="list-style-type: none"> Qigong 8-9 am Water Aerobics 9-10 am Yoga 10-12 pm 			<ul style="list-style-type: none"> Private Event

ACTIVITIES

BRIDGE is played in the Clubhouse on Fridays from 1 pm to 4:30 pm. They have room for 3 new members who are experienced players. Contact Ellie by texting her at 408-779-2451

COFFEE AND DONUTS. Visit with your neighbors in the Clubhouse on Fridays, beginning at 8 am. Grey Bears grocery delivery arrives around 9 am, and the group tends to thin out afterwards, as people leave to take their groceries home.



GAME DAY meets in the Clubhouse from 1pm-4pm on Tuesdays. The group usually plays Rummy for the first half of the period and Mexican Trains (a dominos game) for the second half. Contact Cher with any questions...831-459-0473

MAHJONG is played in the Clubhouse on Tuesdays from 1 pm to 5 pm. All levels welcome, including beginners interested in learning to play. Contact Marge Shaw with any questions...831-423-8374

MORNING MINGLE. Meet and greet your neighbors on Tuesdays from 10 am to 11 am in the Clubhouse.

QIGONG meets in the Clubhouse on Wednesday mornings from 8am-9am. Suitable for beginners and advanced. Teacher Nick Loffree leads simple Qigong warm ups, stretches, flowing movements, and meditations to get the day off to a relaxed but energized start.

READING GROUP meets in the Library at 1 pm on the 3rd Wednesday of each month. Both fiction and non-fiction are included. Contact Sandra Walker with any questions....walkmor@comcast.net

TAI CHI meets on Mondays at 9 am in the Clubhouse. Relax, stretch, and improve your balance. Suitable for beginners and advanced. Teacher Marge Shaw leads the class through a series of Tai Chi relaxing-but energizing movements and routines. Contact Marge Shaw with any questions...831-423-8374



WATER AEROBICS meets Monday-Wednesday-Friday from 9am-10am. This is a low impact activity and is suitable for both swimmers and non-swimmers. Contact Alyce Amor amorp139@aol.com with any questions.

YOGA meets on Mondays and Wednesdays at 10 am in the Clubhouse. Teacher Mitra Treadwell leads a 2 hour class of invigorating yoga. Mitra has been practicing yoga for 50 years and teaching yoga for 43 years. Contact Mitra Treadwell mitrayoga@yahoo.com with any questions.



Welcome to the neighborhood



Sometimes you meet people who are just like family upon talking with them; well, Lynda Kaufmann and Nelson Rodriguez are those people. They moved into our beachside community about a year ago and are enjoying their life here at the seaside. Lynda was born and raised in Hollywood, CA and has lived in this area for 18 years. She came here via Ithaca, NY and Olympia, WA. She was raised by her father, an attorney and mother, an educator, along with her two sisters and brother. Her grandmother was one of the first women to receive a PhD from Columbia University and was the USC Dean of Education.

Lynda has a daughter who has pursued an occupation in the same field as herself and lives locally.

Lynda has an entrepreneurial spirit which has taken her through many different experiences which include being a restaurateur with her sisters, starting an on-line law school and the business she is currently involved in, Psynergy Programs. Her background in banking, beginning as a teller and working her way up to bank manager and auditor, have given her the experience to venture out and pursue her interests.

Her current business enterprise is Director of Government and Public Affairs at Psynergy Programs. Psynergy is a state-of-the-art residential treatment center located in the Bay Area dedicated to fostering a journey back to health for people with mental distress through a team of licensed therapists, farm-to-table meals, personalized exercise plans, and equine therapy utilizing Arabian horses. The majority of the clients at Psynergy are experiencing symptoms of schizophrenia and schizoaffective thought disorders. Diagnoses include bipolar disease with psychosis, severe depression, major depression and anxiety to the extent that the client must be hospitalized. Lynda is truly dedicated to making these persons transition back into life as comfortable as possible.

She also finds time to volunteer for the Santa Cruz NAMI affiliate as an Advisory Board Member, the California Assn. of Local Mental Health Boards and Commissions board member, and in 2018 was appointed to Santa Cruz County Mental Health Advisory Board by Supervisor John Leopold.

Nelson was born and raised in El Salvador. He had attended Catholic University in El Salvador and graduated with a degree in Industrial Engineering. He came to California with his previous wife and two children when he was granted a scholarship and attended Stanford, where he graduated with an MS in Information Systems and then USF with another MS degree in Computer Science. As he commented, he wanted to be a professional student until he found out how much he had to pay back in student loans!

