

De Anza Santa Cruz Arroyo Bulletin

2021



Administrative Staff

Property Manager: Jennifer McClellan
 Assistant Manager: Iris Floodman
 Maintenance: Enrique Rios
 Office Information:
 Phone: **831-423-8660**
 Email: deanzasantacruz@equitylifestyle.com

Office Hours: M - F 8 am - 12 pm
 Phone Hours: M - F 8 am - 4 pm

Non emergency Fire Dept: 831-420-5280
 Non emergency Police Dept: 831-471-1131
 Emergency: 911
 Wildlife Reporting—Live: 831-633-6298
 Wildlife - Carcass Removal: 831-212-1272

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Greetings All,

It's almost that time to begin the mad rush toward the end of the year. Is it just me or does time seem to go faster as I get older? My mom always said that would happen. Of course in my 30 year old mind, I was rolling my eyes and thinking she was being silly. Flash forward to now and I'm appreciating the wisdom of living this long and learning along the way.

Do you ever find yourself settling for what you know and not wanting to learn anything new? At this time of our lives, it's important for us to continue to challenge ourselves so we don't get stale and let our brains get cobwebs. Treat your brain like your body. Exercising our body allows us to be more in control of body function. Strength is important for functional ability and maintaining balance. Exercising the brain keeps us sharp and able to adapt to change while improving functions, such as eye-hand coordination.

In my work as a physical therapist, I have seen patients go from being uncoordinated and unsteady to having improved strength, balance and confidence.

The same is true with our brains. I started using an app called Lumosity and it's free! There is also an upgrade, of course, for a monthly or annual fee. It has various types of games to challenge memory, problem solving, task switching, logical reasoning, information processing, divided attention, and visualization. Give it a try and it can help you exercise your brain.



Best in Brain Health,

Lorraine Smith

Arroyo Bulletin Editor and Webmaster: Lorraine Smith

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Delivery Volunteers: Carol Smith, Kathy Caruso/Joann Martin, Pat Chance, Gary/Lorraine Smith

Email: deanzanews@gmail.com

Resident Website: www.deanza-park.org

PARK INFORMATION

Facility Hours: 7 days/week

Clubhouse	8 am - 10 pm
Pool	8 am - 10 pm
Fitness Center	8 am - 10 pm
Game Room/Laundry Room	8 am - 10 pm
Jacuzzi	8 am - 10 pm
Sauna	8 am - 10 pm

Rent Collection

Rents are due on the 1st of the month with a grace period until the 6th. Rents received on the 7th are considered LATE and will incur a \$25.00 late fee.

Payments can be made by check, money order, EFT or ELS portal at www.communityresport.com/els.

DO NOT PUT IN MAIL BOX. RENT CAN BE DROPPED OFF AT OFFICE M-F 8 am - 12 pm

Garbage Collections

Garbage: Pick-up for the park is on Mondays & Thursdays.

Recycling: Pick-up is on Fridays.

Yard Waste: Large and loose yard waste must be taken to the large dumpster located in the maintenance area.

Residents may bag up 2 bags of yard waste and place at their driveways for pick up on Mondays only. Loose yard waste will not be picked up.

Please dispose of items appropriately.

No dumping allowed.

Clubhouse Reservations

The Clubhouse is available for residents' private events. Check with the office for date availability and to sign reservations forms.

Only one event scheduled per weekend.

Welcome Committee

If you are new to our community and would like information regarding DeAnza please contact:

Margo/Jerry Zanzinger: 831-423-1936

Joyce/Joe Guinta: 831-427-9751

Security Information

To report any suspicious activity in the park contact Allied First Alarm Security Systems 408-364-1110 or 800-400-1110

Call 911 in case of emergency



Photo Credit: L. Smith

DeAnza HOA Officers

President: Eugene Markowitz

Vice President: Tom Loudon

Secretary: Jerry Zanzinger

Treasurer: Sandi Dutra

Board of Directors

Emergency Response: Gary Whitten

Policy & Procedures: Don Payne

Communications: Lorraine Smith

Park Concerns: Jim Cannon

GSMOL: Dave Allenbaugh

Email: deanzasantacruzhoa@gmail.com

The HOA meets every other month to discuss issues of concern to residents. Membership is open to ALL residents. Dues are \$10/space/year.

