## De Anza Santa Cruz Arroyo Bulletin

#### Administrative Staff

Property Manager Assistant Manager Maintenance Jennifer McClellan Iris Floodman Enrique Rios

#### General Office Information

Hours M-F 8am-12pm Phone (831) 423-8660 (Calls forwarded after 12 pm) Email deanzasantacruz@equitylifestyle.com

#### Facility Hours: 7 days/week

Clubhouse	8am-10pm
Pool Area/Spa/Sauna	8am-10pm
Fitness Center	5am-11pm
Game Room/Laundry Room	8am-10pm

#### Rent Collection

Rents are due on the 1<sup>st</sup> of the month with a grace period until the 6<sup>th</sup>. Rents received on the 7<sup>th</sup> are considered LATE and will incur a \$25.00 late fee. Payments may be made in the office during business hours, in the mail slot if the office is closed, or mailed in. EFT is also available.

#### Garbage Collections

Garbage: Pick-up for the park is on Mondays & Thursdays.

Recycling: Pick-up is on Fridays.

Yard Waste: Large and loose yard waste must be taken to the large dumpster located in the maintenance area. Residents may bag up 2 bags of yard waste and place at their driveways for pick up on Mondays only. Loose yard waste will not be picked up.

## Please dispose of items appropriately. No dumping allowed.

#### Clubhouse Reservations

The Clubhouse is available for residents' private events. Check with the office for date availability and to sign reservations forms. Only one event scheduled per weekend.



Photo Credit: L. Smith Arroyo Bulletin Editor: Lorraine Smith Contributor(s): Sandy Brunett, Pat Chance, Christie Cochrell, Barbara Cordes Residents website: <u>www.deanza-park.org</u> Contact email: deanzanews@gmail.com Webmaster: Lorraine Smith

#### De Anza Arroyo Association

De Anza Arroyo Association plans and organizes park social events. Membership is open to all park residents. Dues are \$5/person/year. Board meetings are open to ALL residents. Meeting schedule will be posted in the Bulletin calendar.

#### **Arroyo Officers**

Past President:	Susy Spano
President:	Sandy Brunett
Secretary:	Debbie Cameron
Treasurer:	Sandi Dutra

Advisory Board: Joy Caragliano, Betty Loveland, Linda Raffel, Melisa Mulcahy, Aggie Malberg, Jean-Marie Mott, Dawn McConnachie EMAIL: deanzaarroyo@gmail.com

#### **De Anza Homeowners Association**

The HOA meets every other month to discuss issues of concern to residents. Meetings are held the third Wednesday of the month at 7 pm. Membership is open to ALL park residents. Dues are \$10/unit/year.

#### **HOA Officers**

President:	Merit Herman	
Vice President:	Tom Louden	
Secretary:	Amalie Sinclair	
Treasurer:	Eugene Markowitz	

#### **Board of Directors**

Emergency Response:	Gary Whitten			
Policy and Procedures:	Don Payne			
Communications:	Lorraine Smith			
Park Concerns:	Jim Cannon			
GSMOL:	Dave Allenbaugh			
EMAIL: deanzasantacruzhoa@gmail.com				

\*Please Notify Editor of Calendar Changes/Additions Send email to <u>deanzanews@gmail.com</u>

