DeAnza Santa Cruz Arroyo Bulletín 2022



Administrative Staff

Property Manager: Jennifer McClellan Assistant Manager: Iris Floodman Maintenance: Enrique Rios

Office Information: Phone: **831-423-8660**

Email: Jennifer_mcclellan@equitylifestyle.com

Office Hours: M - F 8 am - 12 pm Phone Hours: M - F 8 am - 4 pm

Non emergency Fire Dept: 831-420-5280 Non emergency Police Dept: 831-471-1131

Narcotics Task Force: 831-454-2320

Emergency: 911

Reporting a Live Mammal: 831-633-6298
Reporting a Dead Mammal: 831-212-1272
Marine Mammal Center: 415-289–7350

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June Greetings to everyone,

As I am sitting here typing, I am thinking, "didn't I just do this?" Between appointments, traveling, home stuff and taking care of our granddaughter I find that time runs away from me. How did I ever hold down a full time job?

Is productive time management something others deal with? I can spend lots of time doing absolutely nothing and then run around at the last minute getting things finished. Anyone else relate to that comment? My dad tells me this is the time we have earned for working hard, however, when does it become just plain being lazy? I was visiting my parents recently and asked him if some of the chores he was planning on doing last time I was there had been completed. He looked at me and said, "uh, nope, I've been too busy". When I pushed further, he laughed and said, "honestly, I'm too tired and forget." He also cares for my mom full time, who has Alzheimer's, so I cut him some slack.

This got me to thinking what's my excuse? My excuse is my feeling of satisfaction for doing a great job when I worked and putting everyone and everything before my needs. Sometimes it's okay to take down time to do what makes you happy. It could be reading a good book, watching a movie, engaging in an art or craft project, traveling or something else fun. The younger generations have taken this to a whole different level. They find it acceptable to do what makes "you feel better about you" time. Of course, there is always that fine line between being productive and taking advantage of that time and becoming complacent. Our generation is one of working hard, taking care of family and trying to have some time to take care of us. The "us" time was hard to do because of guilt and

"us" time was hard to do because of guilt and thinking we needed to be productive.

Think about what makes you happy first and then do what is necessary to get by without stressing yourself out. Enjoy your "you" time!

Happily retired,

Lorraine Smith

Copy Editor: Pat Chance

Arroyo Bulletin Editor and Webmaster: Lorraine Smith

Contributors: Christie Cochrell, Sandy Brunett, Jean-Marie Mott Tom McDannold, Winnie Mule', Bobbie/Ted Celeste, Julie DuClos

Delivery Volunteers: Carol Smith/Mary Brody, Kathy Caruso/Joann

Martin, Pat Chance, Gary/Lorraine Smith

Email: deanzanews@gmail.com

Resident Website: www.deanza-park.org

PARK INFORMATION

Facility Hours: 7 days/week (ask management about mask rules)					
Clubhouse	8 am - 10 pm				
Pool	8 am - 10 pm				
Fitness Center	8 am - 10 pm				
Game Room/Laundry Room	8 am - 10 pm				
Jacuzzi	8 am - 10 pm				
Sauna	8 am - 10 pm				

Rent Collection

Rents are due on the 1st of the month with a grace period until the 6th. Rents received on the 7th are considered LATE and will incur a \$25.00 late fee.

Payments can be made by check, money order, EFT or ELS portal at www.communityresport.com/els.

DO NOT PUT IN MAIL BOX. RENT CAN BE DROPPED OFF AT OFFICE M-F 8 am - 12 pm

Garbage Collections

Garbage: Pick-up for the park is on Mondays & Thursdays. Recycling: Pick-up is on Fridays. **Broken down cardboard belongs in these dumpsters, not in the waste can.**

Yard Waste: Large and loose yard waste must be taken to the large dumpster located in the maintenance area. Residents may bag up 2 bags of yard waste and place at their driveways for pick up on Mondays only. Loose yard waste will not be picked up.

Please dispose of items appropriately. No dumping allowed.

Clubhouse Reservations

The Clubhouse is available for residents' private events. Check with the office for date availability and to sign reservations forms.

Only one event scheduled per weekend.

