

De Anza Santa Cruz Arroyo Bulletin

2021



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Greetings All,

It's time again for Fogust! I remember last summer when I heard this term and thought, "well that's appropriate!" August feels like the time when summer is beginning to wind down, although, living in California it doesn't ever seem to be too bad. We lived in Utah for 2 1/2 years and learned to appreciate the absence of snow when we moved back here. The seasons in California are definitely mild compared to other parts of the country.

One reason we like our weather is the ability to get out and enjoy the outdoors year round. We have camped in snow, rain and 110 degree weather with a tent trailer and in a tent, and cannot tell you which was crazier. We have camped in the Sierra mountains, driven and camped across the US, watched a meteor shower at 3 am in the desert, 4-wheeled 20 miles to the North Rim of the Grand Canyon pulling our tent trailer and once had to hike out of a 4-wheel drive trail because the Jeep was high centered (basically, we were stuck on a rock). We have gotten lost many times because the GPS does not always work well in the middle of nowhere. Would I trade any of those experiences for something better? Absolutely not!

We have all chosen to live in this great place and enjoy what the beach offers. It is so fun to meet new residents and get their life stories. We all have something to contribute to each other in the way of our life experiences.

Tell me your story and I'll put it in the Bulletin. And since we do not have the restrictions of weather, get out and meet some of the wonderful people who live in our great community!



Summer Blessings,
 Lorraine Smith

Arroyo Bulletin Editor and Webmaster: Lorraine Smith
Copy Editor: Pat Chance

Contributors: Christie Cochrell, Sandy Brunett, Jenny Anderson/
 Christina Floyd

Delivery Volunteers: Carol Smith, Kathy Caruso/Joann Martin,
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Email: deanzanews@gmail.com

PARK INFORMATION

Facility Hours: 7 days/week

Clubhouse	8 am - 10 pm
Pool	8 am - 10 pm
Fitness Center	8 am - 10 pm
Game Room/Laundry Room	8 am - 10pm
Jacuzzi	8 am - 10 pm
Sauna	8 am - 10 pm

Rent Collection

Rents are due on the 1st of the month with a grace period until the 6th. Rents received on the 7th are considered LATE and will incur a \$25.00 late fee.

Payments can be made by check, money order, EFT or ELS portal at www.communityresport.com/els.

DO NOT PUT IN MAIL BOX. RENT CAN BE DROPPED OFF AT OFFICE M-F 8 am - 12 pm

Garbage Collections

Garbage: Pick-up for the park is on Mondays & Thursdays.

Recycling: Pick-up is on Fridays.

Yard Waste: Large and loose yard waste must be taken to the large dumpster located in the maintenance area.

Residents may bag up 2 bags of yard waste and place at their driveways for pick up on Mondays only. Loose yard waste will not be picked up.

Please dispose of items appropriately.

No dumping allowed.

Clubhouse Reservations

The Clubhouse is available for residents' private events. Check with the office for date availability and to sign reservations forms.

Only one event scheduled per weekend.

Welcome Committee

If you are new to our community and would like information regarding DeAnza please contact:

Margo/Jerry Zanzinger: 831-423-1936

Joyce/Joe Guinta: 831-427-9751

Security Information

**To report any suspicious activity in the park contact First Alarm Security 408-364-1110 or 800-400-1110
Call 911 in case of emergency**



Photo Credit: L. Smith

DeAnza HOA Officers

President: Eugene Markowitz

Vice President: Tom Louden

Secretary: Jerry Zanzinger

Treasurer: Sandi Dutra

Board of Directors

Emergency Response: Gary Whitten

Policy & Procedures: Don Payne

Communications: Lorraine Smith

Park Concerns: Jim Cannon

GSMOL: Dave Allenbaugh

Email: deanzasantacruzhoa@gmail.com

The HOA meets every other month to discuss issues of concern to residents. Membership is open to ALL residents. Dues are \$10/space/year.

Meeting dates will be announced via email, notice boards and telephone.

Arroyo Association:

President: Sandy Brunett

Past President: Susy Spano

Secretary: Debbie Cameron

Treasurer: Sandi Dutra

Advisory Board: Joy Caragliano, Linda Raffel, Melisa Mulcahy, Aggie Malberg, Jean-Marie Mott, Dawn McConnachie, Barbara Cordes, Liz McDannold, Carol Smith

Email: deanzaarroyo@gmail.com

Arroyo Association plans and organizes park social events. Membership is open to all residents and is \$5/person/year. Meeting schedule is posted in the Bulletin calendar and on the website. Residents are welcome!

