



DeAnza Santa Cruz Arroyo Bulletin

December

Administrative Staff

Property Manager: Jennifer McClellan

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Maintenance: Enrique Rios

Office Information:

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Office Hours: M - F 8 am - 12 pm

Phone Hours: M - F 8 am - 5 pm

When visiting the office please wear a mask.

Limit is 4 people with social distancing.

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Greetings All,

For us, this was the season of a holiday miracle! In November, I wrote an article of what an outsiders impression was of our community. Ironically, the same day the article was written, our aunt, who was the source, had a heart attack after a short 3 mile hike! We never saw that coming, believe me. She is in pretty good health at 85 and was the last person we thought this would happen to in our family. In case some people don't know, females have different symptoms than males. She was nauseous, clammy and had a slight complaint of chest pain. At first I considered heat stroke since it was hot that day, but since she's from Arizona and used to the heat, we thought nothing more about it. Her vital signs were normal which is odd and she was coherent. Because I'm a medical professional and not wanting to lose someone on my watch, I insisted she go to ER just to make sure she was fine to fly in two days. Surprise, she was in the middle of an active heart attack when we took her in! The doctor told her 3 more hours and she would have been gone! The moral of the story is do not ignore any signs of change in your health even though you may feel like it can be handled with lying down or thinking it is something else. She had stents put in and the doctor said because she is in great shape for her age, she can live another 15 years. We were so thankful she was here visiting because she lives alone. Gladly, she is now home and doing well. Enjoy the holiday and hope you have a miracle!



Best in Health and Holiday Spirit,

Lorraine Smith



Arroyo Bulletin Editor and Webmaster: Lorraine Smith

Contributors: Christie Cochrell, Pat Chance, Sandy Brunett, Barbara Cordes, Denise Burtis

Delivery Volunteers: Carol Smith, Kathy Caruso/Joann Martin, Pat Chance, Gary/Lorraine Smith

Email: deanzanews@gmail.com

PARK INFORMATION

Facility Hours: 7 days/week Hours change per COVID status (see below)

Clubhouse	8 am - 5pm
Pool	8 am - 5 pm
Fitness Center	8 am- 5 pm
Game Room/Laundry Room	8 am - 5pm Game rm closed

Rent Collection

Rents are due on the 1st of the month with a grace period until the 6th. Rents received on the 7th are considered LATE and will incur a \$25.00 late fee. Payments may be made in the office during business hours, in the mail slot if the office is closed, or mailed in. EFT is also available.

Garbage Collections

Garbage: Pick-up for the park is on Mondays & Thursdays.
Recycling: Pick-up is on Fridays.
Yard Waste: Large and loose yard waste must be taken to the large dumpster located in the maintenance area. Residents may bag up 2 bags of yard waste and place at their driveways for pick up on Mondays only. Loose yard waste will not be picked up.

***Please dispose of items appropriately.
No dumping allowed.***

Clubhouse Reservations

The Clubhouse is available for residents' private events. Check with the office for date availability and to sign reservations forms. **Clubhouse events not allowed**
Only one event scheduled per weekend.

Welcome Committee

If you are new to our community and would like information regarding DeAnza please contact:
Margo/Jerry Zanzinger: 831-423-1936
Joyce/Joe Guinta: 831-427-9751

AMENITIES AVAILABILITY ARE SUBJECT TO CHANGE DUE TO COVID RESTRICTIONS PER STATE MANDATE AND MANAGEMENT DECISION

CONTACT THE OFFICE FOR CURRENT STATUS OR SIGN UP AT THE OFFICE FOR WEEKLY EMAILS



Photo Credit: L. Smith

DeAnza HOA Officers

President: Eugene Markowitz
Vice President: Tom Loudon
Secretary: Amalie Sinclair
Treasurer: Sandi Dutra

Board of Directors

Emergency Response: Gary Whitten
Policy & Procedures: Don Payne
Communications: Lorraine Smith
Park Concerns: Jim Cannon
GSMOL: Dave Allenbaugh

**NO HOA DUES
FOR 2020**

Email: deanzasantacruzhoa@gmail.com

The HOA meets every other month to discuss issues of concern to residents. Meetings are on the third Wednesday of the month at 7 pm. Membership is open to ALL residents. Dues are \$10/space/year

Arroyo Association:

President: Sandy Brunett
Past President: Susy Spano
Secretary: Debbie Cameron
Treasurer: Sandi Dutra

Advisory Board: Joy Caragliano, Linda Raffel, Melisa Mulcahy, Aggie Malberg, Jean-Marie Mott, Dawn McConnachie, Barbara Cordes, Liz McDannold, Carol Smith






Email: deanzaarroyo@gmail.com

Arroyo Association plans and organizes park social events. Membership is open to all residents and is \$5/person/year. Meeting schedule is posted in the Bulletin calendar and on the website. Residents are welcome!