Welcome Committee

If you are new to our community and would like information regarding DeAnza please contact:

Margo/Jerry Zanzinger: 831-423-1936 Joyce/Joe Guinta: 831-427-9751

Security Information

To report any suspicious activity in the park contact Allied First Alarm Security Systems 408-364-1110 or 800-400-1110

Call 911 in case of emergency

To report Nuisance Vehicle and Parking Violations Call: 831-420-5863





Photo Credit: Lorraine Smith

DeAnza HOA Officers

President: Eugene Markowitz Vice President: Tom Louden Secretary: Jerry Zanzinger Treasurer: Sandi Dutra

Board of Directors

Emergency Response: Gary Whitten Policy & Procedures: Don Payne Communications: Lorraine Smith

Park Concerns: Pending GSMOL: Dave Allenbaugh

Email: deanzasantacruzhoa@gmail.com

The HOA meets every other month to discuss issues of concern to residents. Membership is open to ALL residents. Dues are \$10/space/year.

Meeting dates will be announced via email, Bulletin calendar, website, notice boards or telephone.

Arroyo Association:

President: Sandy Brunett
Secretary: Debbie Cameron
Treasurer: Sandi Dutra

Advisory Board: Linda Raffel, Melisa Mulcahy, Jean-Marie Mott, Barbara Cordes, Liz McDannold, Lorraine Smith, Julie DuClos, Lynette Adelson, Heidi Armstrong, Debbie Loveland, Winnie Mule', Marguerite Collins, Beth Goldfadden,

Email: deanzaarroyo@gmail.com

Arroyo Association plans and organizes park social events. Membership is open to all residents and is \$10/person/year. Meeting schedule is posted in the Bulletin calendar and on the website.



JUNE								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
**PLEASE REMEMBER TO CONTACT THE EDITOR @ <u>deanzanews@gmail.com</u> WITH ANY CHANGES IN DATES, TIMES OR REMOVAL OF COMMUNITY ACTIVITIES. ACTIVITIES SCHEDULE HAS BEEN UPDATED. PLEASE CONTACT ME IF YOU WANT AN ACTIVITY PUT ON THE CALENDAR.								
			1 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	2	3 Coffee & Donuts 8—10 am Water Aerobics 9-10 am Bridge 1-5 pm Arroyo Set—up	4		
5	6 Water Aerobics 9-10 am Bridge 1-3:30 pm	7 Morning Mingle 10—11 am Card/Game Club 1-4 pm	8 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	9	10 Coffee & Donuts 8—10 am Water Aerobics 9-10 am Bridge 1-5 pm	11		
12	13 Water Aerobics 9-10 am Bridge 1-3:30 pm	Morning Mingle 10—11 am Card/Game Club 1-4 pm	15 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	16	17 Coffee & Donuts 8—10 am Water Aerobics 9-10 am Bridge 1-5 pm TGIF 5-7 PM	18		
19 Shappy FATHERS Shappy Shapp	20 Water Aerobics 9-10 am Bridge 1-3:30 pm	21 Morning Mingle 10—11 am Card/Game Club 1-4 pm	22 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	23	24 Coffee & Donuts 8—10 am Water Aerobics 9-10 am Bridge 1-5 pm Private Event	25 Private Event		
26 Private Event	27 Water Aerobics 9-10 am Bridge 1-3:30 pm	28 Morning Mingle 10—11 am Card/Game Club 1-4 pm	29 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	30				





MORNING MINGLE Meet and greet your neighbors on Tuesdays from 10 am - 11 am in the Clubhouse.



COFFEE AND DONUTS Visit with your neighbors in the Clubhouse on Fridays, from 8 - 10 am. Grey Bears grocery delivery arrives around 9 am, and the group tends to thin out afterwards, as people leave to take their groceries home.



<u>BRIDGE</u> is played in the Clubhouse on Mondays and Fridays. These are two different groups. To join the Friday group, contact Ellie by texting her at 408-779-2451. Show up at the clubhouse for the Monday group.



<u>GAME DAY</u> meets in the Clubhouse from 1 pm-4 pm on Tuesdays.

The group usually plays Rummy for the first half of the period and Mexican Trains (a dominos game) for the second half.

Show up during game times for information.