CALENDAR

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>**PLEASE REMEMBER TO CONTACT THE EDITOR @ deanzanews@gmail.com WITH ANY CHANGES IN DATES, TIMES OR REMOVAL OF COMMUNITY ACTIVITIES.</p> <p><i>ACTIVITIES SCHEDULE HAS BEEN UPDATED. PLEASE CONTACT ME TO INCLUDE NEW ACTIVITIES.</i></p>						
1	2 Water Aerobics 9-10 am Bridge 1-3:30 pm	6 Card/Game Club 1-4 pm	7 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	8	9 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	10
11	12 Water Aerobics 9-10 am Bridge 1-3:30 pm	13 Card/Game Club 1-4 pm	14 Water Aerobics 9-10 am Yoga 10:15 am-12 pm	15	16 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	17
18	19 Water Aerobics 9-10 am Bridge 1-3:30 pm	20 Card/Game Club 1-4 pm	21 Water Aerobics 9-10 am Yoga 10 am-12 pm	22	23 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	24
25	26 Water Aerobics 9-10 am Bridge 1-3:30 pm	27 Card/Game Club 1-4 pm	28 Water Aerobics 9-10 am Yoga 10 am-12 pm	29	30 Coffee & Donuts 8-10 am Water Aerobics 9-10 am Bridge 1-5 pm	31



COFFEE AND DONUTS Visit with your neighbors in the Clubhouse on Fridays, from 8 - 10 am. Grey Bears grocery delivery arrives around 9 am, and the group tends to thin out afterwards, as people leave to take their groceries home. **IT'S BACK!!**



BRIDGE is played in the Clubhouse on Mondays 1 - 3:30 pm and 1 - 5 pm on Fridays. These are two different groups. To join the Friday group, contact Ellie by texting her at 408-779-2451. Show up at the clubhouse for the Monday group.



GAME DAY meets in the Clubhouse from 1pm-4pm on Tuesdays. The group usually plays Rummy for the first half of the period and Mexican Trains (a dominos game) for the second half. Show up during game times for information.



BOOK CLUB Looking for someone to organize the Book Club. Contact me if you are interested and provide the information so it can go be included in the September Bulletin. deanzanews@gmail.com



WATER AEROBICS meets Monday-Wednesday-Friday from 9am-10am. This is a low impact activity and is suitable for both swimmers and non-swimmers. Contact Alyce Amor amor139@aol.com with any questions.

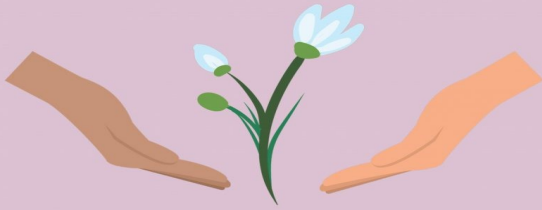


YOGA meets on Wednesdays at 10:15 am in the Clubhouse. Teacher Mitra Treadwell leads a 2-hour class of invigorating yoga. Mitra has been practicing yoga for 50 years and teaching yoga for 43 years. Contact Mitra Treadwell mitrayoga@yahoo.com with any questions.

If anyone would like to lead an activity in the clubhouse and is looking for participants, please contact me and I will advertise it on this page.

deanzanews@gmail.com

Neighbors by Nature



Successful Season for the Arroyo Nest Boxes

—Jenny Anderson and Christina Floyd

Have you been wondering what happened in all those nest boxes that were installed around the Arroyo last year? The first year that nest boxes are put up, a 10-15% occupancy is generally to be expected.

Two out of the 16 Arroyo boxes were occupied our first year, so we are right on schedule.



In the April Arroyo Bulletin we listed the species we could expect, including both local cavity-nesters and migratory songbirds. One of each type took up residence in our boxes. In Box # 10, we had a Chestnut-backed Chickadee family. These birds are early nesters and prefer tree

cover, such as the large pine next to Pond 2 where Box #10 is located. By the end of March, they had constructed a comfy nest with a deep cup in the back corner, where the female laid 5 eggs. After the eggs hatched, both parents participated in feeding the chicks. They can make hundreds of trips back and forth to the box each day. On May 7, after about three weeks of meal service, all five chicks successfully fledged.