Meeting dates will be announced via email, notice boards and telephone.

Arroyo Association:

President: Sandy Brunett

Secretary: Debbie Cameron

Treasurer: Sandi Dutra

Advisory Board: Joy Caragliano, Linda Raffel,

Melisa Mulcahy, Aggie Malberg, Jean-Marie Mott,

Dawn McConnachie, Barbara Cordes, Liz McDannold,

Carol Smith

Email: deanzaarroyo@gmail.com

Arroyo Association plans and organizes park social events. Membership is open to all residents and is \$5/person/year. Meeting schedule is posted in the Bulletin calendar and on the website.

Residents are welcome!

CALENDAR

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>**PLEASE REMEMBER TO CONTACT THE EDITOR @ deanzanews@gmail.com WITH ANY CHANGES IN DATES, TIMES OR REMOVAL OF COMMUNITY ACTIVITIES.</p> <p>ACTIVITIES SCHEDULE HAS BEEN UPDATED. PLEASE CONTACT ME IF YOU WANT SOMETHING PUT ON THE CALENDAR.</p> <p>IN CONSIDERATION OF OTHERS, WEAR A MASK FOR ANY INDOOR EVENTS, ESPECIALLY IF YOU ARE NOT VACCINATED!</p>						
					1 Coffee & Donuts 8–10 am Water Aerobics 9-10 am Bridge 1-5 pm	2
3	4 Water Aerobics 9-10 am Bridge 1-3:30 pm	5 Morning Mingle 10–11 am Card/Game Club 1-4 pm	6 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	7	8 Coffee & Donuts 8–10 am Water Aerobics 9-10 am Bridge 1-5 pm	9
10	11 Water Aerobics 9-10 am Bridge 1-3:30 pm 	12 Morning Mingle 10–11 am Card/Game Club 1-4 pm	13 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	14	15 Coffee & Donuts 8–10 am Water Aerobics 9-10 am Bridge 1-5 pm	16
17	18 Water Aerobics 9-10 am Bridge 1-3:30 pm	19 Morning Mingle 10–11 am Card/Game Club 1-4 pm	20 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	21	22 Coffee & Donuts 8–10 am Water Aerobics 9-10 am Bridge 1-5 pm	23
24	25 Water Aerobics 9-10 am Bridge 1-3:30 pm Arroyo Assoc 4 pm	26 Morning Mingle 10–11 am Card/Game Club 1-4 pm	27 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	28	29 Coffee & Donuts 8–10 am Water Aerobics 9-10 am Bridge 1-5 pm	30
31 						



Morning Mingle Meet and greet your neighbors on Tuesdays from 10 am - 11 am in the Clubhouse.



COFFEE AND DONUTS Visit with your neighbors in the Clubhouse on Fridays, from 8 - 10 am. Grey Bears grocery delivery arrives around 9 am, and the group tends to thin out afterwards, as people leave to take their groceries home.



BRIDGE is played in the Clubhouse on Mondays 1 - 3:30 pm and 1 - 5 pm on Fridays. These are two different groups. To join the Friday group, contact Ellie by texting her at 408-779-2451. Show up at the clubhouse for the Monday group.



GAME DAY meets in the Clubhouse from 1 pm-4 pm on Tuesdays. The group usually plays Rummy for the first half of the period and Mexican Trains (a dominos game) for the second half. Show up during game times for information.



BOOK CLUB Looking for someone to organize the Book Club. Contact me if you are interested and provide the information so it can go be included in the November Bulletin. deanzanews@gmail.com



WATER AEROBICS meets Monday-Wednesday-Friday from 9 am-10 am. This is a low impact activity and is suitable for both swimmers and non-swimmers. Contact Alyce Amor amor139@aol.com with any questions.



YOGA meets on Wednesdays at 10:15 am in the Clubhouse. Teacher Mitra Treadwell leads a 2-hour class of invigorating yoga. Mitra has been practicing yoga for 50 years and teaching yoga for 43 years. Contact Mitra Treadwell mitrayoga@yahoo.com with any questions.