	December							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
**PLEASE NOTE THERE HAVE BEEN SOME CHANGES TO THE CALENDAR FOR ACTIVITIES REGARDING DATES AND TIMES								
1	2 • Water Aerobics 9-10 am • Tai Chi 9-10 am • Bridge 1-3:30 pm • Clubhouse Decorating 10 am • No Yoga • Private Event 4 pm • Arroyo Meeting 7pm	3 • Morning Mingle 10-11 am • Card/Game Club 1-4 pm	4 • Qigong 8-9 am • Water Aerobics 9-10 am • Yoga 10 am-12 pm • Mahjong 1-4:30 pm	<ul> <li>Private</li> <li>Event</li> <li>4 - 10 pm</li> </ul>	<ul> <li>6</li> <li>Coffee &amp; Donuts 8-10 am</li> <li>Water Aerobics 9-10 am</li> <li>Bridge 1-5 pm</li> <li>Clubhouse Decorating for Private Event</li> </ul>	7 • Private Event		
8 • Private Event	<ul> <li>9</li> <li>Water Aerobics 9-10 am</li> <li>Tai Chi 9-10 am</li> <li>Yoga 10 am-12 pm</li> <li>Bridge 1-3:30 pm</li> <li>Private Event 5-10pm</li> </ul>	<ul> <li>10</li> <li>Morning Mingle 10-11 am</li> <li>Card/Game Club 1-4 pm</li> <li>Private Event 5 - 8 pm</li> </ul>	<ul> <li>11</li> <li>Qigong 8-9 am</li> <li>Water Aerobics 9-10 am</li> <li>Yoga 10 am-12 pm</li> <li>Mahjong 1-4:30 pm</li> </ul>	12	<ul> <li>13</li> <li>Coffee &amp; Donuts 8-10 am</li> <li>Water Aerobics 9-10 am</li> <li>Bridge 1-5 pm</li> <li>Arroyo Set up</li> <li>Private Event</li> </ul>	14 • Annual Holiday Party 5 pm		
15	16 • Water Aerobics 9-10 am • Tai Chi 9-10 am • Yoga 10 am-12 pm • Bridge 1-3:30 pm	<ul> <li>17</li> <li>Morning Mingle 10 - 11 am</li> <li>Card/Game Club 1-4 pm</li> </ul>	<ul> <li>18</li> <li>Qigong 8-9 am</li> <li>Water Aerobics 9-10 am</li> <li>Yoga 10 am-12 pm</li> <li>Mahjong 1-4:30 pm</li> </ul>	19 • Private Event	<ul> <li>20</li> <li>Coffee &amp; Donuts 8-10 am</li> <li>Water Aerobics 9-10 am</li> <li>Bridge 1-5 pm</li> </ul>	21		
22	23 • Water Aerobics 9-10 am • Tai Chi 9-10 am • Yoga 10 am-12 pm • Bridge 1-3:30 pm	24 • Private Event December 24 & 25	25 * Merry * Christmas		<ul> <li>27</li> <li>Coffee &amp; Donuts 8-10 am</li> <li>Water Aerobics 9-10 am</li> <li>Bridge 1-5 pm</li> </ul>	28		
29	30 • Water Aerobics 9-10 am • Tai Chi 9-10 am • Yoga 10 am-12 pm • Bridge 1-3:30 pm	31 • Morning Mingle 10 -11 am • Card/Game Club 1-4 pm • Private Event Set up in morning	happy hew year					



**BRIDGE** is played in the Clubhouse on Mondays 1 - 3:30 pm and 1 - 5 pm on Fridays. These are two different

groups. To join the Friday group, contact Ellie by texting her at 408-779-2451. Show up at the Clubhouse for the Monday group.

**<u>COFFEE AND DONUTS</u>** Visit with your neighbors in the Clubhouse on Fridays, from 8 - 10 am. Grey Bears grocery delivery arrives around 9 am, and the group tends to thin out afterwards, as people leave to take their groceries home.

<u>GAME DAY</u> meets in the Clubhouse from 1pm-4pm on Tuesdays. The group usually plays Rummy for the first half of the period and Mexican Trains (a dominos game) for the second half. Contact Cher with any questions....831-459-0473

<u>MAHJONG</u> is played at the Clubhouse on Wednesday from 1 - 4:30 pm. All levels are welcome, including beginners interested in learning to play. Contact Marge Shaw with any questions....(831)-423-8374

**MORNING MINGLE** Meet and greet your neighbors on Tuesdays from 10 am to 11 am in the Clubhouse.

**<u>QI GONG</u>** meets in the Clubhouse on Wednesday mornings from 8am-9am. Suitable for beginners and advanced. Teacher Nick Loffree leads simple Qi gong warmups, stretches, flowing movements, and meditations to get the day off to a relaxed but energized start. Contact Nick with any questions....<u>nickloffree@gmail.com</u>

**<u>READING GROUP</u>** meets in the Library at 1 pm on the 3<sup>rd</sup> Wednesday of each month. Both fiction and non-fiction are included. Contact Sandra Walker with any questions....<u>walkmor@comcast.net</u>

**TAI CHI** meets on Mondays at 9 am in the Clubhouse. Relax, stretch, and improve your balance. Suitable for beginners and advanced. Teacher Marge Shaw leads the class through a series of Tai Chi relaxing, but energizing movements and routines. Contact Marge Shaw with any questions...831-423-8374

<u>WATER AEROBICS</u> meets Monday-Wednesday-Friday from 9am-10am. This is a low impact activity and is suitable for both swimmers and non-swimmers. Contact Alyce Amor <u>amorp139@aol.com</u> with any questions.



