De Anza Santa Cruz Arroyo Bulletin

Administrative Staff

Property Manager Jennifer McClellan Assistant Manager Iris Floodman Maintenance Enrique Rios

General Office Information

Hours M-F 8am-12pm Phone (831) 423-8660

(Calls forwarded after 12 pm)

Email deanzasantacruz@equitylifestyle.com

Facility Hours: 7 days/week

Clubhouse 8am-10pm
Pool Area/Spa/Sauna 8am-10pm
Fitness Center 5am-11pm
Game Room/Laundry Room 8am-10pm

Rent Collection

Rents are due on the 1st of the month with a grace period until the 6th. Rents received on the 7th are considered LATE and will incur a \$25.00 late fee. Payments may be made in the office during business hours, in the mail slot if the office is closed, or mailed in. EFT is also available.

Garbage Collections

Garbage: Pick-up for the park is on Mondays &

Thursdays.

Recycling: Pick-up is on Fridays.

Yard Waste: Large and loose yard waste must be taken to the large dumpster located in the maintenance area. Residents may bag up 2 bags of yard waste and place at their driveways for pick up on Mondays only. Loose yard waste will not be picked up.

Please dispose of items appropriately. No dumping allowed.

Clubhouse Reservations

The Clubhouse is available for residents' private events. Check with the office for date availability and to sign reservations forms. Only one event scheduled per weekend.



Photo Credit: L. Smith

Arroyo Bulletin Editor: Lorraine Smith

Contributor(s): Sandy Brunett, Christie Cochrell, Barbara Cordes, Tom McDonnald, Pat Chance, Alain Decleve Residents website: www.deanza-park.org Contact email: deanzanews@gmail.com

Webmaster: Lorraine Smith

De Anza Arroyo Association

De Anza Arroyo Association plans and organizes park social events. Membership is open to all park residents. Dues are \$5/person/year. Board meetings are open to ALL residents. Meeting schedule will be posted in the Bulletin calendar.

Arroyo Officers

Past President: Susy Spano
President: Sandy Brunett
Secretary: Debbie Cameron
Treasurer: Sandi Dutra

Advisory Board: Joy Caragliano, Betty Loveland, Linda Raffel, Melisa Mulcahy, Aggie Malberg, Jean-Marie Mott, Dawn McConnachie, Barbara Cordes, Liz McDonnald

EMAIL: deanzaarroyo@gmail.com

De Anza Homeowners Association

The HOA meets every other month to discuss issues of concern to residents. Meetings are held the third Wednesday of the month at 7 pm. Membership is open to ALL park residents. Dues are \$10/unit/year.

HOA Officers

President: Merit Herman
Vice President: Tom Louden
Secretary: Amalie Sinclair
Treasurer: Eugene Markowitz

Board of Directors

Emergency Response: Gary Whitten
Policy and Procedures: Don Payne
Communications: Lorraine Smith
Park Concerns: Jim Cannon
GSMOL: Dave Allenbaugh
EMAIL: deanzasantacruzhoa@gmail.com

*Please Notify Editor of Calendar Changes/Additions Send email to deanzanews@gmail.com

January						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NOTE THERE HAVE BEE		ES TO THE CALEND	OAR FOR ACTIVIT	TES	
			1	2	 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm 	4
5	Water Aerobics 9-10 am Tai Chi 9-10 am Yoga 10 am-12 pm Bridge 1-3:30 pm	7 • Morning Mingle 10-11 am • Card/Game Club 1-4 pm	8 • Qigong 8-9 am • Water Aerobics 9-10 am • Yoga 10 am-12 pm • Mahjong 1-4:30 pm	• Light Pollution Discussion 7 - 10 pm	10 • Coffee & Donuts 8-10 am • Water Aerobics 9-10 am • Bridge 1-5 pm	11
12	 Water Aerobics 9-10 am Tai Chi 9-10 am Yoga 10 am-12 pm Bridge 1-3:30 pm Arroyo Planning for 2020 7 pm 	• Morning Mingle 10 - 11 am Card/Game Club 1-4 pm	15 • Qigong 8-9 am • Water Aerobics 9-10 am • Yoga 10 am-12 pm • Mahjong 1-4:30 pm	16	17 • Coffee & Donuts 8-10 am • Water Aerobics 9-10 am • Bridge 1-5 pm	18
19	• Water Aerobics 9-10 am • Tai Chi 9-10 am • Yoga 10 am-12 pm • Bridge 1-3:30 pm	• Morning Mingle 10 - 11 am • Card/Game Club 1-4 pm	• Qigong 8-9 am • Water Aerobics 9-10 am • Yoga 10 am-12 pm • Mahjong 1-4:30 pm	Private Event	 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm Arroyo Bar Night 5 pm 	25
26	• Water Aerobics 9-10 am • Tai Chi 9-10 am • Yoga 10 am-12 pm • Bridge 1-3:30 pm	• Morning Mingle 10 -11 am • Card/Game Club 1-4 pm	• Qigong 8-9 am • Water Aerobics 9-10 am • Yoga 10 am-12 pm • Mahjong 1-4:30 pm	30	31 • Coffee & Donuts 8-10 am • Water Aerobics 9-10 am • Bridge 1-5 pm	