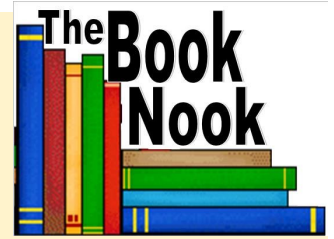


Nesting was yet to get started in Box # 6. This box was occupied by late-arriving Tree Swallows, a migratory species. Perhaps you saw them swooping around Pond 3 snagging insects to form into bug balls to feed their brood. They like open spaces and Box # 6 on the edge of the pond suited them perfectly. The female mostly builds the nest, although both parents bring feathers for the finishing touches. They prefer to use white feathers! By the end of May there was a clutch of 4 eggs ready for incubation, and the chicks hatched in mid-June. As they grew, they could be heard loudly peeping inside the box, and could be seen sticking their heads out of the hole to receive food drop-offs. The

parents finally lured them out into the open and all four fledged on July 5.

Hopefully more birds will use our boxes next year and we will get a variety of species. The statistics we gathered from our two boxes are reported to the Cornell Nestwatch program and become part of a national data base that tracks trends in breeding bird biology. Thanks to those of you who let us know that you saw birds entering the boxes!





Shelby Hearon, Year of the Dog (fiction)

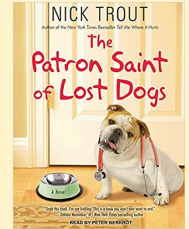
"When her husband dumps her for an old girlfriend and sets all South Carolina gossiping, Janey Daniels has to get away—far away—for a 'sabbatical' year. She flees to Burlington, Vermont, home of her Great Aunt May. There she adopts Beulah, a Labrador puppy in training to become a Companion Dog for the Blind. Not for a moment does Janey suspect that this 'year of the dog' will change her life forever."

Pam Houston, Sight Hound (fiction)

"This is the story of a woman, Rae, and her dog, Dante, a wolfhound who teaches 'his human' that love is stronger than fear (the dog has always known this). Dante is the catalyst for change in other characters as well, and they step forward with their narratives: Rae's house-tender; her therapist; two veterinarians; and an anxiety-ridden actor, Howard, who turns out to be as stalwart as Dante himself. With the wit and dead-on candor we've come to expect from Pam Houston, *Sight Hound* unfolds a story that illuminates the intangible covenant between loved ones."

Nick Trout, The Patron Saint of Lost Dogs (fiction)

"Dr. Cyrus Mills returns to his hometown after inheriting his father's failing veterinary practice. When his first patient—a down-on-her-luck golden retriever named Frieda Fuzzypaws—wags her way through the door, life suddenly gets complicated. With the help of a black Labrador gifted in the art of swallowing underwear, a Persian cat determined to expose her owner's lover as a gold digger, and the allure of a feisty, pretty waitress from the local diner, Cyrus gets caught up in a new community and its endearing residents, both human and animal. Sensing he may have misjudged the past, he begins to realize it's not just his patients that need healing."



Steven Rowley, Lily and the Octopus (fiction)

"Ted—a gay, single, struggling writer is stuck: unable to open himself up to intimacy except through the steadfast companionship of Lily, his elderly dachshund. When Lily's health is compromised, Ted vows to save her by any means necessary. By turns hilarious and poignant, an adventure with spins into magic realism and beautifully evoked truths of loss and longing, *Lily and the Octopus* reminds us how it feels to love fiercely, how difficult it can be to let go, and how the fight for those we love is the greatest fight of all."

Beth Morrey, The Love Story of Missy Carmichael (fiction)

"Missy Carmichael's life has become small. Grieving for a family she has lost or lost touch with, she's haunted by the echoes of her footsteps in her empty home. Spiky and defensive, Missy knows that her loneliness is all her own fault. She deserves no more than this; not after what she's done. But a chance encounter in the park with two very different women and one lovable dog opens the door to something new. Another life beckons for Missy, if only she can be brave enough to grasp the opportunity. But seventy-nine is too late for a second chance. Isn't it?"

Michelle de Kretser, The Lost Dog (fiction)

"Tom Loxley, an Indian-Australian professor, is less concerned with finishing his book on Henry James than with finding his dog, who is lost in the Australian bush. Joining his daily hunt is Nelly Zhang, an artist whose husband disappeared mysteriously years before Tom met her. Although Nelly helps him search for his beloved pet, Tom isn't sure if he should trust this new friend."