**NO ARROYO
ASSOC. DUES
FOR 2020**

CALENDAR

DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			2 Qigong 8-9 am Water Aerobics 9-10 am Yoga 10 am-12 pm Mahjong 1-4:30 pm	3 Meditation Class 10 am -12pm	4 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	5
				10 HAPPY HANUKKAH 	11 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	12
				17 Meditation Class 10 am -12pm	18 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	19
				24 	25 	26  KWANZAA
27		29 Morning Mingle 10 - 11 am Card/Game Club 1-4 pm	30 Qigong 8-9 am Water Aerobics 9-10 am Yoga 10 am-12 pm Mahjong 1-4:30 pm	31 		

AMENITIES SUBJECT TO CHANGE PER MANAGEMENT AND COVID RESTRICTIONS. CONTACT THE OFFICE WITH QUESTIONS ABOUT AVAILABILITY OF USE.



Activities pending
COVID 19
Restriction status



BRIDGE is played in the Clubhouse on Mondays 1 - 3:30 pm and 1 - 5 pm on Fridays. These are two different groups. To join the Friday group, contact Ellie by texting her at **408-779-2451**. Show up at the clubhouse for the Monday group.



READING GROUP meets in the Library at 1 pm on the 3rd Wednesday of each month. Both fiction and non-fiction are included. Contact Sandra Walker with any questions....**walkmor@comcast.net**



COFFEE AND DONUTS Visit with your neighbors in the Clubhouse on Fridays, from 8 - 10 am. Grey Bears grocery delivery arrives around 9 am, and the group tends to thin out afterwards, as people leave to take their groceries home



GAME DAY meets in the Clubhouse from 1pm-4pm on Tuesdays. The group usually plays Rummy for the first half of the period and Mexican Trains (a dominos game) for the second half.



TAI CHI EXERCISES

TAI CHI meets on Mondays at 9 am in the Clubhouse. Relax, stretch, and improve

your balance. Suitable for beginners and advanced. Teacher Marge Shaw leads the class through a series of Tai Chi relaxing, but energizing movements and routines. Contact Marge Shaw with any questions...**831-423-8374**



MAHJONG is played at the Clubhouse on Wednesday from 1 – 4:30 pm. All levels are welcome, including beginners interested in learning to play. Contact Marge Shaw with any questions....**(831)-423-8374**

Want to exercise, meet new people, and have fun? Join the Morning Swim Aerobics class on Monday, Wednesday and Friday at 9AM every week at the DeAnza pool. The class is free and Low Impact! The water is warm (84 degrees) and it's a great way to start the day! All that is needed are a set of barbells to get started, which can be purchased on Amazon.



MEDITATION CLASS on Thursday 10 am – 12 pm with Pitaka. Contact her at **pitaklovesoftruth.net@gmail.com**



WATER AEROBICS meets Monday-Wednesday-Friday from 9am-10am. This is a low impact activity and is suitable for both swimmers

and non-swimmers. Contact Alyce Amor **amorp139@aol.com** with any questions.



MORNING MINGLE Meet and greet your neighbors on Tuesdays from 10 am to 11 am in the Clubhouse.



QI GONG meets in the Clubhouse on Wednesday mornings from 8am-9am. Suitable for beginners and advanced. Teacher Nick Loffree leads simple Qi gong warmups, stretches, flowing movements, and meditations to get



YOGA meets on Mondays and Wednesdays at 10 am in the Clubhouse. Teacher Mitra Treadwell leads a 2-hour class of invigorating yoga. Mitra has been practicing yoga for 50

the day off to a relaxed but energized start. Contact Nick with any questions....**nickloffree@gmail.com**

years and teaching yoga for 43 years. Contact Mitra Treadwell **mitrayoga@yahoo.com** with any questions.