If anyone would like to lead an activity in the clubhouse and are looking for participants, please contact me and I will advertise it on this page.

deanzanews@gmail.com



Saving our Wildlife and Domestic Animals

— submitted by Jan Schwartz

Dear Residents: This past Saturday morning I found yet another disabled baby rat in my backyard. Two weeks ago I found one, already expired and removed it carefully to the dumpsters. The rodent I found on Saturday was not gone yet and I was concerned for the health of my dog. I moved it to the front and placed it securely on paper away from Barney. Feeling that if it was poisoned, my dog Barney, could get sick from touching it, I had to remove it. Strangely though, and painful to watch, the baby rodent had not expired.

I finally took it to Native Animal Rescue. Thirty minutes had gone by and it was having a terrible time. The legs were seizing and it's heart still beating. I had actually thought it was an endangered kangaroo rat, so decided to give it a chance to live. I want to know if local rodents were being poisoned. If they are and they come within range of your cat or dog or even an owl for instance, you could lose your pet. With great thanks to Amy at Native Animal Rescue, she received the little guy and told me the next day that yes, he/she did survive. I couldn't believe it. But also, she told me that YES, it was poison. She also informed me that poisoning of rodents is now officially illegal.

For protection of our domestic animals and wildlife in general, I am grateful. It is terribly sad to watch an animal suffer like that, as I had seen. I generally use live traps whenever possible to catch mice, rats, and/or racoons. Please help us protect the domestic animals in our park. I am including a website link with the newest law which states that poisoning is now illegal.

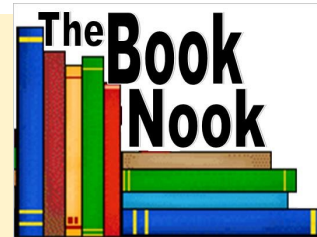
Should anyone want to borrow a live trap, please contact Jan at dumpstersjan@gmail.com

<https://biologicaldiversity.org/w/news/press-releases/new-california-law-protecting-animals-super-toxic-rat-poisons-takes-effect-2021-2020-12-29/>



A MOTLEY ASSORTMENT OF FAMILIES, FOR FAMILY HISTORY MONTH

Suggestions by Christie Cochrell



Paula Spencer Scott, *An Oral History (Preserve Your Family's Story)*

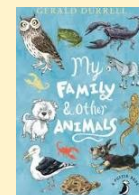
"Tips on recording a life story include providing memory cues, such as perusing old photos together or visiting a hometown. Attractive keepsake volume is organized into eight sections filled with interactive prompts around the themes of back stories, milestone moments, everyday life, celebrations, reflections, advice."

Michael Ondaatje, *Running in the Family* (memoir)

"A beautiful, luscious book. Michael Ondaatje has depicted his extraordinary family, who delighted in masks and costumes and love affairs that 'rainbowed over marriages,' in the kind of language that makes glory of their lives. He has gone on a poet's journey to Sri Lanka (Ceylon), and the reader who travels with him enters a truly magical world." (Maxine Hong Kingston)

Gerald Durrell, *My Family and Other Animals* (memoir)

"This autobiographical work by British naturalist Gerald Durrell tells in an exaggerated and sometimes fictionalized way of the years that he lived as a child with his siblings and widowed mother on the Greek island of Corfu between 1935 and 1939. It describes the life of the Durrell family in a humorous manner, and explores the fauna of the island. It is the first and most well-known of Durrell's Corfu trilogy, which also includes *Birds, Beasts, and Relatives* (1969) and *The Garden of the Gods* (1978)."



Tiya Miles, *All That She Carried: The Journey of Ashley's Sack, a Black Family Keepsake* (nonfiction, history)

"In 1850s South Carolina, an enslaved woman named Rose faced a crisis, the imminent sale of her daughter, Ashley. Thinking quickly, she packed a cotton bag with a few precious items as a token of love and to try to ensure Ashley's survival. Soon after, the nine-year-old girl was separated from her mother and sold. Decades later, Ashley's granddaughter Ruth embroidered this family history on the bag in spare yet haunting language—including Rose's wish that 'It be filled with my love always.' Ruth's sewn words, the reason we remember Ashley's sack today, evoke a sweeping family story of loss and of love passed down through generations."