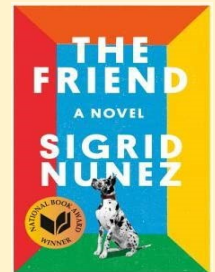
David Wroblewski, The Story of Edgar Sawtelle (fiction)

"Born mute, speaking only in sign, Edgar Sawtelle leads an idyllic life with his parents on their farm in remote northern Wisconsin. For generations, the Sawtelles have raised and trained a fictional breed of dog whose remarkable gift for companionship is epitomized by Almondine, Edgar's lifelong friend and ally. Edgar seems poised to carry on his family's traditions, but when catastrophe strikes, he finds his once-peaceful home engulfed in turmoil. A meditation on the limits of language and what lies beyond, a brilliantly inventive retelling of an ancient story, and an epic tale of devotion, betrayal, and courage in the American heartland."

Sigrid Nunez, The Friend (fiction)

WINNER OF THE 2018 NATIONAL BOOK AWARD FOR FICTION * "When a woman unexpectedly loses her lifelong best friend and mentor, she finds herself burdened with the unwanted dog he has left behind. Her own battle against grief is intensified by the mute suffering of the dog, a huge Great Dane traumatized by the inexplicable disappearance of its master, and by the threat of eviction: dogs are prohibited in her apartment building."

* "Dry, allusive and charming...the comedy here writes itself." —*The New York Times*



Meg Rosoff, Jonathan Unleashed (fiction)

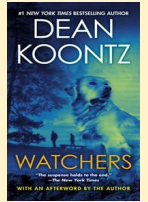
"When his brother asks him to look after his dogs, Jonathan's world view begins to shift. Could a border collie and a cocker spaniel hold the key to life, the universe, and everything? Their sly maneuvering on daily walks and visits to the alluring vet suggest that human emotional intelligence may not be top dog after all. A funny, wise romantic comedy set in Manhattan, *Jonathan Unleashed* is a story of tangled relationships, friendships, and dogs. Rosoff's novel is for anyone wondering what to be when they grow up, and how on earth to get there."

Paul Auster, Timbuktu (fiction)

"Mr. Bones, the heroic dog of Paul Auster's astonishing book, is the sidekick and confidant of Willy G. Christmas, a brilliant and troubled homeless man from Brooklyn. As Willy's body slowly expires, he sets off with Mr. Bones for Baltimore in search of his high-school English teacher and a new home for his companion. Mr. Bones is our witness during their journey, and out of his thoughts Paul Auster has spun one of the richest, most compelling tales in recent American fiction."

Dean Koontz, Watchers (thriller)

"On his thirty-sixth birthday, Travis Cornell hikes into the foothills of the Santa Ana Mountains. But his path is soon blocked by a bedraggled Golden Retriever who will let him go no further into the dark woods. That morning, Travis had been desperate to find some happiness in his lonely, seemingly cursed life. What he finds is a dog of alarming intelligence that soon leads him into a relentless storm of mankind's darkest creation..."



Susan Conant, A New Leash on Death (mystery)

"Mourning the recent death of her angelic golden retriever, Dog's Life columnist Holly Winter goes to a class at the Cambridge Dog Training Club only to help out—little suspecting that her help will consist of solving a murder! And little does she expect that in offering temporary shelter to the victim's bereft Alaskan malamute, she'll end with a dog she'll do anything to keep forever—the bold and boisterous Rowdy." (first in a series)

Bethany Blake, Death by Chocolate Lab (mystery)

"Pet sitter Daphne Templeton has a soft spot for every stray and misfit who wanders into the quaint, lakeside village of Sylvan Creek. But even Daphne doesn't like arrogant, womanizing Steve Beamus, the controversial owner of Blue Ribbon K-9 Academy. When Steve turns up dead during a dog agility trial, Daphne can think of a long list of people with motives for homicide, and so can the police.