BRIDGE is played in the Clubhouse on Mondays 1 - 3:30 pm and 1 - 5 pm on Fridays. These are two different groups. To join the Friday group, contact Ellie by texting her at 408-779-2451. Show up at the Clubhouse for the Monday group.

<u>COFFEE AND DONUTS</u> Visit with your neighbors in the Clubhouse on Fridays, from 8 - 10 am. Grey Bears grocery delivery arrives around 9 am, and the group tends to thin out afterwards, as people leave to take their groceries home.

GAME DAY meets in the Clubhouse from 1pm-4pm on Tuesdays. The group usually plays Rummy for the first half of the period and Mexican Trains (a dominos game) for the second half. Contact Cher with any questions....831-459-0473

<u>MAHJONG</u> is played at the Clubhouse on Wednesday from 1-4:30 pm. All levels are welcome, including beginners interested in learning to play. Contact Marge Shaw with any questions....(831)-423-8374

MORNING MINGLE Meet and greet your neighbors on Tuesdays from 10 am to 11 am in the Clubhouse.

QI GONG meets in the Clubhouse on Wednesday mornings from 8am-9am. Suitable for beginners and advanced. Teacher Nick Loffree leads simple Qi gong warmups, stretches, flowing movements, and meditations to get the day off to a relaxed but energized start. Contact Nick with any questions....nickloffree@gmail.com

<u>READING GROUP</u> meets in the Library at 1 pm on the 3rd Wednesday of each month. Both fiction and non-fiction are included. Contact Sandra Walker with any questions....walkmor@comcast.net

<u>TAI CHI</u> meets on Mondays at 9 am in the Clubhouse. Relax, stretch, and improve your balance. Suitable for beginners and advanced. Teacher Marge Shaw leads the class through a series of Tai Chi relaxing, but energizing movements and routines. Contact Marge Shaw with any questions...831-423-

<u>WATER AEROBICS</u> meets Monday-Wednesday-Friday from 9am-10am. This is a low impact activity and is suitable for both swimmers and non-swimmers. Contact Alyce Amor <u>amorp139@aol.com</u> with any questions.

YOGA meets on Mondays and Wednesdays at 10 am in the Clubhouse. Teacher Mitra Treadwell leads a 2-hour class of invigorating yoga. Mitra has been practicing yoga for 50 years and teaching yoga for 43 years. Contact Mitra Treadwell mitrayoga@yahoo.com with any questions.





deanzanews@gmail.com



Once again it has been noted we have some very interesting residents here in our community. This month we meet **Karola and Alain Decleve** in space 80. They moved into DeAnza approximately 2 years ago and are happy living in our beautiful environment. They share their home with Luka, a service dog who was born and trained by the US Army in Kuwait and Timmy, a sweet cat.

Both Karola and Alain come from interesting backgrounds. Karola is Finnish and lived in Menlo Park and Palo Alto, since the age of 4 ½ years when her parents and twin sisters relocated from Finland. She worked for Household Finance for a few months when she was 18, then worked at Stanford in gift processing. She next worked at National Chicle Company for a few years and eventually ended her working career at Stanford working as a secretary for the Statistics Department for 20 years.



Karola and Alain met in 1978 when he was her landlord and married in 1979. Karola had a meningioma



partially removed by surgery followed by Gamma rays therapy 20 years ago, which she states has made it hard for her to focus and she fatigues easily. She is however functional and lives a full life, "Happy to be here".