<u>WATER AEROBICS</u> meets Monday-Wednesday-Friday from 9 am-10 am. This is a low impact activity and is suitable for both swimmers and non-swimmers.

Contact Alyce Amor amorp139@aol.com with any questions.



<u>YOGA</u> meets on Mondays and Wednesdays at 10:15 am—12 pm in the Clubhouse. Teacher Mitra Treadwell leads a class of invigorating yoga. Mitra has been practicing yoga for 50 years and teaching yoga for 43 years.

Contact Mitra Treadwell mitrayoga@yahoo.com with any questions.

If anyone would like to lead an activity in the clubhouse and are looking for participants, please contact me and I will advertise it on this page.

deanzanews@gmail.com



One of my favorite things about doing the newsletter is interviewing or reading the stories of people who have moved into our community. Our newer residents this month are Bobbie and Ted Celeste in Space 73. They have lived in De Anza since September 2021.

Bobbie and Ted hail from Ohio where they lived the majority of their lives together, with a few changes in locale during a stint in the Peace Corp., where they lived for almost two years in Fiji, teaching 3rd and 4th graders.

Bobbie attended Wooster College with Ted, where they met and became involved in the civil rights and peace movements. She received her MA from Ohio State and assessed and counseled individuals in the ministry. During this time she loved her role as a mom and volunteered in the political arena with Ted. When Bobbie turned 50 she completed a life goal of receiving her PhD in psychology and worked as a licensed psychologist specializing in work with women. Also, combining her political and psychological expertise, she was the Director of Professional Affairs for the Ohio Psychological Association. In retirement, she developed a program called Women's Political Leadership Circles which supports women candidates for political office.

Ted grew up in a political family. His father was the mayor of Lakewood, a suburb near Cleveland and held that office for most of Ted's primary and high school years.

Ted worked as a real estate agent/broker and owned a business, Celeste & Associates. He also continued with the family tradition of being in politics and served in the Ohio House of Representatives. He also ran Jimmy Carter's Ohio Primary campaign when he ran for President and his brother's campaign for Governor. He is a huge Ohio State University fan and served a nine year term on the OSU Board of Trustees as a member and chairman. Before retiring, Ted founded a program for state legislators around the country that featured a workshop, Building Trust through Civil Discourse.

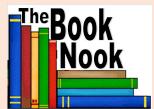
Bobbie and Ted moved to our great community to be near their daughters and their families. They are grandparents to 3 grandsons. They also love living near the ocean, where Ted can pursue his fascination and love of dolphins. He is currently attending a Marine Mammal Naturalist program sponsored by the California Ocean Alliance.

They enjoy living in our fine community because of the nature experiences, ocean and pond views and meeting all the friendly residents in our park.



Gifts in and from the Garden

Recommendations by Christie Cochrell



Andrea Wulf, The Brother Gardeners: Botany, Empire, and the Birth of an Obsession (nonfiction)

"Bringing to life the science and adventure of eighteenth-century plant collecting, The Brother Gardeners is the story of how six men created the modern garden and changed the horticultural world in the process. It is a story of a garden revolution that began in America." - "Wulf's flair for storytelling is combined with scholarship, brio, and a charmingly airy style. . . . A delightful book—and you don't need to be a gardener to enjoy it." (The New York Times Book Review)

Merlin Sheldrake, Entangled Life: How Fungi Make Our Worlds, Change Our Minds & Shape Our Futures (nonfiction)

"A mind-bending journey into the hidden universe of fungi, 'one of those rare books that can truly change the way you see the world around you." (Helen Macdonald, author of H Is for Hawk). - "In Entangled Life, the brilliant young biologist Merlin Sheldrake shows us the world from a fungal point of view, providing an exhilarating change of perspective. Sheldrake's vivid exploration takes us from yeast to psychedelics, to the fungi that range for miles underground and are the largest organisms on the planet, to those that link plants together in complex networks known as the 'Wood Wide Web,' to those that infiltrate and manipulate insect bodies with devastating precision. Fungi throw our concepts of individuality and even intelligence into question. They are metabolic masters, earth makers, and key players in most of life's processes. They can change our minds, heal our bodies, and even help us remediate environmental disaster. By examining fungi on their own terms, Sheldrake reveals how these extraordinary organisms—and our relationships with them—are changing our understanding of how life works."