Unfortunately, at the top of the list is Daphne's sister, Piper—Steve's latest wronged girlfriend." (first in a series)

Paula Munier, A Borrowing of Bones (mystery)

"Together two former military police—one twenty-nine-year-old two-legged female with wounds deeper than skin and one handsome five-year-old four-legged Malinois with canine PTSD—march off their grief mile after mile in the beautiful remote Vermont wilderness. Even on the Fourth of July weekend, when all of Northshire celebrates with fun and frolic and fireworks, it's just another walk in the woods for Mercy and Elvis—until the dog alerts to explosives and they find a squalling baby abandoned near a shallow grave filled with what appear to be human bones." (first in a series)

Spencer Quinn, Dog on It (mystery)

"Chet, the wise and lovable canine narrator of *Dog on It*, and Bernie, a down-on-his-luck private investigator, are quick to take a new case involving a frantic mother searching for her teenage daughter. This well-behaved and gifted student may or may not have been kidnapped, but she has definitely gotten mixed up with some very unsavory characters. With Chet's highly trained nose leading the way, their hunt for clues takes them into the desert to biker bars and other exotic locales—until the bad guys try to turn the tables and the resourceful duo lands in the paws of peril. Spencer Quinn's irresistible mystery kicks off a delightful new series."

Mary Oliver, Dog Songs (poetry)

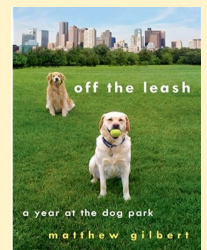
"A celebration of the special bond between human and dog, as understood through the poet's relationships to the canines that have accompanied her daily walks, warmed her home, and inspired her work. Oliver's poems begin in the small everyday moments familiar to all dog lovers, but through her extraordinary vision, these observations become higher meditations on the world and our place in it."

E.B. White on Dogs (essays, edited by Martha White)

"E. B. White (1899–1985) is best known for his children's books, *Charlotte's Web*, *Stuart Little*, and *The Trumpet of the Swan*. Columnist for *The New Yorker* for over half a century and co-author of Strunk and White's *The Elements of Style*, White hit his stride as an American literary icon when he began publishing his 'One Man's Meat' columns from his saltwater farm on the coast of Maine. This is a book for E. B. White fans and also for dog lovers who may not have discovered the wit, style, and compassion of this distinguished American essayist. Here are the best and funniest of his essays, poems, letters, and sketches depicting over a dozen of White's canine companions."

Matthew Gilbert, Off the Leash: A Year in the Dog Park (nonfiction)

"Gilbert, longtime TV critic at the Boston Globe, describes his reluctant trip into the dog park subculture, as the first-time owner of a stubbornly social Yellow Lab puppy named Toby. Like many Americans, he was happily accustomed to the safe distance of TV viewing and cell-phone web surfing, tethered to the digital leash. But the headstrong, play-obsessed Toby pulls him to Amory, and Amory becomes an exhilarating dose of presence for him. The joyous chaos of wrestling dogs and the park's cast of offbeat dog owners - the "pack of freaks" - gradually draw him into the here and now. At the dog park, the dog owners go off the leash, too."





Sharon Creech, Love That Dog (children's)

"*Love That Dog* shows how one boy named Jack finds his voice with the help of a teacher, a pencil, some yellow paper, and of course, a dog. Written as a series of free-verse poems from Jack's point of view, and with classic poetry included in the back matter, this novel is perfect for kids and teachers, too."

Here is this month's information:

- Butt there are NO excuses!: Please discard cigarette butts in the trash can or any other type of receptacle.** Do not discard on the street, beach or landscaping. Cigarette butts are a major source of microfiber pollution and are toxic if consumed. Since there are many pets in the park, it can become a problem if they eat it, just like the marijuana butts some leave on the ground! BE RESPONSIBLE.


- And while I am on a rant:** Please someone tell me why it is so hard to break down your cardboard boxes? It is relatively easy and not time consuming. This picture is from July 4th. Whoever did this, you blocked the trash cans and have created a situation where someone can get hurt trying to get their trash into the large trash container. If someone is taking out your boxes for you, make sure they are breaking them down first. BE RESPONSIBLE ! Rant over.


- Arroyo Updates:** Ding dong the hemlock is dead! Landscapers will continue to manage regrowth. If you have any growing in your yard, pull it out by the roots, but DO NOT touch it, because it is poisonous and harmful to pets. Hemlock can also be blown in from other areas so it is constantly among us. Remember that yarrow looks like hemlock so do not get them mixed up and think it is hemlock.
- Beach Access:** The access to the beach has been done and it is much easier to go down there. Sadly, the sea weed had done a number on the beach immediately after the clean up.