**YOGA** meets on Mondays and Wednesdays at 10 am in the Clubhouse. Teacher Mitra Treadwell leads a 2 hour class of invigorating yoga. Mitra has been practicing yoga for 50 years and teaching yoga for 43 years. Contact Mitra Treadwell <u>mitrayoga@yahoo.com</u> with any questions.









meet our team

It's always nice to know something about the people we may talk to, but not see on a daily, weekly or monthly



basis. This month we will meet Iris Floodman, the Assistant Manager of DeAnza Santa Cruz. Iris began working at DeAnza Park 10 months ago and has been a welcome addition.

Iris was born in Amsterdam, Holland and came to the United States via Ellis Island, when she was 2 years old. Her father wanted to move somewhere with better weather and opportunities for himself and his family. The family moved to the Bay area where her mother worked as a registered nurse and her father as a welder. She has 5 siblings of whom four are living in the Bay area and two others have passed.

Iris has four children. One son is in construction and the other is an artist. One of her daughters is in real estate and her other daughter is a housewife. Their children were all born in Santa Cruz and live in proximity to Santa Cruz, so Iris and her husband of 35 years, David, see the family often, which include three darling grandchildren. Iris's husband is a design builder who specializes in medical office buildings as the sales director for the medical division. He travels extensively with his business, when he isn't surfing. He and Iris had their start in the Bay area when she went to buy a car, so he sold her the car and himself.

The couple got married and eventually moved to Kailua, Hawaii where her husband worked as a design builder and she performed the administrative portion. After living there for eight years, they moved to Kauai for two years helping to rebuild the area after hurricane Iniki. From Hawaii, they moved to Las Vegas and Laughlin for the next 20 years. Her husband continued his profession and Iris worked as a real estate agent, as well as the administrative work for her husband's business.



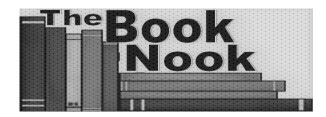
Iris studied psychology at San Jose University and worked as a paralegal in Family Law for four years while also working as an



account manager for the firm. While working in real estate, she learned to multi-task, enhance her people skills and management talents. When they moved to Santa Cruz, Iris worked for the Diocese of Monterey as a grief counselor for a few years until she decided she needed a change and is now working here as the assistant manager.

Iris and David live in Pleasure Point, with their French Bulldog, Zoey and 25-year-old parrot, Nalu, which means surf in Hawaiian. When they are not working, they enjoy cycling, paddle boarding and being with their family. On Iris's 60<sup>th</sup> birthday, 20 of their family and friends went to Hawaii where they spent one week with everyone and another week with some friends who live there.

Iris has a smile for everyone who comes into the office and is super-efficient at her job. Next time you're in the office, take time to say hello and give her a friendly smile!



#### FOOD FOR THOUGHT— (in the midst of the holiday season)

#### Laurie Colwin, Home Cooking: A Writer in the Kitchen

"Weaving together memories, recipes, and wild tales of years spent in the kitchen, "Home Cooking" is Laurie Colwin's manifesto on the joys of sharing food and entertaining." (Also, More Home Cooking.)

#### Ruth Reichl, Comfort Me with Apples: A Journey through Life, Love, and Truffles

"Beloved food writer Ruth Reichl returns with more tales full of love, life, humor and marvelous meals. Her pursuit of good food and good company leads her to New York and China, France and Los Angeles."

#### Marsha Mehran, Pomegranate Soup: A Novel

"This richly detailed story, highlighted with delicious recipes, is a delectable journey into the heart of Persian cooking and Irish living."

#### Aldo Buzzi, The Perfect Egg, and Other Secrets

"Scholarly, playful, idiosyncratic, and witty, this is an excursion into the food that has obsessed, provoked, and intrigued the author through his life."