He has two children who are also involved in the same field as their father, as well as two grandchildren ages 9 and 12. He has two brothers still living in El Salvador and a sister in Washington DC.

Nelson's work history is very impressive. He began his tech career at Survey Monkey writing the platform for which the company currently uses. He also worked for Intel, providing services in his profession.

Nelson's current position is with Prologistics Distribution as Director of Software Development. Prologistics offers high end "white glove" delivery services to the lower 48 states with the latest technology. When Nelson isn't creating software, he takes time to work out at our gym, play basketball or go cycling with Lynda. They also like to go wine tasting on their time off.

They met on Match.com and felt a great connection which is why they make such a great team.

Arroyo Association
Upcoming Events



August 3, Saturday, 5:00

Italian Night Dinner

Music: The Great Morgani

September 14, Saturday, 5:00

Pool & Grill Party

Music: Our Fabulous Pool Band

October 11, Friday, 5:00

T.G.I.F. Bar Night

November 16, Saturday, 5:00

Thanksgiving Dinner

December 2, Monday 10:00 am

Christmas Clubhouse Decorating

December 14, Saturday, 5:00

Holiday Party Extraordinaire

Music: Our Fabulous Pool Band



The Arroyo Association presents:

**Annual De Anza
Italian Night Dinner**
Featuring "The Great Morgani"

**Saturday, August 3
5:00pm Social, Dinner at 6:00pm
Sign up in the Clubhouse.**

Pay at the door.

Menu: Lasagna, Italian sausage, salad,
green beans, garlic bread, dessert.

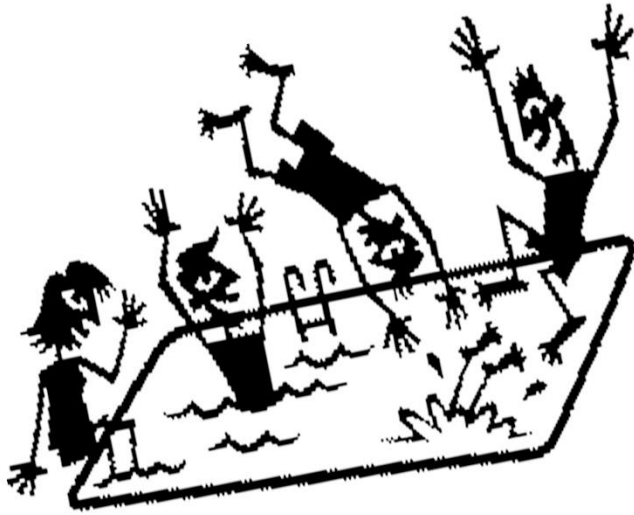
All for only \$10!

SPECIAL MUSICAL GUEST

The Great Morgani

Playing all your Italian favorites and taking
requests.





**Saturday
SEPT. 14
5 PM**

POOL Party & GRILL POTLUCK

**\$3 HOTDOG WITH CHIPS
BRING A SALAD OR DESSERT
TO SHARE**

**Live 60'S Groove
With the
POOL Party BAND**



De Anza Park News

- **Does anyone remember the camp host who is supposed to be residing across the street at Antonelli Pond?** Well, someone has been hired! A call to Carrie Thompson for an update was made since she is the person in charge of hiring for the position. She stated the new host is named Gary and he is an experienced State Park Camp Host. His duties are to monitor the area and keep it safe. Antonelli Pond is normally very safe, however, walking there in the evening will be much safer. She suggested for people to go over, say hi and welcome him to the neighborhood.
- With the summer months upon us, there has been a visible increase of traffic in and out of the park. Please remember to **drive the posted speed limit of 15 MPH** in the area, especially when people are walking with children or pets. Help to make De Anza a safe environment for pedestrians!
- **Anyone interested in participating in a Grandparent Co-op?** Many of us here in the park have grandchildren who visit at times and we personally know what a challenge that can be when we don't have items that the grandchildren need. After speaking with a few of the residents, the idea of sharing items (ie: high chair, stroller, toys, Pack 'n' Play, etc) was discussed. I will gladly get together a list of items and who they can be borrowed from if anyone would like to contribute to this cause. I will list the item, the person to contact and how to contact them. Remember, it does take a village, so let's help each other make their visit more enjoyable for all! CONTACT Lorraine Smith: raingar94@gmail.com or 831-600-8341
- **Recycling correctly!** Okay folks, apparently, we are still lacking in our recycling etiquette. Here are the suggestions Master Recycler, Glenn Smith for the City of Santa Cruz gave at his presentation:

ERROR #1: Recyclables should NOT be bagged. All items should be placed loosely into the recycle bin. Aside from preventing bagged recyclables from being sent to the landfill or costing us taxpayers to pay extra workers at the recycling center to un-bag and dump out all the bagged recyclables, correcting this error will also save money for us. We don't need to buy all those single-use plastic bags. Recyclables can be carried to the blue bin in a wastebasket or box or in a cloth or plastic bag that gets emptied into the blue bin and then re-used indefinitely. Try it, you'll like it.