She and Alain have a daughter, Natalie, who is a successful fashion stylist and a freelance journalist in New York City. Alain has two children from his first marriage; Gael, who is a Doctor of Osteopathy at Dignity Health, here in Santa Cruz and Sandrine Dixson-Decleve, who is considered to be one of the world's most influential women driving the transformation toward a carbon-free economy. She is currently the co-president of the club of Rome-an international association of experts standing up for a sustainable future of humanity and all species.

Alain has quite the history since childhood. He was born in Brussels, a few months before the invasion of Belgium by the Germans in early 1940. After 18 days the Belgium army was defeated, and his father joined the Belgium Secret Army Resistance. Three years later he was given a mission that turned out to be a trap by the Gestapo. He was sent to successive concentration camps for 3 years and freed by the Americans in Dachau at the end of the war. During that time his mother thought Alain should become man of the house at age 3 since he was the oldest of three children. The war changed the events in his life so he had to grow up fast. But the sometimes terrifying sounds and lifestyle of war time were also mixed with the extreme warmth of family, friends and a faith in survival. When Alain's father returned, it was a hard time for the family since his father had experienced one of the cruelest times in history. Alain remembers him and his father both suffering from nightmares, causing him to feel scared, troubled and disoriented. Alain credits the 12 years of Boy Scouts and the classic Jesuit education with helping him form most of his horizons.

Alain worked as a photographer and musician to help pay for his education and graduated magna cum laude from the University of Louvain; followed by internships at the Louvain Cancer Institute specializing in Radiotherapy, virology and pathology. His interest was however starting to focus on causes of cancer as well as its treatments.

In 1968, Alain was awarded a fellowship by the World Health Organization to study anywhere in the world which led to his association with Henry Kaplan at Stanford . He became a postdoctoral fellow in the Department of Radiology at Stanford and was mentored by Kaplan. Alain led the team that found a way to test in vitro the Radiation Lymphoma Virus (RadLV), which is induced by radiation and causes thymus lymphoma in mice. This was quite a feat, since Alain did not speak much English upon arriving. However, he speaks three languages, so he was able to learn while doing his research in the lab.

When his visa expired he had to return to Belgium and became the director of the Electron Microscopy Lab at the Center for Nuclear Studies in Mol, Belgium, but that did not last long. During a scientific meeting in Amsterdam, Alain and Henry Kaplan, enjoying a ride on the canals, discussed his return to Kaplan's lab.

Back at Stanford in 1971 Alain started to develop with Henry Kaplan, the Cancer Biology Research Laboratory and eventually became deputy director of the laboratory in 1975 and adjunct professor of radiology in 1980.

In1980 the Asilomar Conference on Recombinant DNA led by Paul Berg from Stanford, which had been studying the potential biohazards and regulation of Biotechnology, enacted a mandatory halting of all recombinant research until such institutions appoint a Biosafety Director. They would be responsible for developing guidelines and implementing programs for the protection of scientists and the general public as a whole. Stanford was the first institution to initiate such a program and Decleve was appointed the first Biosafety director at Stanford .

Alain was the founder of the Environmental Safety Facility at Stanford, a model for developing programs for handling, storage and disposal of biological, cancer causing, and toxic materials. After those tumultuous challenges for ten years, Alain left Stanford and worked for Syntex, then Genentech for two years, and eventually becoming Senior VP of at Quintiles a Clinical Trial Management company in North Carolina.

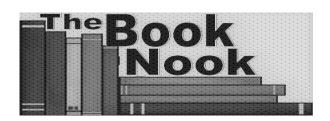
After Karola's operation Alain could no longer travel around the world as it had been for years and Karola could no longer take the heat and cold of the beautiful NC Research Triangle.

Returning to California Alain worked for a Pharmaceutical Company in La Jolla while Karola worked at the Hospice Resale Shop in Encinitas.

Alain and Karola lived in Prunedale for a few years prior to moving here. After Karola's health situation, they decided to enjoy a slower pace of life and live next to the ocean. Alain loves to garden and is also an accomplished film maker who has made numerous documentaries. Fun fact, he was a witness to the marriage of Prince Laurent of Belgium and Claire Coombs!