#### Calvin Trillin, The Tummy Trilogy

"Marvelously funny and horrifyingly mouth-watering." —Rolling Stone

#### Judi Barrett, Cloudy with a Chance of Meatballs

"A cult classic children's book about a magical town called Chewandswallow where food just falls from the sky. Wouldn't that be marvelous! Or would it? It could, after all, be messy . . ."

#### Nan and Ivan Lyons, Someone Is Killing the Great Chefs of Europe

"The most luscious gastronomic murders imaginable"—James Beard "Diabolically delicious";—Newsweek "A Splendid romp";—Cosmopolitan

#### Edward Espe Brown, Tomato Blessings and Radish Teachings

"A Zen priest and author of The Tassajara Bread Book interweaves recipes and meditations, presenting a range of delicious treats, including Irish oat cakes and ginger muffins, while reflecting on the spiritual aspects of food and life."

#### Peter King, Death al Dente: A Gourmet Detective Mystery

"While in Bologna, the Gourmet Detective discovers food and passion are two Italian delicacies to die for..."

**Carol Field**, *Celebrating Italy: The Tastes and Traditions of Italy Revealed through Its Feasts, Festivals, and Sumptuous Foods* 

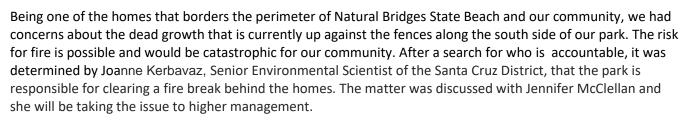
"A culinary tour explores Italy from the Austrian Merano in the north to Sicily in the south, stopping for thirty-five feasts along the way."

#### Office Calls to be Forwarded:

There has been concern regarding reaching the office after 12 pm. Calls can still be made to the office and they will be forwarded to designated staff on site.



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#### **Retaining Walls Project:**

The park is replacing retaining walls at sites 83, 77 and 75 (in that order). Construction work will start at 8 am and end no later than 5 pm. Each retaining wall will take approximately a week to complete. Landscape installation under these locations will follow directly behind. We estimate this project to be completed within 30 days. All estimated completion dates are weather pending.

#### Arroyo Cleanup: •

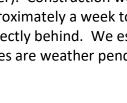
The arroyo area is being cleaned of overgrowth and ice plant. Please be aware one side of the path will be closed to traffic. The opposite side will be available for walking so please be patient. The cleanup benefits all of us by reducing the varmint population and hillside erosion.

#### **Bamboo Growth:** •

Many people have commented about the growth of bamboo in the ponds. The bamboo cannot be destroyed per California Department of Fish and Wildlife due to it being the habitat for some animals. It can however be cut down in height and thinned so we can enjoy the view once again. Management has stated a plan is already in place, so once again, please be patient.

#### Grandparent/family community unite! Here is a list of some items to borrow:

- a) A folding table and 2 chairs (ages 2-6)
- b) Legos for toddler, tea sets
- c) Molded plastic highchair that attaches to a kitchen chair (ages 6months-3years)
- d) Beach toys, beach shade, games and misc. crafts stuff. Contact Dale via email, dalebieser@gmail.com
- e) Car seat for infant to 6 years and Backless booster seat for older children
- f) Games for toddlers and magnetic tiles and alphabet word puzzle for under 6 yrs
- g) Floating ring for pool (toddler juvenile size)
- h) Collapsible folding chair for toddler
- i) Nerf guns for 6-10 years Contact Lorraine via email, raingar94@gmail.com



**Community News** 

• Donated Stuffed Animals Appreciated...Make some child's Holiday a happy one! Do you have any "gently used" (or even new) stuffed animals you would like to donate for the children of the migrant camps in Santa Cruz County this holiday season?



If so, please contact: Pat Chance #191 E-mail: <u>chanceconsulting2007@yahoo.com</u> Phone or Text: 209-484-4287 She will be happy to come by your place to pick them up and will be collecting until Thursday, December 12<sup>th</sup>.