Shitpi Somaya Gowda, *The Shape of Family* (novel)

"The Olanders are an amalgam of cultures. Jaya is the daughter of Indian diplomats who's lived a cosmopolitan lifestyle. Keith grew up in a working-class American family and secured his future as a successful investment banker. Their daughter, Karina, is a typical American teenager, but because she inhabits a blended reality of Indian and American culture, she sometimes doesn't know who she is. Her younger brother, Prem, is her anchor, the only other member of their special melting-pot club. This introspective story challenges readers to consider how a tragedy involving one member forever changes the whole family."

Isabelle Allende, *The House of the Spirits* (novel)

"In one of the most important and beloved Latin American works of the twentieth century, Isabel Allende weaves a luminous tapestry of three generations of the Trueba family, revealing both triumphs and tragedies, and interwoven with the story of an unnamed Latin American country's turbulent history. The author constructs a spirit-ridden world and fills it with colorful and all-too-human inhabitants."



Amy Tan, *The Bonesetter's Daughter* (novel)

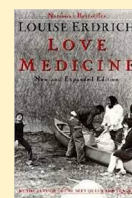
"In a remote mountain village where ghosts and tradition rule, LuLing grows up in the care of her mute Precious Auntie as the family endures a curse laid upon a relative known as the bonesetter. When headstrong LuLing rejects the marriage proposal of the coffin maker, a shocking series of events are set in motion—all of which lead back to Ruth and LuLing in modern San Francisco. The truth that Ruth learns from her mother's past will forever change her perception of family, love, and forgiveness."

Jhumpa Lahiri, *The Namesake* (novel)

"*The Namesake* takes the Ganguli family from their tradition-bound life in Calcutta through their fraught transformation into Americans. On the heels of their arranged wedding, Ashoke and Ashima Ganguli settle together in Cambridge, Massachusetts. An engineer by training, Ashoke adapts far less warily than his wife, who resists all things American and pines for her family. When their son is born, the task of naming him betrays the vexed results of bringing old ways to the new world."

Louise Erdrich, *Love Medicine* (novel)

"Set on and around a North Dakota Ojibwe reservation, *Love Medicine* is the epic story about the intertwined fates of two families: the Kashpaws and the Lamartines. With astonishing virtuosity, each chapter draws on a range of voices to limn its tales. Black humor mingles with magic, injustice bleeds into betrayal, and through it all, bonds of love and family marry the elements into a tightly woven whole that pulses with the drama of life."



Kate Atkinson, *Behind the Scenes at the Museum* (novel)

"Ruby Lennox begins narrating her life at the moment of conception, and from there takes us on a whirlwind tour of the twentieth century as seen through the eyes of an English girl determined to learn about her family and its secrets. Kate Atkinson's first novel is 'a multigenerational tale of a spectacularly dysfunctional Yorkshire family and one of the funniest works of fiction to come out of Britain in years.'" (*The New York Times Book Review*).

Hanna Rothschild, *House of Trelawney* (novel)

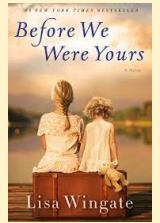
"A dazzling novel both satirical and moving, about an eccentric, dysfunctional family of English aristocrats, and their crumbling stately home that reminds us how the lives and hopes of women can still be shaped by the ties of family and love. The cast includes the heir to all of it, Kitto, his wife, Jane, their three children, their dog, Kitto's ancient parents, and his aunt Tuffy Scott, an entomologist who studies fleas; joined by Kitto's sister, Blaze, who left Trelawney and made a killing in finance in London, and the wildly beautiful, seductive, and long-ago banished Anastasia, who vanished from England to marry an Indian maharaja, with their daughter Ayesha—or Trouble—in tow."

Olive Ann Burns, *Cold Sassy Tree* (novel)

"*This* story of a family living in a small Georgia town at the turn of the century is told from the viewpoint of 14-year-old Will Tweedy in the colorful Southern dialect which took Burns years to get just right. She based the story on her own parents' and grandparents' stories. Three weeks after his wife of 36 years dies, Grandpa Blakeslee announces to his family that he's going to marry the much younger Miss Love Simpson, who works in his shop. Thus begins a years of an emotional rollercoaster ride for Will and his family, with all of *Cold Sassy* looking on in fascination and horror. The story is lively and funny and poignant by turns and has been called the most realistic portrait of a small town in the early 1900s ever written."