This month we are welcoming Denise Burtis, space 46 and mother of Ace and Tilly. She is “D” to some and Captain or “Cap” to others. Denise is a retired fire captain from Contra Costa county. Her career in the fire department started 26 years ago when she began as a firefighter and then studied to be an engineer and drive the fire truck. That part of her stint was 6 years. After more extensive studies, she became a Fire Captain/paramedic for 15 years before retiring from one of the busiest stations in downtown Concord.

Denise said her humble life begin when she was born in San Mateo and then raised in eastside San Jose, where she lived with her single mom and three brothers. She attended Silver Creek High School where she excelled in sports and received a full scholarship in basketball from a Southern California university.

At one time of her life she lived in Las Vegas and worked as a blackjack dealer and transitioned into working for a friend as a carpenter for 5 years. She eventually decided to become a firefighter. Denise retired from the Fire Department while living in Danville and decided she wanted to live closer to the coast and bought a place in the Soquel hills.

One beautiful day she was enjoying riding her Harley in the hills when she went around a curve and another car was in her lane coming straight at her. The other car overcorrected and threw her 51 feet across the pavement and lacerated her left leg. An “angel” came to her aid and had the presence of mind to put a tourniquet above the artery to lessen the loss of blood. She was in surgery for 10 hours to remove and save the remaining part of her leg. Along with the amputation, she also suffered from a fractured pelvis. She had physical therapy for approximately 5 months while in the hospital. She eventually had her left hip replaced and got sepsis along the surgical line during that period. After 7 months of healing, she had to overcome another obstacle by having a right total knee replacement. She currently has a state-of-the-art prosthesis that looks like it’s from the future.

In spite of all this, Denise has maintained her competitive spirit and enjoys weightlifting, ocean kayaking, swimming and even has a custom bike prosthesis that she uses for cycling. A few months ago she went to Mexico and did snorkeling for the first since her accident. She said it has always been one of her favorite things to do. The Spinner dolphins that frequent the area captivated her interest and were the highlight of her trip.

Denise shares her home with her furry kids, Ace, a 16 year old Australian Shepherd that she has had since he was 3 months old and her Maine Coon Tabby, Tilly, who is 18 years old.



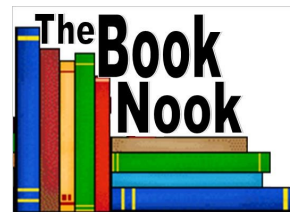
Denise said she visited DeAnza numerous times with her friend before making the commitment to live here and is glad she did. Her good friend had told her moving here was a “no brainer”. She especially enjoys the proximity to the ocean, the pool/jacuzzi and BBQ areas. She says her wonderful “street” neighbors, have made her feel welcome. She describes living here as feeling humbled, appreciative and grateful.

Feel free to stop and have an animated conversation with this accomplished wonderful woman!



HOLIDAY MERRIMENT AND CHRISTMAS LIGHT

— — — *Suggestions by Christie Cochrell*



John Julius Norwich, *The Twelve Days of Christmas* (Illustrated by Quentin Blake)

"A record of the daily thank-you letters from an increasingly bemused young lady to her unseen admirer: from gracious gratitude for the partridge through distress to a threatening solicitor's letter as a bacchanalia of pipers, scantily-clad dancers, and an orchestra create mayhem outside her door." Hilarious!

Kay Thompson, *Eloise at Christmastime* (illustrated by Hilary Knight)

"In typical Eloise fashion, the verse simply *can't* be perfectly metered, for what would be the point? She rushes around New York's Plaza Hotel on Christmas Eve, jingling, spreading Christmas cheer, tying tassels on the thermostats, and writing 'Merry Christmas' on all the walls."

Ian Falconer, *Olivia Helps with Christmas*

"Everyone's favorite piglet helps to make the holiday season brighter than ever, in this lovingly-told and lavishly-illustrated children's classic."

J.R.R. Tolkien, *Letters from Father Christmas* (illustrated)

"Every December an envelope bearing a stamp from the North Pole would arrive for J.R.R. Tolkien's children. Inside would be a letter in a strange, spidery handwriting and a beautiful colored drawing or painting. The letters were from Father Christmas. No reader, young or old, can fail to be charmed by Tolkien's inventiveness in this classic holiday treat."