Please feel free to say hello to this interesting couple when you see them walking Luka around the park!



LOCAL AUTHORS—

Leslie Karst, Sally Solari Mysteries: Dying for a Taste, A Measure of Murder, Death al Fresco, Murder from Scratch

A mystery series set in Santa Cruz, with "a smart sleuth, layers of secrets, and delectable food descriptions" (Krista Davis, author)

Elizabeth McKenzie, The Portable Veblen

"An exuberant, one-of-a-kind novel about love and family, war and nature, new money and old values, set in and around Palo Alto."

Josie Iselin, The Curious World of Seaweed

"Iselin posits that we can learn not only about the seaweeds but also from them: their resilience, their resourcefulness, their poetry and magic." Wonderfully illustrated.

Eve Bunting: Thunder Horse, Someday a Tree, The Ghost Children, Whales Passing, Smoky Night, The Memory String, etc.

"Bunting's interest in just about everything, and her confidence in wanting to share her thoughts and experiences with children, has led to her incredible career as the creator of a wide variety of books";—more than 250!

Jonathan Franzen, The End of the End of the Earth (Essays)

"A sharp and provocative new essay collection from the award-winning author of Freedom and The Corrections. Calm, poignant, carefully argued, full of wit, The End of the End of the Earth provides a welcome breath of hope and reason.";

Karen Joy Fowler, Wit's End

"Karen Joy Fowler delivers top-notch storytelling—creating characters both oddball and endearing in a voice that is utterly and memorably her own—in this clever, playful novel about finally allowing oneself to grow up-with a dash of mystery thrown in."; This fun novel evokes eccentric Santa Cruz vividly.

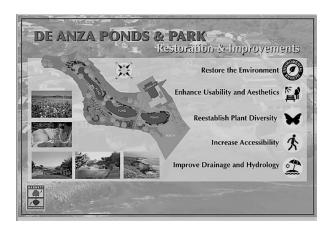
Graciela Trevisan, Cattail Stories

"A series of ironic, surreal stories told by a young narrator who marvels at female characters doing fantastical and creative things that challenge authority and preserve life in a small Argentinian town."; A charming small collection, with illustrations.

Community News

 Pond Project Presentation: Hello all! There was a presentation regarding the pond project at the last HOA meeting on November 20. At that time, Mike Sukel, Asset Mgr, Chris Cox, principal at Barnett Environmental and Landscaper/Project

Engineer and Bruce Barnett, PhD, owner of Barnett Environmental, were present to answer questions. Story boards were set up for everyone to see the phases of the project with detailed information on how they will be completed. Below are the posters, however, they will be difficult to read due to the size. The posters can be viewed in the clubhouse and on the website. www.deanza-park.org









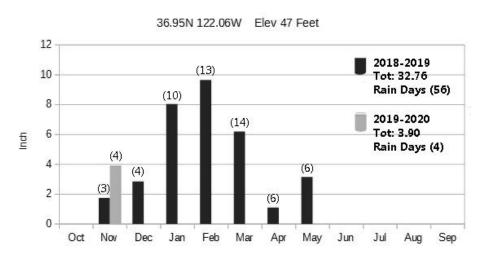






• **Rain Totals:** Once again our weatherman extraordinaire, Tom McDonnald, has provided information regarding our last serious rain totals.

DeAnza Rainfall



- A Big Thank You! Dear DeAnza Residents: Once again you have stepped up to provide lots of furry bears, bunnies and other stuffed animals for the children of the migrant camps. All of your donations are greatly appreciated and I love being the one to take them to their new forever homes with the children. Thank you so much for your kindness. Pat Chance #191
- Another dog and marijuana incident: One of our residents reported having to take their dog to ER because of ingesting a small amount of marijuana on the street, again. PLEASE be aware that what you leave on the street can be potentially dangerous to animals! This applies not only to domestic animals, but to the natural wildlife that resides in our community. It takes a second to pick up your waste and a few days to kill an animal! Inform visitors of their responsibility, as well. Make the smart choice!