- Lost Pets: An email was recently received stating a resident's granddaughter had found a lost dog and it was not wearing any identification. PLEASE put ID on your pets! It will save you the heartache of trying to find it and others the availability to get your pet back to you promptly. The emailer also suggested a pet directory so pets can be reunited with their owners in a timely fashion. If someone would like to volunteer for this project please contact me at <u>deanzanews@gmail.com</u>
- If anyone would like to have recipes added to the Arroyo Bulletin, please submit them to <u>deanzanews@gmail.com</u>

### LIGHT POLLUTION: WHAT IS IT? CAN IT BE FIXED?

- a) Do you have trouble driving at night?
- b) Do you have difficulty choosing light bulbs now?
- c) Do outdoor lights make sleeping a challenge?
- d) When is the last time you saw the Milky Way?



Come to a talk/discussion about "Light Pollution" to find out what it is and how we can fix it. Contact Barbara Cordes for further information @ <u>korthelakis@gmail.com</u>

Thursday, January 9th, 7 pm at the Clubhouse

## Community Services in Santa Cruz for Seniors

- Senior Center at Louden Nelson 809 Center St., SC (831) 420-6180:
- 1. There is a variety of fitness classes offered by the center for Seniors. Gentle Exercises, Qi Gong, Tai Chi, yoga are just a few of the classes offered.
- 2. There are also FREE weekly walking adventures.
- 3. Travel talks are FREE and available from 2 4pm on Thursday.
- 4. Other FREE classes are a Book Club, Senior Garden Club, or Grief Support Group
- 5. Other classes are available for a nominal fee.
- 6. Local day trips are available for low prices, as well as trips in the US and abroad for seniors and general public.
- 7. Don't understand computers? Well, there are also classes to help you understand "grandkid speak". These classes are offered to members (55 and up) for the opportunity to learn and use mobile phones, Macintosh and PCs. Courses are taught by volunteer instructors at the Louden Nelson Community Center. Membership is \$25 per year. \$35 for a household of two memberships. Membership benefits include use of the computer lab during scheduled sessions and eligibility to register for a variety of courses. Lab facilities include desktop computers, laptops, printers, and internet access.
- 8. *Transportation*: Lift Line has expanded their services to provide door-to-door transportation for seniors attending activities at the Downtown Senior Center in Louden Nelson Community Center Monday through Saturday. To be eligible, the applicant must be 60 years of age or older and live in Santa Cruz County. After the application is submitted, simply call at least 24 hours in advance to book a ride: 831-688-9663. You can apply online. Suggested donation is \$2.50.
- 9. Meals on Wheels is available for a small donation, as are blood pressure screenings and health insurance counseling and advocacy program.
- FREE Admission is available until January 12, 2020 at the Santa Cruz Museum of Art and History while, "We're Still Here: Seniors and Social Isolation" exhibit is on view. Caregivers are also free if applicable.



## Final donation date at De Anza Holiday Extravaganza Saturday, Dec. 14, 5:00

Bring a new unwrapped toy to spread some joy during our annual toy drive.

Special thanks to Margo Zanzinger for overseeing this annual event





# Celebrate the holidays with your De Anza friends and neighbors

Saturday, December 14<sup>th</sup>, 5:00pm

# A feast of finger foods and desserts

Please add to the banquet with a dessert to share.

Music and caroling with our favorite

# Pool Party Band

Sign up in the clubhouse by Wed., Dec. 13 This is an adults-only event <u>Remember: Last chance for Toys for Tots donations</u>

Bring a new unwrapped toy

### YOUR ARROYO ASSOCIATION INVITES ALL RESIDENTS' INPUT FOR OUR



## **EVERYONE IS INVITED! BRING YOUR OWN BEVERAGES!**

Which events are "must do"? Which can rotate each year? What new events could be added? Should we have more small events? Only large events? More music events? Fewer music events?

Past events have included: Super Bowl Party, Western Wing Ding, Pool Party, Fourth of July, Italian Night Dinner, Mother's Day Breakfast, Father's Day Breakfast, TGIF Joke Night, Open Mic Night, Game Night, Casino Night, Mardi Gras Party, St. Patrick's Day Dinner, Oscar Night, Thanksgiving Dinner, Holiday Party, Halloween Party, New Year's Brunch, Soup Luncheon, Cinco de Mayo, monthly Pot Luck Dinners.

Bottom Line: We have a set budget and a small number of volunteers. We wish to use both wisely.

If you are unable to attend, please send your comments to deanzaarroyo@gmail.com

## THANKSGIVING HOLIDAY DINNER



Photo Credit: G. Whitten & L. Smith