Dylan Thomas, *A Child's Christmas in Wales*

"All the Christmases roll down toward the two-tongued sea, like a cold and headlong moon bundling down the sky that was our street; and they stop at the rim of the ice-edged fish-freezing waves, and I plunge my hands in the snow and bring out whatever I can find."

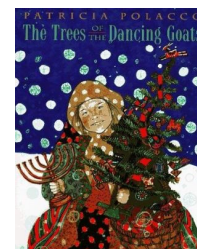
"In rich, humorous, magical prose, poet Dylan Thomas recalls the church-going, the tree-trimming, the food, the carols and games of his childhood Christmases."

Betty Collier-Thomas, *A Treasury of African American Christmas Stories*

"These enchanting Christmas tales are part of the black literary tradition that flourished after the Civil War. Written by African-American journalists, activists, and writers from the late 19th century to the modern civil rights movement, this landmark collection celebrates a rich storytelling tradition and will be cherished by readers for years to come."

Maya Angelou, *Celebrations: Rituals of Peace and Prayer*

"More than a writer, Angelou is a chronicler of history, an advocate for peace, as well as a patriot, a mentor, and a friend. To be shared and cherished, the wisdom and poetry of Maya Angelou proves there is always cause for celebration."



Patricia Polacco, *The Trees of the Dancing Goats*

"During a scarlet fever epidemic one winter in Michigan, a Jewish family helps make Christmas special for their sick neighbors by making their own Hanukkah miracle. Based on a memory from the author's childhood."

N. Scott Momaday, *Circle of Wonder: A Native American Christmas Story*

"Drawing on childhood memories of Christmas in a New Mexican village, Momaday produces a poetic story that skillfully blends Christian and Native American traditions."

Giovanni Boccaccio, et al., *A Very Italian Christmas: The Greatest Italian Holiday Stories of All Time*

"These literary gems are filled with ancient churches, trains whistling through the countryside, steaming tureens, plates piled high with pasta, High Mass, dashed hopes, golden crucifixes, flowing wine, shimmering gifts and plenty of style. Like everything the Italians do, this is Christmas with its very own verve and flair, the perfect literary complement to a Buon Natale italiano."

David Sedaris, *Holidays on Ice*

"Along with such favorites as the diaries of a Macy's elf and the annals of two very competitive families, are Sedaris's tales of tardy trick-or-treaters ('Us and Them'); the difficulties of explaining the Easter Bunny to the French ('Jesus Shaves'); what to do when you've been locked out in a snowstorm ('Let It Snow'); the puzzling Christmas traditions of other nations ('Six to Eight Black Men'); what Halloween at the medical examiner's looks like ('The Monster Mash'); and a barnyard secret Santa scheme gone awry ('Cow and Turkey')."

Garrison Keillor, *A Christmas Blizzard*

"A wealthy and depressed man bound for Christmas in the tropics is abruptly summoned home to North Dakota to visit an ailing aunt, arriving just in time to be trapped there by a blizzard. The electricity goes out, and when it does, figures from his childhood appear, and historical figures too, for a festive candlelit holiday."

Samantha Silva, Mr. Dickens and His Carol

"A charming, comic, and ultimately poignant story about the creation of the most famous Christmas tale ever written. It's as foggy and haunted and redemptive as the original; it's all heart, and I read it in a couple of ebullient, Christmassy gulps."

—Anthony Doerr, #1 *New York Times* bestselling author of *All The Light We Cannot See*

Christopher Moore, The Stupidest Angel: A Heartwarming Tale of Christmas Terror

"The Archangel Raziel come to Earth seeking a small child with a wish that needs granting. Unfortunately, our angel's not sporting the brightest halo in the bunch, and before you can say 'Kris Kringle,' he's botched his sacred mission and sent the residents of Pine Cove headlong into Christmas chaos, culminating in the most hilarious and horrifying holiday party the town has ever seen."



John Grisham, Skipping Christmas

"Imagine a year without the chaos and frenzy that has become part of our holiday tradition—this is just what Luther and Nora Krank have in mind when they plan to skip Christmas and embark on a Caribbean cruise instead. But as this weary couple is about to discover—it's not as easy as that."