ERROR #2. Nothing should be put in the blue bin with food on or in it. Cheesy, tomato-y pizza boxes were the most common offender. We may be reluctant to throw away a big pizza box just because of a bit of grease or cheese or tomato, but as Glenn pointed out, food on or in recyclables will cause an entire bin, or even an entire load, to be rejected and sent to the landfill. If only the top or only the bottom of a pizza box has food on it, we can rip it in half and put the clean half into the recycle bin and the food-y half into the garbage.

- **Gym Intimidation?** How many of those here in our community do not use the gym because of feeling uncomfortable or unsafe using the equipment? I was approached the other day with this question and asked if I could do an in-service to help someone with “gym hesitation”. I will gladly do a group in-service or individual instruction to help others get familiar with working out at the gym. I have been a physical therapist for 38 years and also certified as a fitness instructor. I had a business in the LA area for 9 years and my specialty is with sports related and orthopedic injuries. I will gladly help anyone get started to have less effort with your daily chores.

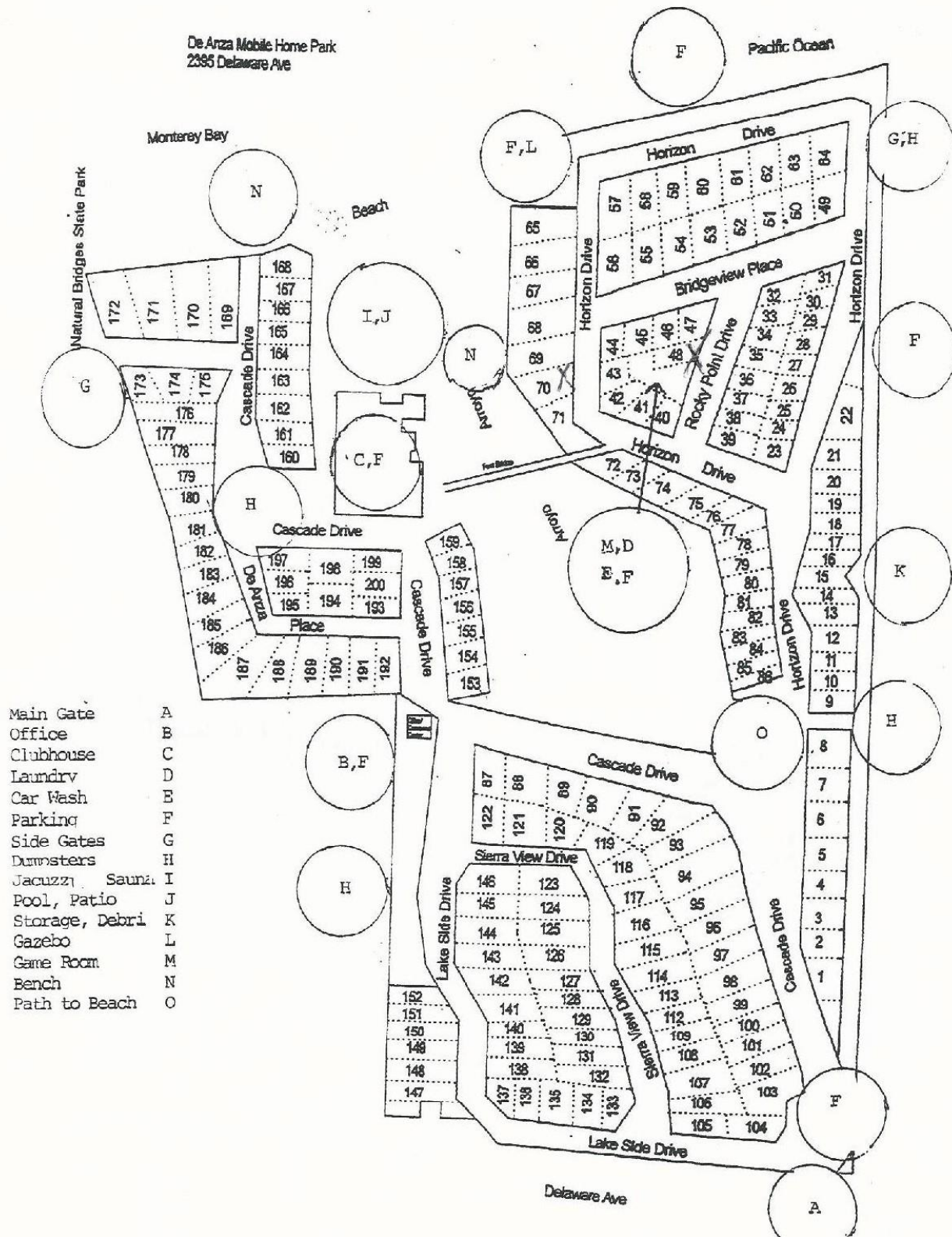
Contact Lorraine Smith: raingar94@gmail.com or 831-600-8341