David Mas Masumoto, Epitaph for a Peach: Four Seasons on My Family Farm (memoir, with line drawings)

"A lyrical, sensuous and thoroughly engrossing memoir of one critical year in the life of an organic peach farmer, Epitaph for a Peach is 'a delightful narrative . . . with poetic flair and a sense of humor.'" (Library Journal) - ". . . somehow, thanks largely to the quiet eloquence of his writing, we know our own destiny is somehow wrapped up in the future of those peaches, too."

David Mas Masumoto, Marcy Masumoto, and Nikiko Masumoto, The Perfect Peach: Recipes and Stories from the Masumoto Family Farm (cookbook)

"A cookbook showcasing the luscious flavor of peaches in 50 sweet and savory dishes, drawing on the life stories and experiences of America's foremost peach farming family, the Masumotos of California's central valley."

Richard Goodman, French Dirt: The Story of a Garden in the South of France (memoir)

"French Dirt is a love story between a man and his garden. It's about plowing, planting, watering, and tending. It's about cabbage, tomatoes, parsley, and eggplant. Most of all, it's about the growing friendship between an American outsider and a close-knit community of French farmers." - "There's a genuine sweetness about the way the cucumbers and tomatoes bridge the divide of nationality." (The New York Times Book Review)

Deborah Madison, Vegetable Literacy: Cooking and Gardening with Twelve Families from the Edible Plant Kingdom, with over 300 Deliciously Simple Recipes

"America's leading authority on vegetarian cooking and author of Vegetarian Cooking for Everyone reveals the surprising relationships between vegetables, edible flowers, and herbs within the same botanical families, and how understanding these connections can help home cooks see everyday vegetables in new light. . . . For example, knowing that dill, chervil, cumin, parsley, coriander, anise, lovage, and caraway come from the umbellifer family makes it clear why they're such good matches for carrots, also a member of that family."

Martin Hakubai Mosko, The Sound of Cherry Blossoms: Zen Lessons from the Garden on Contemplative Design (garden design, spirituality)

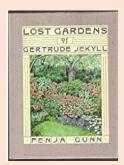
"Part garden design philosophy and part Zen Buddhism, this book eloquently shows us how the principles of garden design are the same guidelines we can follow to design our life. Intentional living is the subject of design. When we approach our work in the garden, or in our life, through the practice of contemplative design, we can elevate the whole; we can unite the spiritual with the ordinary; we can join heaven and earth."

Fenja Gunn, Lost Gardens of Gertrude Jekyll (garden design, illustrated)

"Blueprints and garden designs from a world-renowned garden master are illuminated by watercolor illustrations and combined with extracts from Jekyll's letters and books to enable today's gardener to recreate Jekyll's favorite textural and color schemes."

Celia Thaxter, An Island Garden (memoir, illustrated by Childe Hassam)

"This book by 19th century American poet Celia Thaxter, daughter of a lighthouse keeper, and friend of many literary and artistic notables, provides a loving description of her garden at the family Appledore Island resort in the Isles of Shoals, on the New England coast. The flowers she grew in her cutting garden filled her own rooms and those of the hotel, and this work became famous for its descriptions of the old-fashioned flowers she grew there."



Marta McDowell, Beatrix Potter's Gardening Life: The Plants and Places That Inspired the Classic Children's Tales

"There aren't many books more beloved than The Tale of Peter Rabbit, and even fewer authors as iconic as Beatrix Potter. Her characters—Peter Rabbit, Jemima Puddle Duck, and all the rest—exist in a charmed world filled with flowers and gardens. In this biography, bestselling author Marta McDowell explores the origins of Beatrix Potter's love of gardening and plants and shows how this passion came to be reflected in her work."

Philippa Gregory, Earthly Joys (historical novel)

"John Tradescant's fame and skill as a gardener are unsurpassed in seventeenth-century England. . . . He is a traveller in a time of discovery, and the greatest gardening pioneer of his day. Yet John Tradescant is a man of humble birth, trusted by the kingdom's greatest leaders: politicians, aristocrats, even royalty. Surrounded by luxury and intrigue, Tradescant gives all his attention to his magnificent gardens, in the midst of a society on the brink of upheaval."