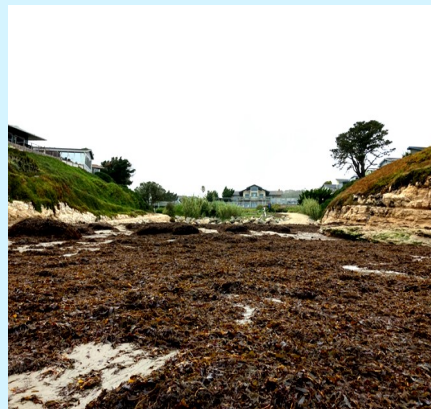


Photo Credit: Debbie Loveland


- August Birthdays:** August 30 = Brenda Payne, Jean Marie Mott, Gary Smith (yes, my guy)




If you would like a shout out for your or someone else's September birthday in the park, email me @ deanzanews@gmail.com

- Security information contact info:** The phone number for First Alarm can now be found on page 2.


WHAT DO I DO IN CASE I GET CAUGHT IN A RIP TIDE?



Spotting Rip Currents



- Break in the incoming wave pattern
- Channel of churning, choppy water
- Difference in water color (Suspended sediments may be transported back to sea in the rip current.)
- Line of foam, seaweed, or debris moving out to sea



© NOAA-NWS Video Lab
© Alex Atkinson
© Nick Steers

NATIONAL WEATHER SERVICE OCEANIC AND ATMOSPHERIC ADMINISTRATION San Diego CA



This came to my attention when I was looking at how many people get swept into the ocean or get caught in rip tides. Right now especially, many of us in the park have family visiting, so please share this with them. Getting knocked over by a wave can be avoided by looking at the ocean warnings when it predicts high surf. Rip tides are another thing. We don't normally go into the water with the thought that we may get pulled out to sea. Here is some information which may prove helpful.

A swimmer stuck in a circulating rip has no way of knowing which way the current is flowing. Rips can form on any beach with waves, including the Great Lakes, in nearly any conditions. They occur when water pushed onto the beach by surf or wind flows back out to sea in narrow, concentrated channels and they can be anywhere from ten to 200 feet wide. To make matters worse, their outward course often dulls the breaking waves and creates the illusion of calmer waters for inexperienced beachgoers. Lifeguards call rips "drowning machines". Please read and always be careful when you swim in the ocean.

How to Survive a Rip Current:

- Relax. Rip currents don't pull you under.
- A rip current is a natural treadmill that travels an average speed of 1-2 feet per second, but has been measured as fast as 8 feet per second -- faster than an Olympic swimmer. Trying to swim against a rip current will only use up your energy; energy you need to survive and escape the rip current.
- Do NOT try to swim directly into to shore. Swim along the shoreline until you escape the current's pull. When free from the pull of the current, swim at an angle away from the current toward shore.
- If you feel you can't reach shore, relax, face the shore, and call or wave for help.

Remember: **If in doubt, don't go out!**

- If at all possible, only swim at beaches with lifeguards.
- If you choose to swim on beaches without a lifeguard, never swim alone. Take a friend and have that person take a cell phone so that person can call 911 for help.



Celebrate “Local’s Summer”!

After Labor Day the summer beach crowds dwindle and those of us lucky enough to live here get to enjoy our true summer in September and October.

That means it’s time for our Arroyo’s Annual

Resident Pool & Patio Potluck

Saturday, September 11, 5:30pm

Live Music by Paperback Ryder

We’ll be grilling free hot dogs on the patio

Residents bring a salad or dessert to share

(in an unbreakable container, please)

Full bar available

Beer and wine \$3, Mixed drinks only \$5

Sign up in clubhouse or online at deanzaarroyo@gmail.com

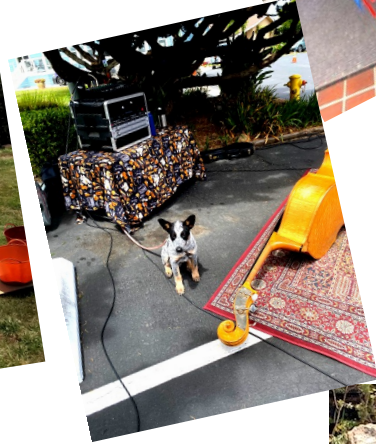


More photos can be found on website www.deanza-park.org

3rd of July Photos



Wildcat Mountain Ramblers



Summer Humor