A Meditation Circle with Pitaka

Every Monday? Or Sunday, 10 AM to 12

- Location... Scotts Valley
- email for location pitakaloversoftruth.net@gmail.com
- We meet to support the fulfillment from the inside out of all present.
- We sit for 30 min., take a break for discussion, tea and a Zen Poem, and then sit again
- Open to beginners and experienced meditators
- Offering support to form a daily practice if desired
- Support for the inner-sourced well-being of each individual and our community
- To learn about inquiry, self-healing and awakening
- Bring your own cushion if you have one for floor sitting or sit on chairs provided
- There is no cost, however donations are welcome.
- With a background in Zen studies and many contemplative traditions...
- See Pitaka's bio at www.loversoftruth.net

For those who do not know, Pitaka is new to our park and is offering her expertise to our community

Green Tips!

- 1. Repair leaky faucets and shower head.
- 2. Run dishwasher and laundry only when there is a full load.
- 3. Your computer goes to sleep but it is still sucking up energy. Turn it and the monitor off at the end of the day.
- 4. Use cloth napkins instead of paper.
- 5. Cancel the newspaper and read it online instead.
- 6. Contact **Synergy** for FREE replacement of shower heads and faucet aerators both of which reduce the amount of hot water you use, which saves on the natural gas used by your hot water heater. This program, officially called the Direct Install for Manufactured and Mobile Homes Program, offers a number of energy saving measure at no cost to the customer. Some are basic items like compact fluorescent lamps (CFL's), which generally provide the same amount of light as an incandescent lamp but using about ½ the amount of energy. **Call 800-818-4298**
- 7. For those who use disposable wipes...did you know those so called "disposable" wipes are not supposed to be flushed? Although most of us would assume that wet wipes disintegrate once we flush it down the toilet, the reality is that is almost never does. Unlike toilet paper that usually breaks apart in about 24 hours or so, wet wipes will remain virtually imperishable even when flushed down the bowl. Fatberg is a condition wherein the wet wipes combine with the fat, grease, and other dirt trapped in the pipes creating an iceberg-like formation. These formations create huge clogs in plumbing pipes and drains.

In one test, wet wipes were placed in a blender for 10 minutes. Would you believe that it remained almost intact even after being subjected to such procedure? What is the best way to dispose of wet wipes? **Throw it into the garbage bin!**

LIGHT POLLUTION: WHAT IS IT? CAN IT BE FIXED?

- a) Do you have trouble driving at night?
- b) Do you have difficulty choosing light bulbs now?
- c) Do outdoor lights make sleeping a challenge?



d) When is the last time you saw the Milky Way?

Come to a talk/discussion about "Light Pollution" to find out what it is and how we can fix it.

Contact Barbara Cordes for further information @ korthelakis@gmail.com

Thursday, January 9th, 7 pm at the Clubhouse

Community Services in Santa Cruz

SERVICE AGENCIES CABRILLO COLLEGE STROKE CENTER

6500 Soquel Dr., Aptos 95003

477-3300 • www.strokecenter.com

Provides a classroom-based approach to rehabilitation for adults with physical disabilities.

CALIFORNIA GREY BEARS

2710 Chanticleer Ave., Santa Cruz 95065

479-1055 • www.californiagreybears.org

Grassroots, nonprofit organization of senior citizens dedicated to the principle of self-help. Their brown bag food program distributes approximately 1.5 million pounds of food per year through countywide distribution sites. Call to participate in activities or receive food. You can also go to the Clubhouse on Friday mornings to obtain food.

DEAF AND HARD OF HEARING SERVICE CENTER

339 Pajaro St., Suite B, Salinas 93901

753-6540 • 753-6541 TTY • www.dhhsc.org

Programs for the deaf and hard of hearing include advocacy, outreach, interpreter referral services, peer counseling, telephone, employment and independent living assistance, and much more. Sliding scale fees.

EAR OF THE LION FOUNDATION

(800) 327-8077

Hearing aids and financial help for people with hearing loss who do not qualify for government aid for hearing aids or surgery.

MEALS ON WHEELS

1777 Capitola Rd., Santa Cruz 95062

464-3180 • www.communitybridges.org

(follow links to "Meals on Wheels")

Provides daily meals to homebound adults and to five senior dining centers throughout the county.

If anyone has information regarding senior or low income services, please contact me so we can share with our community deanzanews@gmail.com



YOUR ARROYO ASSOCIATION INVITES ALL RESIDENTS' INPUT FOR OUR

We're putting together our event calendar for 2020

Monday January 13, 7:00, in the clubhouse

WE WANT TO HEAR FROM THE COMMUNITY

EVERYONE IS INVITED! BRING YOUR OWN BEVERAGES!