E.L. Swann, Night Gardening (novel)

"Within the shadows of night, in a grand old city, in a graceful neighborhood, there was a garden where lives would be changed and hopes renewed and two hearts forever restored. Set in Cambridge, Massachusetts, Night Gardening is an enchanting journey into a real and metaphorical garden. It is a story of love and healing that celebrates passion in all its forms in such a way that it will touch your heart and linger at the edge of your dreams."



Sarah Addison Allen, Garden Spells (novel)

"This luminous debut novel tells the story of an enchanted tree, and the extraordinary people who tend it. The Waverleys have always been a curious family, endowed with peculiar gifts that make them outsiders even in their hometown of Bascom, North Carolina. Even their garden has a reputation, famous for its feisty apple tree that bears prophetic fruit, and its edible flowers, imbued with special powers. Generations of Waverley's tended this garden. Their history was in the soil—as are their futures."

Bonnie Thomas Abbott, Radical Prunings: A Novel of Officious Advice from the Contessa of Compost (novel)

"This novel isn't beach reading, it's lounging-in-the-garden reading: light-hearted and hilarious." - "Miss Mertensia is a cantankerous gardening advice columnist who must cope with her celebrity gardener ex-husband, her weird next-door neighbor who writes in anonymously, her ne'er-do-well brother, and of course, the idiots who keep pestering her about lawn care, despite Miss Mertensia's repeated rants on the loathesome subject."

Amanda Coplan, The Orchardist (novel)

"At the turn of the twentieth century, in a rural stretch of the Pacific Northwest, a reclusive orchardist, William Talmadge, tends to apples and apricots as if they were loved ones. A gentle man, he's found solace in the sweetness of the fruit he grows and the quiet, beating heart of the land he cultivates. One day, two teenage girls appear and steal his fruit at the market; they later return to the outskirts of his orchard to see the man who gave them no chase." - "A stunning accomplishment, hypnotic in its storytelling power, by turns lyrical and gritty, and filled with marvels." (NPR)

Alice Hoffman, The Red Garden (fiction)

"A transfixing glimpse into a small American town where a mysterious, magical garden holds the truth behind three hundred years of passion, dark secrets, loyalty, and redemption. . . . At the center of everyone's life, in this dreamy, fabulist series of connected stories, set in Blackwell, Massachusetts, is a mysterious garden where only red plants can grow, and where the truth can be found by those who dare to look."





WORK ORDER FOR MAINTENANCE

Welcome to the neighborhood to any new residents! When you need any work done on your property by ELS maintenance, AKA Enrique, please call the office so a work order can be generated by them. Yes, it's convenient to ask him in person, however, ELS needs to know how valuable he is to our community and this is the way they track the work tasks. Call **831-423-8660**

FREE STATE PARKS PASS



In partnership with the First Partner's Office and the California State Library, State Parks is providing free vehicle day-use entry to over 200 participating state park units operated by State Parks to library-card holders. The California State Library Parks Pass is valid for entry of one passenger vehicle with capacity of nine people or less or one highway licensed motorcycle.

For a list of the parks go to www.https://www.parks.ca.gov/?page_id=30806

A TURTLE CLUTCH OF OUR OWN

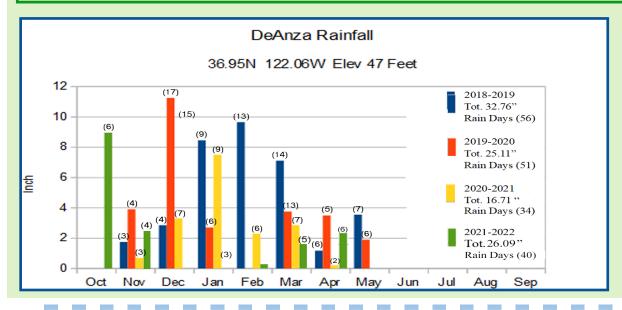


We have Western or Pacific Pond turtles in our pond. Recently a female laid eggs on the grass area by the clubhouse. Sexually mature females produce 5–13 eggs per clutch. They deposit eggs either once or twice a year. They may travel some distance from water for egg-laying, moving as much as 1/2 mile away from and up to 300 ft above the

nearest source of water, but most nests are within 300 ft of water. The female usually leaves the water in the evening and may wander far before selecting a nest site, often in an open area of sand or hardpan that is facing southwards. Females spend considerable time covering up the nest with soil and adjacent low vegetation, making it difficult for a person to find unless it has been disturbed by a predator.