SUMMER IS UPON US!!!!

Some rules to remember while having fun at De Anza:

- Pets (service dogs are ok) are NOT allowed in the pool area , so please do not put you dogs in the pool for a swim
- There is **NO** glass in the pool **or** BBQ area
- There is **NO** alcohol of ANY sort in the pool **or** BBQ area
- **NO** diapers of any kind in the pool (swimmers are ok)
- **NO** children under the age of 14 allowed in the spa
- For the safety of everyone including your pets, **please keep dogs on their leash at all times** while on De Anza property, this includes the Arroyo area
- **NO** skateboarding on De Anza property

MAP OF DE ANZA COMMUNITY



Contact Information for HOA and Arroyo Association Board

HOA Officers

Title	Name	Email Address	Phone Number
President	Merit Herman	merit.herman@gmail.com	925-200-4148
Vice President	Tom Louden	tomlouden1@gmail.com	740-815-2228
Secretary	Amelie Sinclair	anadem@yahoo.com	831-425-2807
Treasurer	Eugene Markowitz	Eugene285@gmail.com	831-535-2303

HOA Board of Directors

Title	Name	Email Address	Phone Number
Emergency Response	Gary Whitten	smogreyes@yahoo.com	831-600-7362
Policy & Procedures	Don Payne	donpayne09@gmail.com	831-419-0058
Communications	Position Open		
Park Concerns	Position Open		
GSMOL	Dave Allenbaugh	allenbaugh45@comcast.net	831-334-7178

Arroyo Association Officers

Title	Name	Email Address	Phone Number
President	Sandy Brunett	sjkids@pacbell.net	408-858-3065
Vice President	Barbara Cordes	korthelakis@gmail.com	831-359-6216
Secretary/Membership	Debbie Cameron	debbiedcameron@gmail.com	831-234-3160
Treasurer	Sandi Dutra	s_dutra@comcast.net	408-373-4164

Healthy Food Option Benefit

Information is also available at www.deanza-park.org

**LIVING HERE IS EXPENSIVE.
GETTING HEALTHY FOOD DOESN'T HAVE TO BE.**

What is CalFresh?
CalFresh is a supplemental nutrition assistance program that helps provide extra benefits for food every month.

You MAY qualify for CalFresh if you answer "yes" to all three questions:

- ⇒ Do you live in Santa Cruz county?
- ⇒ Is anyone in your household a US citizen or permanent resident?
- ⇒ Do you meet the gross monthly income limit?

Application Process is very simple!

- 1) Submit an application with us
- 2) Complete an interview with a benefits representative right away
- 3) Get approved for CalFresh the same day!




Monthly Income Limits & Benefit Allotments

Household Size	Gross Monthly Income	Benefits Awarded
1	\$2,204	up to \$192
2	\$2,744	up to \$353
3	\$3,464	up to \$505
4	\$4,184	up to \$642
5	\$4,904	up to \$762
6	\$5,624	up to \$914

(If you or a household member are elderly/disabled, your gross income limit will be higher.)

APPLY TODAY OR MAKE AN APPOINTMENT

Contact us at:
(831) 256-7730
www.thefoodbank.org/calfreshinterest
800 Ohlone Pkwy, Watsonville, CA 95076



Receiving SSI?
Apply for CalFresh starting June 1, 2019

If you qualify for CalFresh, you will receive an EBT card that helps provide additional groceries every month.

Medi-Cal Advantage

Household size	MAX benefit Amount
1	\$192
2	\$353
3	\$505
4	\$642
each additional member	\$128

Contact us at:
(831) 256-7730
www.thefoodbank.org/calfreshinterest
800 Ohlone Pkwy, Watsonville, CA 95076

NEED FOOD?
662-0991



Community Food Hotline
Monday-Friday • 8 a.m. to 4 p.m.
Second Harvest Food Bank Santa Cruz County
We also offer CalFresh application assistance.