Francesca Hornak, Seven Days of Us

"It's Christmas, in this 'sharply funny' novel, and for the first time in years the entire Birch family will be under one roof. Even Emma and Andrew's elder daughter—who is usually off saving the world—will be joining them at Weyfield Hall. But Olivia, a doctor, is only coming home because she has to. She's just returned from treating an epidemic abroad and has been told she must stay in quarantine for a week...and so too should her family."

Wally Lamb, Wishin' & Hopin'

"In Wally Lamb's pitch perfect new novel, it's 1964. LBJ and Lady Bird are in the White House, *Meet the Beatles* is on everyone's turntable, and ten-year-old Felix Funicello (distant cousin of the iconic Annette!) is doing his best to navigate fifth grade: easier said than done when scary movies still give you nightmares and you bear a striking resemblance to a certain adorable cartoon boy. But there are several things young Felix can depend on: the birds and bees are puzzling, television is magical, and this is one Christmas he's never going to forget."

Jenny Colgan, Christmas on the Island

"From the *New York Times* bestselling author of *The Café by the Sea*—whose novels are "an evocative, sweet treat" (Jojo Moyes)—comes this heartwarming holiday novel set on a charming Scottish island. Travel to the beautiful northern edge of the world and join the welcoming community of Mure for a Highland Christmas you'll never forget! And warm up your kitchen with bonus recipes for the Little Beach Street Bakery's seasonal shortbread, Lanark Blue Scones, and Black Buns."



Gregory Maguire, Hiddensee: A Tale of the Once and Future Nutcracker

"Having brought his legions of devoted readers to Oz in *Wicked* and to Wonderland in *After Alice*, Maguire now takes us to the realms of the Brothers Grimm and E. T. A. Hoffmann-- the enchanted Black Forest of Bavaria and the salons of Munich. *Hiddensee* imagines the backstory of the Nutcracker, revealing how this entrancing creature came to be carved and how he guided an ailing girl named Klara through a dreamy paradise on a Christmas Eve."

The Usual Santas: A Collection of Soho Crime Christmas Capers

"Finally: the perfect stocking stuffer for the crime fiction lover in your life! With a foreword by CWA Diamond Award-winner Peter Lovesey, these eighteen delightful holiday stories by your favorite Soho Crime authors contain laughs, murders, and plenty more."

Agatha Christie, Hercule Poirot's Christmas

"How dreadful that the holidays should begin with a wailing scream and a deathly gurgle! Never has Poirot's mighty brain functioned more brilliantly." —*The New York Times*

P.D. James, The Mistletoe Murder: And Other Stories

"Throughout her illustrious career as the Queen of Crime, P. D. James was frequently commissioned by newspapers and magazines to write a special short story for Christmas. Now, for the first time, four of the best are collected here."

Mavis Doriel Hay, The Santa Klaus Murder

"This British Library Crime Classics reissue of a 1936 novel isn't just an entertaining Christmas read. It's a fine example of the old-time country-house murder mystery, with loads of suspects, lots of period atmosphere, and much caustic wit." —*Booklist*

Elizabeth Fellow, Christmas at Downton: Holiday Foods and Traditions From The Unofficial Guide to Downton Abbey

"You'll be able to bring the grandeur of a Downton Christmas to your own home affordably without compromising one drop of elegance. By the time you've finished this book you'll be ready to turn Christmas Day into a dazzling celebration for the whole family, even if you don't have a Mrs. Patmore or Carson of your own!"

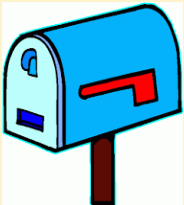
COMMUNITY NEWS



For the first time since January we were able to come together as a community on Saturday, November 7 and had the second HOA meeting of the year. Minutes will be available in the January edition and on the website. The agenda can be viewed on the website. www.deanza-park.org

RESIDENT LIST: We are continuing to work on updating the resident list and would like anyone who wants to be updated or included on the list to please email me at deanzanews@gmail.com. If you are asked for you information by someone other than myself, it will be other residents who will identify themselves as assisting me with this project.

Want to exercise, meet new people, and have fun? Join the Morning Swim Aerobics class on Monday, Wednesday and Friday at 9AM every week at the DeAnza pool. The class is free and Low Impact! The water is warm (84 degrees) and it's a great way to start the day! All that is needed are a set of barbells to get started, which can be purchased on Amazon. For more information, contact Alyce Amor at (831)458-0895.