Lisa Wingate, *Before We Were Yours* (novel)

"Based on one of America's most notorious real-life scandals—in which Georgia Tann, director of a Memphis-based adoption organization, kidnapped and sold poor children to wealthy families all over the country—Lisa Wingate's riveting, wrenching, and ultimately uplifting tale reminds us how, even though the paths we take can lead to many places, the heart never forgets where we belong."



Gail Godwin, *A Southern Family* (novel)

"This is the story of the Quick family and the reunion that leads to tragedy—a masterful tale of anger and pain, of love and hatred, and of the understanding that ultimately heals. The only member of the family who has been able to escape its regional, if not its emotional, clutches is Clare, Lily's daughter by a previous marriage. Now a successful writer in New York, in the aftermath of Theo's death she returns to the South with her European lover, Felix Rohr, to face her guilt at her neglect of Theo and, like the other members of her family, to confront the demons of self-doubt and hate that are her legacy from the past."

Adriana Trigiani, *The Supreme Macaroni Company* (novel)

"For more than one hundred years, the Angelini Shoe Company in Greenwich Village has relied on the leather produced by Vechiarelli & Son in Tuscany. This ancient business partnership provides a twist of fate for Valentine Roncalli, the schoolteacher-turned-shoemaker, to fall in love with Gianluca Vechiarelli, a tanner with a complex past . . . and a secret. *Val's* eccentric family keeps the book going at a quick pace. . . . Recommended for all Trigiani fans and those who've enjoyed a good cookie table (an Italian tradition commonly seen at weddings in Pennsylvania, Ohio, and West Virginia)." (*Library Journal*)

Alan Bradley, *The Sweetness at the Bottom of the Pie* (mystery)

"It's 1950 and 11-year-old Flavia de Luce lives with her widower father and two older sisters at Buckshaw, a crumbling estate in the English countryside. Largely left to her own devices, she discovers a passion for chemistry, performing experiments with materials that belonged to a deceased relative. She develops a particular knack for experimenting with poisons, and takes great delight in using her skills to avenge herself against her unsympathetic sisters. And when a dead body is found on the estate grounds, leading Flavia's father to be suspected of murder, she begins her own investigation into what might have happened."

Robert K. Massie, *Nicholas and Alexandra* (biography)

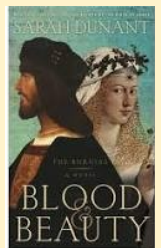
"A moving, rich book . . . This revealing, densely documented account of the last Romanovs focuses not on the great events . . . but on the royal family and their evil nemesis. . . . The tale is so bizarre, no melodrama is equal to it." (*Newsweek*)

Robert Graves, *I, Claudius* (historical novel)

"One of the best historical novels ever written. Lame, stammering Claudius, once a major embarrassment to the imperial family and now emperor of Rome, writes an eyewitness account of the reign of the first four Caesars: the noble Augustus and his cunning wife, Livia; the reptilian Tiberius; the monstrous Caligula; and finally old Claudius himself and his wife, Messalina. Filled with poisonings, betrayal, and shocking excesses, *I Claudius* is history that rivals the most exciting contemporary fiction, narrated by a sympathetic character whose survival in a murderous dynasty depends upon his family's incorrect assumption that he is a harmless idiot."

Sarah Dunant, *Blood and Beauty: A Novel about the Borgias*

"Sarah Dunant turns her discerning eye to one of the world's most intriguing and infamous families—the Borgias—in an engrossing work of literary fiction. Stripping away the myths around the Borgias, *Blood & Beauty* is a majestic novel that breathes life into this astonishing family and celebrates the raw power of history itself: compelling, complex, and relentless."



Ken Follett, *Fall of Giants* (historical novel)

"This magnificent historical epic begins as five interrelated families move through the momentous dramas of the First World War, the Russian Revolution, and the struggle for women's suffrage. From the dirt and danger of a coal mine to the glittering chandeliers of a palace, from the corridors of power to the bedrooms of the mighty, *Fall of Giants* takes us into the inextricably entangled fates of five families—and into a century that we thought we knew, but that now will never seem the same again."