Which events are "must do"? Which can rotate each year? What new events could be added? Should we have more small events? Only large events? More music events? Fewer music events?

Past events have included: Super Bowl Party, Western Wing Ding,
Pool Party, Fourth of July, Italian Night Dinner, Mother's Day Breakfast,
Father's Day Breakfast, TGIF Joke Night, Open Mic Night, Game Night,
Casino Night, Mardi Gras Party, St. Patrick's Day Dinner, Oscar Night,
Thanksgiving Dinner, Holiday Party, Halloween Party,
New Year's Brunch, Soup Luncheon, Cinco de Mayo, monthly Pot Luck Dinners.

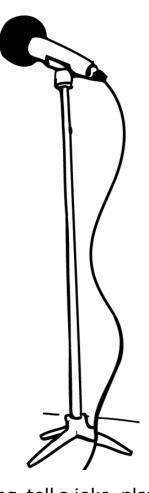
Bottom Line: We have a set budget and a small number of volunteers. We wish to use both wisely.

If you are unable to attend, please send your comments to deanzaarroyo@gmail.com

#Happy Holidays

Another successful Holiday Dinner! Thank you Arroyo Association!





TGIF Bar Night & Appetizer Potluck

Friday, January 24 at the Clubhouse

Where everybody knows your name"

(that's because we're all wearing name tags!)

Bar open 5:00-8:00

Open mic at 6:30

Sing a song, tell a joke, play a tune; let us entertain you, let us make you smile!





Take my wife....please...ba-dum-bum



Meeting Minutes Summary from November 20, 2019

HOA General Meeting 7pm November 20th

Summary

The meeting was attended by about twenty-five residents.

HOA Board members present

Merit Herman, Don Payne, Eugene Markowitz, Tom Louden, Lorraine Smith, Gary Whitten, Jim Cannon, Amalie Sinclair.

The minutes of the September 18th HOA General Meeting were approved.

Arroyo renovation

A key -note talk was provided by Barnett Environmental detailing the renovation and restoration of the Arroyo over the next few months. Presenters include Engineer Chris Cox, Company Founder and ecologist Bruce Barnett and Michael Sukel, Director of asset management at ELS.

The comprehensive presentation included a set of seven large posters illustrating the incremental stages of the Arroyo project. PFD file of the posters are available on the HOA website. A question and answer session was provided.

Topics covered include agencies involved and permitting process, environmental issues, elimination of invasive species, support for wildlife, pond renovation and beach access. Work has started on the west side of the Arroyo, along with renovation of retaining walls and soil stabilization. Once this is completed a similar process will be followed on the east side, some heavy equipment is being brought in, but noise levels should be minimal. The pond restoration will commence in January. It is expected that it will take up to two years to fully complete the extensive re -plantings of native species. Maintenance will be on a regular and ongoing basis, with regular annual environmental reports provided.

ELS management update

Jennifer Barratt Regional Manager requested that residents comply with the regulation regarding visiting children under the age of 14 who must be accompanied by a homeowner when using the park facilities.

Information was provided regarding owner site compliance, a first notice would provide a 10 day notification, to be followed by a subsequent request if the time frame is not met.

Management specifies that phones be picked up if staff is in the office, and forwarded to cell phone if staff is on afternoon walkabout.

Clubhouse and Pool

New lounge chairs have been installed. The Clubhouse flooring will be replaced (in all areas, except kitchen, bathrooms and library). Work will start in February. Stay tuned for updates.

Emergency Services

Gary Whitten, Director Emergency Response, mentioned that the vial of life (for storage of medical and other essential information) includes a magnetic clip to attach to the refrigerator. These will be ready for distribution to the residents in January. A display of emergency foods will also be provided. There will be a series of emergency instructions.

HOA Dues

Eugene Markowitz HOA Treasurer requested that HOA community submit their dues for 2020, of \$10. "You may leave a check in my mailbox at #94, I will provide a receipt.

My cell phone is 831-535 2303"

-Minutes taken by Amalie Sinclair, HOA secretary-

Next HOA meeting is scheduled for January 15 @ 7 pm