PLEASE KEEP YOUR DOGS ON A LEASH NEAR THIS AREA.



Graph by Tom McDannold



LEARNING ABOUT OUR OCEAN FRIENDS

Our residents were invited to learn more about our oceanic neighbors in April. Two of our residents, Winnie Mule' and Dale Bieser, who volunteer at the *Marine Mammal Center*, along with another volunteer, Zee Zaballos, led the discussion. Yes, this is the same center that came and picked up our little stranded Elephant Seal, Hopper. Information about what to do if you come upon a stranded mammal or any mammal was discussed. **Yes, leave them alone even if you can see they are in distress and call the Marine Mammal Center.** The phone number is on page 1 of the Bulletin. Never approach any animal on the beach or try to "help" it because they may be taking a rest. If you approach a baby seal and the mother sees you from the ocean, she will desert the baby and it will probably perish.

The volunteers also provided pelts from different types of seals and otters, as well as materials about our ocean friends. It was a great lecture with lots of important information.











It's always great to hear a heartwarming story about people who are selfless with their time to do something good for the community. In April, five ladies from our community got together and wrote Mother's Day cards to women in Santa Cruz nursing homes and skilled

nursing facilities, after reading an article about

this in the Santa Cruz Sentinel.

They delivered 90 cards to the Social Service
Department and plan on doing this again for
Father's Day and holidays. A big thanks to
Julie DuClos, Lynette Adelson, Sandi Dutra,
Melisa Mulcahy and Sandy Cowles.

Your thoughtfulness and effort will make someone's holiday special.

If you would like to be included contact Julie at julieduclos55@gmail.com.





FREE Events to "Get Your Motor Running"

One of our residents, Jean-Marie Mott has put together some summer fun events for us.

Santa Cruz is known as a major music hub on the west coast. Thousands of professional musicians live here or retired here along with artists from every genre for any age. They have woven their talents into a web of musicians, new bands and venues. Feeling young enough to hear great music, go dancing or go to an outdoor movie? Listed below are Jean-Marie's findings.

Outdoor Concerts

Boardwalk Colonnade (limited seating) 8:30—10 pm

New location this year; no longer in the band shell

June 16: Extra Large (groove-oriented mélange of reggae, soul,

R&B, hip-hop, and funk)

June 23: Sang Matiz (Afro-Latin funk)

June 30: The Deadlies (Self professed "Surf Band")

The Midtown Summer Block Party

Come celebrate! Happening every Friday! Live Music – Food – Artists – Vendors

1111 Soquel Ave, Santa Cruz, CA 5:00 – 8:30 pm

June 3: Alex Lucero & The Live Again Band (Soul, Funk, Jazz, Blues)

June 10: The Beach Cowboys (Blues)

June 17: The Joint Chiefs Band (Funk, Acid Jazz and Classic R & B)

June 24: Ancestree Reggae (The name says it all)

Outdoor Movies

Boardwalk Colonnade (limited seating) Begins at 9:00

New location this year; no longer in the band shell

June 17: The Goonies
June 24: 50 First Dates

For info on J-M's Jams

Contact Jean-Marie: mariecom88@yahoo.com









Meet, greet, and/or create

June Happy Hour

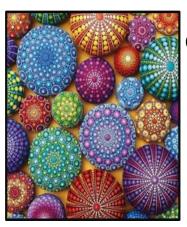
IN THE CLUBHOUSE

Friday, June 17, 5:00-7:00

\$3 Beer & Wine Bar

In the spirit of sustainability

PLEASE BRING YOUR OWN GLASS



Special Craft Table

Create a Mandala Rock with Julie DuClos

BRING A SMOOTH ROUND-ISH ROCK
TO CREATE YOUR MASTERPIECE

Dad Humor