R.F. Delderfield, *God Is an Englishman* (Swann Family Saga, 1)

"The first novel in the epic series, this book is a stirring saga of England in the 19th century, as the Industrial Revolution takes hold, forever changing the landscape of England and her people. Adam Swann, scion of an army family, returns home in 1858 after service with Her Majesty's army in the Crimea and India, determined to build his fortune in the dog-eat-dog world of Victorian commerce. Swann is soon captivated by Henrietta, the high-spirited daughter of a local mill owner. As Swann works to build his name, he and Henrietta share adventures, reversal, and fortune."



Reporting Nuisance Vehicle and Parking Violations: If you would like to report either of these situations, the city of Santa Cruz has set up a hotline to call. When you call in, have the location of the vehicle, color, make, model and license plate number to report. Please be aware the city has set up the AFC Safespace program and 21 United Way Homeless Safe Parking Program for those who live in their vehicles. We all know this has become a problem on Delaware and Shaffer.

To report a parking situation call 831-420-5863



Submitting Articles for the Bulletin: Please share an experience or information with the residents. Submit the article by the 10th of every month or earlier, which is appreciated. Submit articles via email and as an attachment, using Microsoft Word. Your article may be edited for length, grammar, or spelling, however, the content will not be altered without permission. Submission is not a guarantee of publishing due to limited space and it may be in the following edition depending on available space. No contentious topics, politics or religious content please. Photos in JPEG or PNG format can be added to your article. **Submit to deanzanews@gmail.com**

If anyone would like to be a regular contributor or have a column, please contact me at the at the above email address



New Residents: Welcome to our new neighbors! We would love to know who you are and why you picked our slice of paradise to live in. I try to feature a new resident every month, however, with the current environment it's tough to meet face to face. If anyone would like to share their story with the other neighbors, please contact me. We have so many interesting and lively people living here in our park and it's fun to see everyone's story. Include some background about family, profession, hobbies, activities or interesting facts about yourself and/or your spouse/partner. If you have any pets, include their story too. Or submit a cute story about your pet.

Submit to deanzanews@gmail.com



Have an Idea for an Article: Do you have an idea for an article that should be ongoing? Please submit your idea, because frankly, I'm running out of content. Since this is a park newsletter, no idea is a bad idea. I'm sure we have literary types living in our community that occasionally say to themselves, "why doesn't she write about ___?" Give me a hand and come up with something.

Christie Cockrell offered to do a book recommendation and now she contributes monthly! Tom McDannold sends a monthly rain report during the winter, which is very informative. It doesn't have to be monthly, so don't fret.

Submit to deanzanews@gmail.com

Mark your calendars for these coming events!

*Your Arroyo Association invites you to join your
De Anza community members for these 2021 resident events.*

NOVEMBER 13, 5:30pm

Pre-Thanksgiving Dinner*

*A favorite community gathering.
Toy Drive kick-off!*



DECEMBER 1, 10am-finish

Clubhouse Decorating

DECEMBER 18, 5:30pm

Holiday Celebration*



***PROOF OF VACCINATION WILL BE
REQUIRED FOR THESE INDOOR
EVENTS TO PROTECT
OUR MORE VULNERABLE RESIDENTS***



****Reminder: Bring your proof of vaccination. This indoor gathering is always well attended and we wish to keep it safe for all.**

Thanks for understanding**

Saturday, November 13, 5:30pm

Thanksgiving Dinner

Your Arroyo Association will order the turkeys and prepare the mashed potatoes and gravy

The feast awaits each resident's favorite shared side dish
Sign up in the clubhouse and choose your shared dish

Full bar available

Beer & Wine \$3/Spirits & Cocktails \$5

SIGN UP BY NOVEMBER 10 IN THE CLUBHOUSE OR VIA EMAIL
deanzaarroyo@gmail.com

(For this annual event, you are welcome to bring a favorite wine to share with your tablemates)

Please bring a new unwrapped toy for our annual Toy Drive!

"Falling" on the Floor Humor