While walking around the community in the early morning, it was noted many mailboxes were open. At first it was thought maybe it's the weather or post person or people are not closing them completely. When other residents starting commenting, it was doubtful these many mailboxes were left open accidentally. **Please remember to check your mailboxes in the evening to avoid someone taking your mail.** Since access to our park is easily obtained, a little prevention goes a long way!

Also, the office will be returning mail to the post office if you do not have your space number on letters. ALWAYS PUT YOUR SPACE NUMBER ON ALL CORRESPONDENCE.

HELP! Dear neighbors, we will be on the road and I would love it some of you could send in any stories, articles, etc. I need help for the January edition of the Bulletin. Submissions needed by December 12. ALL submissions will be appreciated. Thanks in advance to all! **Submit to deanzanews@gmail.com**

Thanks to all of the people in our wonderful community for your comments, feedback and suggestions for the Arroyo Bulletin and website. If I have somehow forgotten to include something you suggested, please feel free to let me know. After all, I too, am a senior! Haha

HAPPY HOLIDAYS TO ALL AND LET'S ENJOY WHAT LIFE BRINGS US NEXT!



Wander, Wonder, Imagine by Barbara Cordes



Thank you Barbara
for sharing your
photos and talent!

A gift for you

From your Arroyo Association,
HOA and De Anza Management

It has been a very difficult year for De Anza community members. It has required your patience, understanding and perseverance, and even the new year will not be free of challenges. You've done a good job and your community organizations and park management wish to show their appreciation for the effort in some small way.



We have joined forces and finances to arrange for holiday lighting throughout the park from after Thanksgiving through January 1. We hope these lights will add some cheer to residents during a holiday season which will not include many traditional celebratory gatherings.

Please join in with your own lighting, even if it's a string of lights on your railing, or a tree or menorah in your window. It will all add to holiday cheer.

Note: The lighting will be done by The Christmas Light Pros of Aptos. All lights are LED and will be timed to turn on at dusk and off at 10:00 pm beginning the weekend after Thanksgiving.



HOW HANUKKAH AND CHRISTMAS ARE CELEBRATED IN OTHER COUNTRIES



ITALY The nativity scene display with a crib filled with straw, originally stems from Italy and is now common occurrence in many countries around the world. In Italy, 'Babbo Natale', is what Father Christmas is called. He hands out presents to children on Christmas Day. Still in many families, gifts are exchanged only on 6th of January which is the Day of Epiphany.



GERMANY Houses are often decorated with fairy lights and festive ornaments in December, however, in Germany the Christmas tree is usually only put up and decorated at the homes in the morning of the 24th of December. Festive Christmas celebrations in Germany begin on the 24th of December, on Christmas Eve. Shops close early on Christmas eve, so remember that you have to get your Christmas shopping done before lunch. The 26th of December is a public holiday in Germany too and many families celebrate on this day together, go to church or an excursion in the park.



SINGAPORE About two in ten people are Christians. Christmas, however, is very commercialized in Singapore and Christmas decorations are abundant in the city with masses of tiny fairy light decorations. Stunning decorations can be seen everywhere in the main shopping district called Orchard Road, as you can see in the image. Visit the Gardens on the Bay for a truly stunning Christmas Wonderland with light installations and concerts.



AUSTRALIA It is tradition in the weeks up to Christmas to join in Christmas picnics organized by various churches and sing Christmas carols on the beach. As Australia is in the southern hemisphere, the festive season is during summer time and thus it is easy to understand that during Christmas time friends and family often gather at the beach.



ENGLAND London's Trafalgar Square lights up every year with a giant menorah. The lighting has become an annual event drawing thousands of spectators. London alone is home to over 250,000 Jews, and England is home to even more Jewish citizens celebrating all over the country.



ETHIOPIA Celebrating Hanukkah is quite new. Ethiopian Jews had split off from the larger Jewish community in ancient times, long before Hanukkah was deemed a Jewish holiday. After their communities were reunited with the greater Jewish population, they began practicing similar traditions.



POLAND Some estimates hold that 3 million Jews from Poland alone were killed during the Holocaust, more than from any other country. A community has remained, however, and now menorahs are lit across the Eastern European nation to recognize a holiday that Polish citizens once had to hide. Poland's president has joined in the celebration in years past, symbolizing the peace that now exists between Jews and the government.